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Page 19 1				OBGYN RESIDENCIES FR	RIENDLY TO C		
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WORNAM USA Freeth Mobile Williams And Services of Allegamen Meeting of the program And Annual and the world be a problem of the program Annual and the world be a mobile or the problem of the program Annual and the world be a mobile or the problem of the problem	abortifacient effect performing proced methods (or Fertilit 2013. Fertility awa Also please note the use prudence to de	s (preventing implantation) while otherse fo ures that are medically indicated (hysterect by Awareness Based Methods or FABMs) is reness-based methods of family planning: A nat residency programs are ever-changing, etermine when, where, and how to broach of	or the negation on the negation of MTA, Of that they are income a review of effect and different apparents subjects.	tive social and moral effects of contraception, and hold CPs for PCOS, etc). In fact, many residents have addit effective, but this is simply not true. Multiple studies ha tiveness for avoiding pregnancy using SORT. Osteopat plicants can have different experiences with different re If you are considering applying to OBGYN, contact us	I that fertility awareness of ional knowledge in their nive shown that various F, thic Family Physician 5: 2 esidents and staff. This informore information.	an lead to healthier relationships and stronger families. These residents are typically not restricted from prescribing hormones or espertoire for treating gynecologic conditions from additional training they have sought. The chief criticism of the many NFP albhs have a method effectiveness exceeding 97%. (Manhart Michael D., Duane M., Lind A. L., Sinai I., and Golden-Tevald J. –8. doi: 10.1016/j.osfp.2012.09.002 - contact us if you do not have access to the publication and we can get you a copy!) for is here to help get an overview of previous experiences to get at least some idea of the program's culture. Still, applicants must ss://conscienceinresidency.com/contact/	
USAMA USA Peatlin USA Peatlin USA Peatlin USA Peatlin USA Peatlin USAMA USAMAA USAMA USAMAA USAMA USAMAA USAMA USAMAA USAMA USAMA USAMA USAMA USAMA USAMA USAMA USAMA USAMA USAMAA USAMAA USAMA USAMAA US	n residency, the A	CGME recognizes you have the right to opt	t-out of abortions	s and contraception in this document. https://www.acgi	me.org/globalassets/pfas		
MADIANA   Unversity of National Medical Center   Birmingham   Process   Pr	\LABAMA	USA Health	Mobile			residents are interested in abortion training, and PD appears to be pro-choice.  '23-'24 Season: PD said they had worked with an OB/GYN fellow before who was FABMs-only and that she would be willing to work with a resident who practiced the same way. However, the residents were less friendly and purportedly believed "Catholics shouldn't be OBs because they won't prescribe contraception."	
ARCONA  Dignite Minimary Stodied of Medicine (Phoens)  Dignite Minimary Stodied (Phoens)  Dignite Minimary Stodied (Phoens)  Dignite Minimary Stodied of Medicine (Phoens)  Dignite Minimary Stodied (Phoens)  Di	ALABAMA	University of Alabama Medical Center	Birmingham			the interview they celebrated a physician at their institution who was going out of her way to help with abortion care	
Dignity Health East Valley  Gilbert  Gi	ARIZONA		Phoenix			Napro doc Kyle Beiter graduated here in 2008. Napro Dr Sarah Bascle in 2016. No other info '20-'21 Season: Ryan program that works closely with local PP. Opt-out abortion training program and proud of transgender clinic. Although, APD genuinely said you would not be discriminated against here and said that they were able to graduate a resident NFP a few years ago- likely Sarah Bascale 2016. NFP only might be able to work here since it is such a large program.	
Medicine-Thomas	ARIZONA	Dignity Health East Valley	Gilbert			considered core faculty. However, when asked if a NFP/FABM-only resident would be supported, PD was very vague and seemed frustrated when I told her the things I could do (counsel, take on other tasks).   '24-'25: Brand new program (accredited Sept 2024) at a Catholic hospital. Mentioned in welcome session they're friendly to conscience objections. NaPRO physician on staff. Can opt-out of Family Planning rotations and instead	
Medicine Tucon  Medicine Tucon	ARIZONA		Phoenix			19-'20 Season: PD said that NFP "would not be a problem here" due to the high volume of residents.	
Sciences (LMAS) College of Medicine Life ROX Adventist Health White Memorial Los Angeles L	ARIZONA		Tucson				
Adventist Health White Memorial  Adventist Health White Memorial  Los Angeles  Colon  All FORNIA  Adventist Health White Memorial  Codars-Sinal Medical Center  Cost Angeles  All FORNIA  Codars-Sinal Medical Center  Cost Angeles  Cost Angeles  All FORNIA  Codars-Sinal Medical Center  Cost Angeles  Cost A	ARKANSAS		Little Rock				
ALIFORNIA Cedars-Sinal Medical Center Los Angeles Riverside Relationar Reviews Revisite Relationary Revisite Relationary Revisite Relationary Representation for the design of the desig	CALIFORNIA		Los Angeles			contraceptives. After giving my response, she said (with some attitude) that as long as I provided "factual information" with regards to patient options, it should be ok. Generally didn't seem too friendly. FYI: Memorial does	
ALIFORNIA HA Healthcare Riverside Riverside   Riverside   Gakland   Gakland	CALIFORNIA	Arrowhead Regional Medical Center	Colton				
CALIFORNIA Kaiser Permanente Northern California (Oakland)  CALIFORNIA Kaiser Permanente Northern California (San Francisco)  CALIFORNIA Kaiser Permanente Northern California (Santa Clara)  CALIFORNIA Kaiser Permanente Northern California (Santa Clara)  CALIFORNIA Kem Medical Center  Bakersfield  CALIFORNIA Lona Linda University Health Education Consortium  Lona Linda University Health Education Consortium  Lona Linda University Health Education Consortium  Losa Angeles County-Harbor-UCLA Medical Center  CALIFORNIA Medical Center  CALIFORNIA Marian Regional Medical Center  Santa Maria  CALIFORNIA Naval Medical Center  Santa Maria  CALIFORNIA Naval Medical Center  Santa Maria  CALIFORNIA Marian Regional Medical Center  Santa Maria  CALIFORNIA Naval Medical Center  CALIFORNIA Naval Medical Center  CALIFORNIA Naval Medical Cent	CALIFORNIA	Cedars-Sinai Medical Center	Los Angeles				
(Cakind) (Ca	CALIFORNIA	HCA Healthcare Riverside	Riverside				
ALIFORNIA Kaiser Permanente Northern California (San Francisco)  CALIFORNIA (San Clara)  CALIFORNIA (San Francisco)  Come here, as abortions are very integrated into our programs so there wouldn't be a way to adjust the curriculum.'  Come Linda San Francisco but was just disappointed to heart this kew. Wouldn't be accommodating  California (San Clara)  California (San Cla	CALIFORNIA		Oakland				
Salta Clara)  CALIFORNIA Kem Medical Center  Bakersfield  CALIFORNIA Kem Medical Center  Bakersfield  Loma Linda University Health Education Consortium  Loma Linda University Health Education Consortium Health E	CALIFORNIA		San Francisco			come here, as abortions are very integrated into our program so there wouldn't be a way to adjust the curriculum.'  Not surprised since it is located in San Francisco but was just disappointed to hear this take. Wouldn't be	
2016: Listed on http://medicalmatins.blogspot.com/ as friendly to NFP-only residents from a historical applicant.  19-20 Season: Very poor experience. Resident giving tour talked about abortion opportunities nearly the entire time. Loma Linda Hospital does medical terminations. The PD told me that it would be hard to get my numbers and that we would have to educate the entire staff on why I would choose to practice this way, as they've likely never heard of it.  10-22-23: The residents were obsessed with assuring us that we'd still get to do some abortions (medical indications for terminal pregnancies) and there were opportunities for transpender health (af Riverside Community hospital). In found this very disappointing: However, I noted that the faculty didn't seem to push this and I think it was just a recruiting factic the residents were using since the other med students being interviewed really wanted to talk about it. I think that it would still be easy to get ovall conscientious protection for one's beliefs here as there is a strong Christian presence in other departments at Loma Linda.  10-24 LiFORNIA Marian Regional Medical Center Santa Maria  10-25 CALIFORNIA Naval Medical Center San Diego  10-25 CALIFORNIA Naval Medical Center San Diego	CALIFORNIA		Santa Clara				
Loma Linda University Health Education Consortium  Loma Linda Hospital does medicated treminations. The PD tod on Some abortion of it.  '22-'23: The residents were exportunities for transgender health (at Riverside Community hospital). I found this very disappointing. However, Inoted that the faculty didn't seem to push this and I think it we would have the deucate the entire staff on the that the faculty didn't seem to push this and I think it we would have the deucate the entire staff on the the faculty didn't seem to push this and I think it we would have th	CALIFORNIA	Kern Medical Center	Bakersfield				
Medical Center Santa Maria CALIFORNIA Marian Regional Medical Center Santa Maria CALIFORNIA Naval Medical Center San Diego	CALIFORNIA	Loma Linda University Health	Loma Linda			19-'20 Season: Veiry poor experience. Resident giving tour talked about abortion opportunities nearly the entire time. Loma Linda Hospital does medical terminations. The PD told me that it would be hard to get my numbers and that we would have to educate the entire staff on why I would choose to practice this way, as they've likely never heard of it.  '22-'23: The residents were obsessed with assuring us that we'd still get to do some abortions (medical indications for terminal pregnancies) and there were opportunities for transgender health (at Riverside Community hospital). I found this very disappointing. However, I noted that the faculty didn't seem to push this and I think it was just a recruiting tactic the residents were using since the other med students being interviewed really wanted to talk about it. I think that it would still be easy to get overall conscientious protection for one's beliefs here as there is a strong	
CALIFORNIA Naval Medical Center San Diego San Diego	CALIFORNIA		Torrance				
	CALIFORNIA	Marian Regional Medical Center	Santa Maria				
CALIFORNIA Santa Clara Valley Medical Center San Jose	CALIFORNIA	Naval Medical Center	San Diego				
	CALIFORNIA	Santa Clara Valley Medical Center	San Jose				

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CALIFORNIA	Southwest Healthcare Medical Education Consortium	Temecula												
CALIFORNIA	Stanford Health Care-Sponsored Stanford University	Palo Alto												
CALIFORNIA	UCLA David Geffen School of Medicine/UCLA Medical Center	Los Angeles												
CALIFORNIA	University of California Davis Health	Sacramento												
CALIFORNIA	University of California (Irvine)	Irvine												
CALIFORNIA	University of California (San Diego) Medical Center	La Jolla												
CALIFORNIA	University of California (San Francisco)	San Francisco											17-'18 Online Applicant Guide: "The UCSF OB/GYN Residency Program is THE preeminent Family Planning Residency Program in the country." "UCSF proudly and unabashedly advocates for reproductive justice and women's access to reproductive healthcare" (aka elective terminations) "[Residents] will be proficient in the discussion and prescription of all forms of contraception."	
CALIFORNIA	University of California (San Francisco) /Fresno	Fresno												
CALIFORNIA	University of Southern California/LAC+USC Medical Center	Los Angeles											22-'23 Season: PD said in a follow up email that residents can opt out of provision of any aspect of family planning per the ACGME 2017 statement on this, but are required to counsel patients on all their options. Note that this program overall is incredibly pro-choice with an overwhelming number of residents each year performing elective abortions. While dept is generally inclusive, it would likely be very difficult culturally.	
COLORADO	Saint Joseph Hospital	Denver	0	0	0	0							17-'18 Season: No NFP residents, but PD said they could possibly accommodate.  '18-'19 Season: PD apologized for being Catholic hospital in presentation, but in interview said they could possibly accommodate. However, candidate with good stats and personal connections to area did not match here	
COLORADO	University of Colorado	Aurora											23-'24: may opt out of performing [termination] rotations but still must do family planning rotation and go to plan parenthood to learn about the procedures and counsel patients. [contraception not discussed]	
CONNECTICUT	Bridgeport Hospital/Yale University	Bridgeport												
CONNECTICUT	Danbury Hospital	Danbury												
CONNECTICUT	St Francis Hospital and Medical Center	Hartford	0	0	0	0							17-'18 Season: Assistant PD was supportive, but currently no NFP residents  '17-'18 Season: Technically 'Catholic' program which prescribes birth control in theirclinic. PD however said that they  are supportive of NFP-only residents. PD said during presentation that he feels that we should go to outside rotation  to counsel for terminations but we can opt out if we chose. At least one resident expressed dissatisfaction with the  restrictions in family planning services because the hospital was Catholic.  2015: Catholic hospital with a big orthodox jewish presence. A lot of the patients are very conservative so the PD  understood my beliefs. He was willing to work with me and even encouraged research in the area of NFP.  '21-'22 Season: very loosely follows catholic ERDs and residents and program directors openly advertise they will  find opportunities for you to perform sterilizations/terminations etc. Not very friendly to other viewpoints. I did not get  a session with the PD in my interview so I followed up with an email but have not heard back.  '23-'24 Season: 'PD said such applicants would be supported here. PD spoke with residents who were also  supportive. Culture did not appear supportive, though. Catholic hospital but does not follow ERDs.	
CONNECTICUT	Stamford Hospital/Columbia University College of Physicians and Surgeons	Stamford												
CONNECTICUT	University of Connecticut	Farmington												
CONNECTICUT	Yale-New Haven Medical Center	New Haven												
DC	George Washington University	Washington												
DC	Howard University	Washington												
DC	MedStar Health/Washington Hospital Center	Washington	0										2015: no longer Georgetown, this program now serves an amalgamation of three hospitals and lays emphasis on ACOG's way of doing this, including prescription of contraception. An NFP-only interviewee was told by then-current residents on interview day that not prescribing contraceptives "would not work." Culture seemed to confirm this. No info from PD.  '24-'25: WHC has abortions until birth (no limit by gestational age in DC), but no abortions at other hospitals you rotate at. Residents have pro-family planning culture. Required rotation at planned parenthood. Rotation in adolescent GYN. Some faculty very supportive of conscientious objectors, others very unsupportive. Per one faculty member, can opt-out of abortions. No interview with PD so unknown if can opt out of prescribing contraception/sterilizations.	
DELAWARE	Christiana Care Health Services	Newark											PD said NFP-only would be supported here (can do as much or as little as you want). A few faculty are very passionate about family planning. Found out program ranked me in the bottom half of their list, despite having excellent scores/grades, great interview, and ties to the area, so unsure how supportive they actually are.	
FLORIDA	AdventHealth Florida (Orlando)	Orlando												
FLORIDA	AdventHealth Florida (Tampa)	Tampa											23-'24 Season: New program as of this cycle. PD is building a mission-focused culture at this program. Likely supportive.  '24-'25'. New innovative program with faith-driven mission. Very very open to prolife applicants and non-prescribers. PD seems to be a kind, enthusiastic, and faith-filled man. Was present at annual AAPLOG conference.	
FLORIDA	Bayfront Health St Petersburg	St. Petersburg											20-'21 Season: PD said this was the first time a request like this has been made, asked to reiterate non- prescribing/NFP beliefs multiple times, said it would not be a problem but did not seem genuine.	

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State	Program	City	2018	2019	2020	2021 2	022 202	3 2024	4 2025 20	26 2027	2028 2	2029(	Comments (with date of information)	
FLORIDA	HCA Florida Healthcare/USF Morsani College of Medicine GME Brandon Hospital	Brandon										J '2 '2	10-'21 Season: PD said it was okay but that he'd be concerned I wouldn't get the laparoscopic experience I need.  lust based off his body language and tone he did seem less open to it than others  20-'21 Season: PD said would not be a problem and was very open to discussing how this would look in practice.  23-'24 Season: PD said FABM-only wouldn't be a problem. Just requires transparency as residents work with  nostly private attendings.	
FLORIDA	HCA Florida Healthcare/Westside/Northwest Hospital	Plantation												
FLORIDA	Memorial Healthcare System, Hollywood, Florida	Pembroke Pines											11-22: I emailed them the question after the interview to the PD. This was the response "if you were to match with is, we would not require you to participate in activities that you view as morally objectionable."	
FLORIDA	Mount Sinai Medical Center of Florida, Inc	Miami Beach										ir p	21-22: PD was not super receptive to my question. Seemed to emphasize that patient outcomes were the most mportant and that as long as that was taken care of then they could be flexible with me. I felt that he was not leased with my disposition.	
FLORIDA	Orlando Health	Orlando										re	12-'23 Season: residents seemed supportive of family planning and talked about ability to do abortions, but wasn't eally pushed and an attending in the program told me not an issue to opt out.	
FLORIDA	University of Central Florida/HCA Florida Healthcare (Gainesville)	Gainesville										d	11-22 Season: Seem really pro-choice and outgoing PD straight up asked me whether I have any "ethical lilemmas" training here and based on my (vague) response, I felt that they were trying to see who was and was not or "reproductive rights." [non-prescribers not discussed]	
FLORIDA	University of Central Florida/HCA Florida Healthcare (Greater Orlando/Osceola)	Kissimmee												
FLORIDA	University of Central Florida/HCA Florida Healthcare (Pensacola)	Pensacola										w s te	20-21 Season: The program director for this new program is the former PD for the Sacred Heart program, and when I mentioned my person choices in how I would practice, she stated that those would not be an issue and that he was very familiar with how that works out in the curriculum. She mentioned that this new program does do erminations for anomalies, but that they are very few and it wouldn't be a problem for me to not participate. When it somes to prescribing, she said that I would still need to counsel women on what their options are.  23-24 Season: Was told by the PD that it "probably wouldn't work" for me to be at this program.	
FLORIDA	University of Florida College of Medicine Jacksonville	Jacksonville										'2	1020: An intern may be NFP-only.  20:21 Season: No current NFP only residents but PD was genuinely accepting, appreciative of transparency, and villing to find ways to make this work at the program.	
FLORIDA	University of Florida (Pensacola)	Pensacola										2 ss 111 to 11 to 11 to 12 a fe 12 s s to to 12 s s to	2015: Catholic hospital that follows ERDs. Would be supportive.  1016: For my interview, I really liked how the hospital itself has to follow the ERDs. The family planning clinic is eparated from the regular clinic which would really work for NFP only residents!  18-19 Season: Ploseined supportive of opting out of certain procedures but I was unable to ask about OCPs due to time constraint. Historically this program is NFP friendly.  19-20: Catholic hospital and clinic both follow ERDs. However, one of the resident tried to convince me that while he hospital is Catholic, the residents get their artificial contraception numbers from a nearby secular clinic outside of he Sacred Heart hospital System. Emailed PD about the possibility of only working with Sacred Heart as NFP-only, but got no response.  20-21 Season: Program is run at Sacred Heart, a Catholic institution, but birth control is still prescribed, and tubals are done off site. Hard to get a good read on PD- could not get a commitment yes vs no if NFP only would be easible.  21-22 Season: PD actually before I got the chance brought up my Catholic education and brought up a general profe atmostphere among the residents. I then brought up my situation and she was very welcoming, saying that is acced Heart Ascension hospital is Catholic and so they do not do tubals there. She emphasized that I would fit ight into their culture. There is a clinic where the residents do prescribe a lot of contraceptives but that they could work with me. She did want to make sure that I did prescribe for medical/emergency purposes.  22-23: This program seemed very faith-friendly and is a mix of academic medicine at a Catholic hospital system. Interview planning procedures and sent to Orlando if they want to do abortion care.  23-24 Season: PD hesitatingly said that she could ty to "get creative" to help me with conscientious objections. Not up the open planning procedures and sent to Orlando if they want to do abortion care.  23-24 Season: PD hesitatingly said that she could b	
FLORIDA	University of Florida	Gainesville										'2 n	10-21 Season: Was not accepting of NPP only. Working on becoming a ryari Program, per resident.  22-23: Have opportunities to work at Planned Parenthood and perform elective abortions up to 15 weeks or nedically indicated abortions for terminal pregnancies after that. However, also said up front that it's completely fine if I wanted to opt out of doing that.	
FLORIDA	University of Miami/Jackson Health System	Miami												
FLORIDA	University of South Florida Morsani	Tampa												
GEORGIA	Atrium Health Navicent The Medical Center/Mercer University School of Medicine	Macon	0	0	0	0							7-'18 Season: PD asked a lot of curious, respectiful questions regarding specifics and logistics, but she was unsure low it would work. I got the impression it was not a good fit.	
GEORGIA	Emory University School of Medicine	Atlanta												

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GEORGIA	HCA Healthcare/Mercer University School of Medicine/Memorial Health University Medical Center	Savannah	0	0	0	0							17-'18 Season: PD stated that he would have no problem with NFP-only resident (unsure if this is a genuine answer or a legal-protection answer). However, there are no other NFP-only residents, and 11 of the 16 residents do elective abortions '21'-22 Season: Do not have a FP rotation. Have 1-2 rotations during 3rd and 4th year. All residents have gone to private practice, MFM, or Onc fellowship so none have gone onto FP or REI.	
GEORGIA	Medical College of Georgia	Augusta											19-20 Season: There is no current Ryan Family Planning program here, although the dept. chair mentioned they are working to build one. They offer abortion training in the community setting for those who want that training. Georgia is notorious for restrictive abortion laws, but the chair takes students to the state capital to lobby for women's rights. The Program Director is stepping down after this year and the associate program director will take his place next year. I'm not sure what her views or platform is regarding abortion or prescribing. I do think this is a more conservative area as well, and would likely be an environment where a non-prescribing OB/GYN or resident holding conscientious objection would be supported. I can't speak to specifics though, especially with leadership in flux. Also, of note, there were a lot of residents that were married with kids - very family friendly culture there '22-'23: Interview day- faculty and residents seemed to generally be open to residents with various perspectives on ethical issues in ObGyn. Had great conversation over the phone with PD after my intervie in which she said not prescribing contraceptives would not affect where she would put me on the rank list but she wanted to confirm with colleagues that it would be ok. I followed up via email thereafter and I never received a response. Disappointing, but fair to assume the department as a whole is not open to FABM-only residents.	
GEORGIA	Morehouse School of Medicine	Atlanta												
GEORGIA	Wellstar Health System/Wellstar Kennestone Regional Medical Center	Marietta												
HAWAII	University of Hawaii	Honolulu												
HAWAII	Tripler Army Medical Center	Honolulu												
ILLINOIS	Advocate Health Care/Advocate Illinois Masonic Medical Center	Chicago												
ILLINOIS	Advocate Health Care/Advocate Lutheran General Hospital	Park Ridge											2015: PD at the time trained at Presence St. Francis Hospital in Evanston, IL. He was Catholic and aware of the faith based practice. Supportive.  '23-'24 Season: The program highlighted their abortion training during the interview. Just started a FP rotation at a hospital in Chicago that does late term abortions. Spoke with PD following interview who was worried applicant would not hit their numbers. Do not think this program would be supportive.	
ILLINOIS	Ascension Illinois/Saint Alexius	Hoffman Estates	0	0	0	0							17-18 Season: PD stated that he would have no problem with NFP-only resident (unsure if this is a genuine answer or a legal-protection answer). There are no other NFP-only residents, and they perform 2nd trimester abortions at the secondary hospital where residents are expected to work. Other residents seem open to having an NFP-only resident.  Dr Thereas Stigen was an NFP-only resident here 2004-2008 and later completed Napro Fellowship. She has expressed difficulty being NFP-only here, but much could have changed since 2008.  '19-20 Season: Probably would not be supportive, some of the current residents were planning on family planning fellowships. They seemed very apologetic about being a Catholic institution and promised that most time would be spent in different hospitals so contraception and abortion training would be available. I did not specifically ask the interviewers if they would be supportive (two interviews with an attending and resident so no face to face time with the PD)  '21-22 Season: Go to 6 hospitals and interact with hundreds of attendings so chances are pretty slim you'd be able to tailor or opt out of any FP training although most of those hospitals are Catholic affiliated. However, the residents were the most burnt out folks I had ever seen. [non-prescribers not discussed]	
ILLINOIS	Ascension Illinois/Saint Joseph (Chicago)	Chicago	0										2015: At interview made many apologies for Catholic status and explained how "full scope" of women's care could be made available, especially contraception. Wavered when asked at interview whether they were open to NFP-only residents. Unclear territory.	
ILLINOIS	Carle Foundation Hospital	Urbana												
ILLINOIS	Loyola University Medical Center	Maywood											2015: Very pro-abortion program (abortion month at Planned Parenthood is opt-out) 2015: The PD was not very supportive, but there was a faculty member who practiced the Marquette Method with her patients and faithfully practiced as a Catholic.  '22-'23 Season: They clearly stated that they would support whatever you are comfortable with when they send you to Ullilinois for the family planning rotation. I think this was more so in the context of abortion and not necessarily with contraceptives. Transgender health did not come up.	
ILLINOIS	McGaw Medical Center of Northwestern University	Chicago												
ILLINOIS	Mount Sinai Hospital Medical Center of Chicago	Chicago	0										2015: all FMGs and were not open to NFP-only ideas.	
ILLINOIS	Rush University Medical Center	Chicago												
ILLINOIS	Southern Illinois University	Springfield											19-'20 Season: Not welcoming. The PD seemed very shocked when I asked about opting out of sterilizations- to the point I didn't even address OCPs. Residents are very involved in "abortion advocacy"	
ILLINOIS	University of Chicago	Chicago											23-'24: Full scale family planning rotation but PD stated in interview day residents are welcome to opt out [contraception not discussed]	
ILLINOIS	University of Illinois College of Medicine at Chicago	Chicago												

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State	Program	City	2018	2019	2020	2021	2022	2023	2024	4 2025 2026	2027	2028	29 Comments (with date of information)	
ILLINOIS	University of Illinois College of Medicine at Peoria	Peoria	0	1	0	0	1	1	0				2017: NFP only resident graduated '17-'18 Season: Napro is mentioned on the residency website, as you get to train with Dr Stalling! However, the PD is not wild about the idea of NFP-only residents. Still, there is a current NFP-only PGY3 who loves the program, and Dr Naomi Whittaker graduated here and loved the program also. Dr Whittaker is very open to talking to anyone interested in OBGYN, so feel free to contact her! (If you need her contact info, contact website administrators!) 2018: Very Catholic hospital that follows strict ERDs. You are under no pressure at all practicing as a faithful Catholic. Our main resident clinic does not prescribe any contraception. '18-'19 Season: Hospital follows ERDs, PD was supportive when I asked about accomodating in interview. '19-'20 Season: One of the faculty told me that he would personally support me. PD said that I would be supported. '22-'23: Resident graduated from here recently who was a contraceptive onn-prescriber. One faculty member told me that so long as I was willing to go to the contraceptive clinic and counsel, not prescribing shouldn't be an issue. PD said the same thing. Most of training is at a Catholic hospital so hospital infrastructures support non-prescribers. While faculty are open to such residents they don't seem to be super supportive/love the idea of contraceptive non-prescribers. '23-'24 Season: New PD as of this cycle. Hx of FABM-only residents. PD was open to such applicants and willing to discuss further. They do have one faculty who is strongly pro-choice and asked applicants directly during the interview about willingness to prescribe and perform pestpartum tubals. Was told can easily opt out of sterilizations. PD/APD very supportive and spoke of previous FABM-only residents successful at the program. Residents seem to generally dislike fact the hospital is Catholic since contraceptive care/tubals are more difficult to do.	
INDIANA	Ascension St Vincent Hospital Indianapolis	Indianapolis	0	0	0	0							Napro Dr. Angela Beale Martin graduated from here in 2013, but she didnt become NFP-only until PGY3.  NO DATE OF INFO (posted Jan 2018): My interview made me feel uncomfortable as an NFP only applicant. Would not recommend.  '19-'20 Season: PD was very supportive and stated that although they have not had an NFP only resident during his time at St. Vincent, they have had one in the past. He genuinely didn't feel that would be an issue and was very supportive during interview. PD stated he did not feel comfortable prescribing the morning after pill while he went through residency so understood where I was coming from. Very good vibe.  '19-'20 Season: PD said that he discussed NFP with residents and they concluded that since it's a Catholic hospital, they would be okay with a resident practicing NFP-only.  '23-'24 Season: PD was supportive of FABM-only practices when asked. FM residents rotate with the program and routinely have FABM-only presidents. Resident and attending culture, though, is very pro-choice.	
INDIANA	Indiana University School of Medicine	Indianapolis											NO DATE OF INFO (posted Jan 2018): Very pro-abortion.	
INDIANA	Parkview Health	Fort Wayne											23-'24 Season: New program as of this cycle. PD strongly questioned reasoning behind FABM-only practices. Do not believe this program would be supportive.  '23-'24 Season: PD told me via email follow-up to my question during the interview that it would be "extremely difficult" to allow a trainee to 'opt-out' of prescribing contraception/performing sterilizations and that the faculty with whom he discussed the issue felt it "would not be fair to ask one of your colleagues to follow behind you and perform those tasks."	
IOWA	University of Iowa Hospitals and Clinics	lowa City		0	0	0	0						18-'19 Season: Ryan program, heavy on abortions and LARCs. PD said would not work. "It isn't that we don't want to accommodate your beliefs, but it would put extra work on the other residents which wouldn't be fair." '22-'23: (rural track & categorical) One can conscientiously object to abortions here, but definitely a pro-choice Ryan Residency program culture. NFP or the desire to avoid certain REI and transgender health aspects would not be tolerated well here.	
KANSAS	HCA Healthcare Kansas City/Overland Park Regional Medical Center	Overland Park											23-'24: New program; opt-out family planning rotation; very genuine PD; program is dedicated to nurturing resident interests; has not previously had a resident with conscience protections (sterilization & contraception) but willing to accommodate if the resident is a hard-worker and willing to counsel patients on all options '24-'25: PD stated openness to non-prescribers. Hard to get a gauge on other faculty and residents. Residents spoke highly of Planned Parenthood rotation as it gave them "high volume."	
KANSAS	University of Kansas School of Medicine	Kansas City												
KANSAS	University of Kansas (Wichita)	Wichita											15:'16 Interview Season: Residents specifically asked about NFP as it was in my application. This "pretty much shut down the interview" as they were not impressed.  '19:'20 Season: The PD and Chair seemed very supportive of opting out of sterilizations and similar procedures. '19:'20 Season: PD said "We wouldn't want to make you do anything you didn't want to do." My impression is that they would not be supportive. '23:'24: Recent graduate with conscience protections mid-way through residency and is still involved with the program; recently added an opt-out Planned Parenthood rotation; most of the residents wear IUDs and pride flags on their badges; PD and APD were willing to accommodate conscience protections (sterilization & contraception) if I pulled most of the weight to help with the logistics and counseled patients on all options	
KENTUCKY	University of Kentucky College of Medicine (Bowling Green)	Bowling Green												
KENTUCKY	University of Kentucky College of Medicine	Lexington	0	0	0	0	0	0	0	0			2021 Season: Via email, PD was willing to accommodate. Discussed specifics of how it could work; she had thoughtfull/practical questions/responses. Said if I matched there she would want to write out guidelines for this since I would be the first non-prescribing resident. Could possibly work here.	
KENTUCKY	University of Louisville School of Medicine	Louisville	0	0	0	0							2017: Ryan program. Intern inserts nexplanons almost daily in postpartum patients. I know when NFP med student interviewed last year PD said she thought they could work something out, but from just spending a lot of time in the program I'm wondering how they really would be able to make it work. Great compassionate faculty and residents who care about patients and just happen to have different views than us, so maybe they would be able to respect where we are coming from if presented in the right light. Overall though, I think it's a great program and I get along with the residents very well. It's a pity that I think it would be very hard to be NFP only here.  '23-'24 Season: PD was worried that NFP-only applicants would disrupt workflows and patient access. Do not believe program is supportive.	

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State	Program	City	2018	2019	2020	2021	2022	2023	2024	2025	2026	2027	7 202	28 20	229 Comments (with date of information)
LOUISIANA	Louisiana State University (Baton Rouge)	Baton Rouge													2016: Listed on http://medicalmatins.blogspot.com/ as friendly to NFP-only residents from a historical applicant.  19-20 Season: PD was respectful and supportive of the idea of having an NFP only resident.  19-20: Interview dinner at PD's house and I saw a large crucifix in her living room. Talked to PD and she confirmed she's Catholic. Hospital is secular. Possibly would be easier to bring up being NFP-only here, but I didn't bring it up. 23-24: currently not a ryan program but program coordinator says they want to start up more access to out of state training in the future. Only know of two residents who actively pursued abortion training. Otherwise not expected at the program. [contraception not discussed]
LOUISIANA	Louisiana State University	New Orleans													23-24: Ryan program, has out of state FP rotation for two weeks, but opt out friendly. [contraception not discussed]
LOUISIANA	Louisiana State University (Shreveport)	Shreveport	0	0	0	0	0								17-'18 Season: PD and others somewhat hesitant about the possibility NFP-only resident. PD stated that being NFP-only could work, but that there may be difficulty when working at the off-site hospital in Monroe, when you are the only resident at night.  '19-'20 Season: Unsure, was unable to address this during interview.  '19-'20 Season: Very uncomfortable interview. Would not recommend.
LOUISIANA	Ochsner Clinic Foundation	New Orleans													21-'22 Season: Seemed NFP friendly. Their patient population is largely Catholic and more conservative so shouldn't have too much issue training here. They do have a FP rotation, but did not seem to place emphasis on it.
LOUISIANA	Tulane University	New Orleans					0	0	0	1	1				2016: Listed on http://medicalmatins.blogspot.com/ as friendly to NFP-only residents from a historical applicant.  '19-20 Season: Unsure. I did not explicitly ask. They seemed to emphasize that there was time to go to Mass on Sundays so I wouldn't miss out but that they were also very involved in "Advocacy" (i.e. abortions for all). They are starting a transgender clinic for OBGYN residents as well as the opportunity to be involved in sex change procedures, but I am unsure if these are opt-in" opt-out situations.  '20-21 Season: PD said no contraception/tubals would not be a problem at all and felt that other residents would be understanding; felt work flow is reasonable for non-prescribing. She herself does not do terminations or place IUDs due to her religious beliefs, and only infrequently does tubals. Have had one resident in the past who did not do tubals.  '21-'22: They currently have a pro-life resident whom I have not gotten in contact yet. I also have not gotten chance to contact PD.  '24-'25: PD said NFP-only supported there. Current third and fourth years are NFP-only and other residents have no problem writing contraception prescriptions for them.
MAINE	Maine Medical Center	Portland		0	0	0	0	1	0	C	)				18-'19 Seaon: PD said could accommodate (in interview). Catholic resident graduated in approx. 2012.
MARYLAND	Anne Arundel Medical Center	Annapolis													21-'22 Season: Strong FP curriculum. Faculty and residents go to capitol hill to lobby for pro-choice issues! [non-prescribers not discussed]
MARYLAND	Johns Hopkins University	Baltimore													
MARYLAND	Sinai Hospital of Baltimore	Baltimore													
MARYLAND	University of Maryland	Baltimore													22-'23: PD responded via email saying that family planning and contraceptives are "integral" parts of their residency curriculum. Multiple faculty and residents asked me during interview questions regarding abortion. Clearly a very pro-choice program.
MARYLAND	National Capital Consortium/Uniformed Services U	Bethesda													
MASSACHUSETTS	Beth Israel Deaconess Medical Center	Boston													
MASSACHUSETTS	Boston University Medical Center	Boston													
MASSACHUSETTS	Mass General Brigham/Brigham and Women's Hospital/Massachusetts General Hospital	Boston													
MASSACHUSETTS	Tufts Medical Center	Boston													23-'24: Can opt out of abortion procedures but still have to counsel patients on abortions [contraception not discussed]
MASSACHUSETTS	UMass Chan - Baystate	Springfield													
MASSACHUSETTS	UMass Chan Medical School	Worcester													
MICHIGAN	Ascension Genesys Hospital	Grand Blanc													
MICHIGAN	Ascension Macomb-Oakland Hospital	Warren													
MICHIGAN	Ascension Providence/MSUCHM	Southfield													
MICHIGAN	Ascension St John Hospital	Detroit													17-'18 Season: Bringing up NFP was EXTREMELY awkward. PD repeatedly made the point throughout the day that the Catholic identity of the hospital was its only draw back and that they didn't let that prevent them from doing anything, this program is really working on building up its FP (family planning / abortion) elective
MICHIGAN	Central Michigan University College of Medicine	Saginaw	0	0	0	0									17-'18 Season: No NFP residents, but PD said they could possibly accommodate '17-'18 Season: PD said NFP was ok, but seemed disapproving as she counseled me that my education and skill set would be lacking as a result.
MICHIGAN	Corewell Health – Grand Rapids/Michigan State University	Grand Rapids													18-19: PD said could accommodate (in interview).  '19-'20 Season: Very malignant program. I had to explain several times to the PD how I would like to practice. She said that she would have to send me to a satellite hospital alone.
MICHIGAN	Corewell Health East Beaumont (Dearborn)	Dearborn													
MICHIGAN	Corewell Health East Beaumont (Farmington Hills)	Farmington Hills	3												
MICHIGAN	Corewell Health East Beaumont (Royal Oak)	Royal Oak													
MICHIGAN	Corewell Health East Beaumont (Trenton)	Trenton													

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Updated 4/30/24	Green Denotes Current Reside	ent													If you are considering OB/GYN or have information to add to the document, reach out to us! https://conscienceinresidency.com/contact/	
State	Program	City	2018	2019	2020	2021	2022	2023	2024	2025	2026	2027	2028	2020	Comments (with date of information)	
MICHIGAN	Detroit Medical Center/Wayne State University	Detroit	2010	2010	2020	2021		2020	2024	2020	2020	2021	2020	202.	17-'18 Season: PD seemed very open to NFP-only resident, stated resident could go to didactics instead of FP (family planning / abortion) elective, but the residents told me that you still have to physically go to the termination clinic, you just don't have to actually do the terminations- so a little confusing?  '20-'21 Season: Ryan program. Unsure about extent you are allowed to opt out of FP rotation. Did not directly address non-prescribing.	
MICHIGAN	Henry Ford Health/Henry Ford Hospital	Detroit														
MICHIGAN	Henry Ford Health/Henry Ford Macomb Hospital	Clinton Township														
MICHIGAN	Henry Ford Health/Henry Ford Wyandotte Hospital	Wyandotte														
MICHIGAN	Hurley Medical Center/Michigan State University	Flint														
MICHIGAN	McLaren Health Care/Greater Lansing/MSU	Lansing														
MICHIGAN	McLaren Health Care/Macomb/MSU	Mount Clemens														
MICHIGAN	Sparrow Hospital/Michigan State University	Lansing	0	0	0	0	0	0	0	0					17-'18 Season: PD seemed very willing to accommodate, asked if I would place an IUD for non contraceptive purposes' '20-'21 Season: PD was super nice / helpful / willing to discuss how this would work in their program. PD previously worked in a private practice with a non-prescribing physician so was aware of the practice. Acknowledged that Sparrow has never had a resident who didn't prescribe before but felt that if you were proactive and a hard worker it may work. She felt that probably around half of the attendings don't do terminations so may be friendlier territory; she herself does not do terminations. No FP month. '23-'24 Season: New PD as of this cycle. Very unsupportive. Questioned every FABM-only practice and how it would disrupt their workflow and overall patient access. Said such applicants would be best served at another program.	
MICHIGAN	Trinity Health Ann Arbor Hospital	Ypsilanti	0	0	0	0									17-'18 Season: No NFP residents, but PD said they could possibly accommodate '17-'18 Season: Best response here. PD was sincere and very very willing to work with you and brainstorm. Hospital does do tubals and prescribe BC on campus. No FP (family planning / abortion) elective as of now, but they are working on adding one. '17-'18 Season: PD stated the program would be open to accomidating a resident who did not do LARCs '20-'21 Season: PD: "This is a catholic institution so I would feel disingenuous if I said you had to do tubals/contraception." Unsure how sincere. Hospital does tubals / contraception for "medical indications" and if they don't have a medical indication they take pts to PD's private clinic to provide. Overall liberal culture. 2 wks of FP at Univ of Michigan.	
MICHIGAN	Trinity Health Muskegon	Muskegon														
MICHIGAN	Trinity Health Oakland/Wayne State University	Pontiac														
MICHIGAN	University of Michigan Health System	Ann Arbor													18-19: Ryan program. PD stated could accommodate (by email).  "22-23: I got the impression that they are supportive of people with multiple backgrounds and beliefs here. One would need to be comfortable with being in a program that regularly does all aspects of family planning (including abortion care), LGBTO health, etc but they also said there are plenty of elective opportunities to do the things you are interested in. I didn't get any pushy pro-choice questions on my interview day that made me feel like I had to hide my faith.	
MICHIGAN	University of Michigan Health-West	Wyoming														
MICHIGAN	Western Michigan University Homer Stryker MD School of Medicine	Kalamazoo													17:'18 Season: PD stated that being NFP-Only "won't affect your training", reasonably open to it, but also seemed very supportive of FP (family planning / abortion) opportunities for her residents.  '21-'22 Season: 2nd year has FP block and they are in the process of adding more FP rotations. Program currently in a huge faculty transition having a large unexpected overturn of administrative faculty so things may change. [non-prescribers not discussed]	
MINNESOTA	Mayo Clinic College of Medicine and Science (Rochester)	Rochester													18-'19 Season: PD said would need to discuss with department, and called me back to say they could not accommodate NFP only.  '22-'23: They quietly do abortion care in first trimester and for medical indications (terminal pregnancies) in subsequent trimesters. Not advertised as I suspect this would not go well with the typical international Mayo clientele. This definitely isn't an issue that is pushed in their program though and one interviewer told me that they ty to be respectful of people with all different beliefs on this issue.	
MINNESOTA	University of Minnesota	Minneapolis	0	0	0	0	0								2016: Listed on http://medicalmatins.blogspot.com/ as friendly to NFP-only residents from a historical applicant.  '18-'19 Season: Jonathan Scafford (an NFP-only reisdent) graduated 2017, but now new PD. Ryan program. PD said could possibly accommodate NFP-only, but would be challenging and would require "a very special resident". However, candidate with good stats and personal connections to area did not match here.	
MISSISSIPPI	University of Mississippi Medical Center	Jackson				0	0	0	0						20-'21 Season: No current NFP only residents, but PD said would not be a problem and would find ways to make it work. Large academic program- hard to know how feasible this would be.	

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State	Program	City	2018	2019	2020	2021	2022	2023	2024	2025	2026	2027	202	8 2	2029 Comments (with date of information)
MISSOURI	Mercy Hospital (St Louis)	St. Louis	2	0	1	1	2	1	1	0			1		17-'18 Season: Multiple NFP-only residents have graduated from here. Napro Dr Gavin Puthoff is a private attending here as of 2017. In 2012, there were 6 NFP-only residents in the program. See article: http://archstl. org/files/nfp_st_louis_review_3-9-2012.pdf. The program director however is growing in her support of termination training. 2 residents graduating this year are going on to NaPro fellowship. Currently 2 other NFP-friendly. Other residents were very supportive.  2018: PD allows NFP-only residents, but doesn't necessarily encourage it. PD helps other residents get into family planning fellowships.  18-19 Season: Multiple NFP-only residents and previous grads including Napro fellows. Napro Dr Gavin Puthoff private attending here. PD stated in program presentation that program is welcoming of residents who don't prescribe contraception.  19-20 Season: PD said that NFP-only is not a issue there. Very supported.  19-20: PD mentioned during Program Intro at Interview that they "welcome residents who for moral or religious objections choose to not prescribe artificial contraception". Also a good amount of NFP-only residents who supported me.  20-21: PD presentation: "Residents are expected to counsel for OCPs but we do have a few that don't prescribe them; that's fine."  20-21: PD presentation: PD very friendly to NFP only, even mentioned that having NFP residents was OK during the interview day introduction. There are current NFP only residents. Was supportive of pursuing NaPro fellowship.  23-24 Season: New PD as of this cycle. When asked, PD was supportive and explained routine hx of such residents. Often have 1-2 FABM-only residents by eye great program, very open
MISSOURI	St Louis University School of Medicine	St. Louis	0	3	0	1	3	0	1	0	0	1	1		17-'18 Season: Very recepitve to NFP-only residents. Excellent program. No BC or Sterilizations in the hospital (except for what is approved by the ethics comittee, which seems to be more than what ERDs allow). No LARCs placed in clinic.  '19-'20 Season: Incredibly supportive! And at least two residents are currently NFP only. Incredibly impressed at their acceptance and supportive of Catholic ERDS. '19-'20 Season: PD said "you are welcome here." Said that he tries to keep a few NFP-only residents in the program at all times. '20-'21 Season: PD totally fine/open about it, said they already have the workflows figured out so it's no problem at all. '20-'21 Season: PD emphasized commitment to Jesuit mission and was very pro-life. There are current residents who are NFP only. '22-'23 Season: PD said in presentation to all applicants that they accept "non-prescribers" and he told me individually that he would like to see a pipeline for non-prescribers continue to be built up in his program. Incredibly FABM-only friendly! '23-'24 Season: Very friendly to conscientious objection. PD mentioned in his welcome spiel to all applicants: "If you want to come here and not prescribe birth control, we're open to that." '24-'25: PD said in the welcome session that NFP-only residents are welcome there. "We are Catholic and proud of that." Said they have not and will never do elective terminations.
MISSOURI	University of Missouri-Columbia	Columbia													20-'21 Season: PD felt that as long as I was a hard worker non-prescribing would be fine. (This is a small program, just increased to 4 per yr.) Said the program tends to attract/be attracted to Christians and those with other traditional religious beliefs as the biggest thing they look for is "emotional maturity." Missouri has very strict termination laws and elective terminations for any reason are not allowed in the Mizzou health system.  '24-'25: Many residents voiced distaste for their lack of abortion training due to Missouri's laws, but this may be changing with new legislation. PD stated that non-prescriber would be welcome as long as they can counsel on all options.
MISSOURI	University of Missouri-Kansas City School of Medicine	Kansas City													18-'19 Season: PD said "thinks could make it work since we have lots of residents" (in interview) '23-'24: PD was respectful but said not prescribing OCPs & not placing contraceptive devices was incompatible with their program; it might be possible to avoid only tubals here though likely difficult; residents bragged about the "very pro-choice culture;" residents may be expected to participate in LGBTQ clinic and gender affirmation surgery
MISSOURI	Washington University/B-JH/SLCH Consortium	St. Louis													
NEBRASKA	Creighton University School of Medicine (Omaha)	Omaha	0	0	0	0									17-'18 Season: Fairly anti-NFP, despite the name and proximity to Napro Fellowship. Would NOT recommend. Hostile towards me as a med student and during interviews.  '18-'19 Season: Not connected to Pope Paul/Napro. Has possible current NFP resident (not sure his exact stance). PD stated could accommodate my beliefs if willing to prescribe for certain medical indications (in interview).  '19-'20 Season: On interview day PD seemed supportive but was wearing a birth control pin. From personal experience with this program I can say that they do not welcome NFP only residents. The previous chair was very against it but this might change with the new chair (He started in 2019 so stay tuned). Many of the doctors at this program have very strong negative feelings towards NFP only providers.  '19-'20 Season: Very negative experience. Faculty member brought up contraception and asked several accusatory questions, then, vented about the Catholic Church.  '21-'22: wanting to implement transgender care PD sees that as important to comprehensive patient care, one attending who does gender reassignment surgeries. Opt out Planed Parenthood block, when asked, they said their weakness is that it is a Catholic institution so they are unable to do postpartum LARCs or tubals but that in their other clinic and VA all contraception is possible. PD seemed amicable to me as non-prescriber, she said they can be flexible.  '24-'25: Catholic institution but utilizes ethics committee loop holes often to provide salpingectomy at time of c-section and birth control for "medical indications." Faculty and residents will admit this readily. All interviewers stated their support of non-prescribers, but this would be very counter-cultural amongst both residents and faculty. Residents are told they cannot work with St. Paul VI/NaPro providers.

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NEBRASKA	University of Nebraska Medical Center College of Medicine	Omaha													17-'18 Season: PD stated "If you are unable to IUDs, this is not the place for you" '18-'19: Ryan program. Pro-choice culture, PD never responded to my email after interview. '22-'23: I was point blank asked during the interview if there were any forms of contraception that I was uncomfortable prescribing. It seemed like a vetting question and there was no reassurance that my beliefs would be respected.	
NEVADA	HCA Healthcare Sunrise Health Graduate Medical Education	Las Vegas														
NEVADA	Kirk Kerkorian School of Medicine at UNLV	Las Vegas														
NEW HAMPSHIRE	Dartmouth-Hitchcock/Mary Hitchcock Memorial Hospital	Lebanon													18-'19 Season: Ryan program, 2nd year at Catholic hospital in Manchester that has 2 Napro docs. Pro-choice culture, but PD said could accommodate.	
NEW JERSEY	Atlantic Health System/Morristown Medical Center	Morristown														
NEW JERSEY	Cooper Medical School of Rowan University/Cooper University Hospital	Camden														
NEW JERSEY	Hackensack University Medical Center	Hackensack														
NEW JERSEY	Icahn School of Medicine at Mount Sinai/Valley Health	Ridgewood														
NEW JERSEY	Inspira Health Network/Inspira Medical Center Vineland	Vineland														
NEW JERSEY	Jefferson Health New Jersey	Stratford														
NEW JERSEY	Jersey Shore University Medical Center	Neptune														
NEW JERSEY	Rutgers Health/Cooperman Barnabas Medical Center	Livingston													17.'18 Season. Non-religiously affiliated program. Called before applying to gauge receptiveness of program to NFP-only applicant. PD was apparently asked, and said that it would not be a good fit, as they do abortions.	
NEW JERSEY	Rutgers Health/Jersey City Medical Center	Jersey City														
NEW JERSEY	Rutgers Health/Monmouth Medical Center	Long Branch														
NEW JERSEY	Rutgers Health/Newark Beth Israel Medical Center	Newark	0	0	0	0	1	0	0	0					17.'18 Season: PD prolife and supportive of NFP-only applicants. 2019: early 2nd trimester elective inductions of labor performed at hospital. Residents to be involved. 2022: PD changed in March of 2020; previous PD was prolife and very supportive, unknown how new PD would feel about accepting NFP-only residents. Current residents overall supportive and willing to do tubals and abortions for NFP-only resident in exchange for help with other tasks. There are second-trimester inductions for previable PPROM both on the GYN service and Labor and Delivery relatively often. Most attendings at least outwardly supportive.	
NEW JERSEY	Rutgers Health/Robert Wood Johnson Medical School	New Brunswick													17-'18 Season: PD said that they once had someone who did not perform tubal ligations and that since that person worked hard otherwise, they made it work as a program. Currently one resident there who does not perform terminations. However, another resident is passionate about expanding the family planning services offered and they are getting a new Chairperson who has a very strong background in reproductive medicine (egg and embryo donation, etc) who seems to share the same goal.	
NEW JERSEY	Saint Peter's University Hospital/Rutgers Robert Wood Johnson Medical School	New Brunswick													2017: VERY supportive due to former NaPro fellow's presence: Dr. Kyle Beiter. I felt very welcomed here. Would highly recommend looking into the place as Belter has a good reputation.  19°-20 Season: PD was very supportive and stated that "this is a Catholic residency so of course you wouldn't be expected to prescribe OCPs". Although I don't think there are any current NFP only residents there is a NAPRO trained doctor that works with the residents and is well respected by them. Some residents were very open about not wanting to do any family planning training.  19°-20 Season: PD was very supportive. Dr. Kyle Beiter is well-respected.  20°-21 Season: PD was very supportive. Dr. Kyle Beiter is well-respected.  20°-21 Season: PD was willing to accommodate. Dr. Beiter doesn't work here any more but it seems has had a positive impact on how the program views non-prescribers. Hospital prescribes contraceptives for "medical indications" (unsure how strict this definition is) and tubals "once childbearing is completed."  21°-22 Season: PD was not so clear with response in interview. He danced around the topic a little but didn't say it couldn't work. History of NFP only resident and doctor who worked with the program but has since moved.  23°-24: Based in a very Catholic hospital which strictly holds to the ERDs, and owns a Gianna Center which offers Naprotechnology. When not on outside rotations, residents with conscientious objections to birth control and abortion should have no issues. Residents have at least one outside rotation where they go to learn tubals and birth control; questionable whether rotation can be completely opted out of but sounds like residents can use it to learn the contraceptive counselling and not actually participate in the prescription and insertion of contraception? Also have outside REI and Gyn Onc rotations.  23°-24: Season: PD open to FABM-only applicants, mentioned hospital itself does not prescribe OCPs or perform sterilizations. Hopsital follows ERDs fairly closely. Do prescribe OCPs	

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Updated 4/30/24	Green Denotes Current Reside	nt								If you are considering OB/GYN or have information to add to the document, reach out to us! https: //conscienceinresidency.com/contact/	
State	Program	City	2018 2019 202	0 2021 2	022 202	3 2024	2025 2026	2027 2	2028 20	29 Comments (with date of information)	
NEW JERSEY	St Joseph's University Medical Center	Paterson								17-'18 Season: Appear to go step-in-step with the bishop. With a more liberal bishop in the past they have performed more controversial procedures. However, current bishop is extremely conservative. They do not even counsel for birth control because they do not prescribe and counsel. Asked if I would be okay with book-learning about contraception. Residents seem fine with this state of affairs, say that tubal ligations and contraception is easy to learn about and that they don't feel deprived by the hospital being Cattholic.  '24-'25: Catholic hospital so no contraception/abortion on site. Send to Hackensack for 2 rotations for complex family planning. Can opt-out of procedures, just have to go to didactics per PD. Also PSA residents don't abide by 80 hour work limit and described program as a "workmill."	
NEW JERSEY	Virtua	Voorhees								24-25: PD said NFP-only would be supported here (can do as much or as little as you want). A few faculty are very passionate about family planning. Found out program ranked me in the bottom half of their list, despite having excellent scores/grades, great interview, and ties to the area, so unsure how supportive they actually are.	
NEW MEXICO	University of New Mexico School of Medicine	Albuquerque								18.'19 Season: Ryan Program, Cancelled interview here, as after researching program further it is very pro- choice/pro-LARC with heavy emphasis on "Family Planning" '22-'23: Very pro-choice program that absolutely celebrated abortion to a degree that made me sick. I was straight up told by a resident in their program that if abortion wasn't something I was interested in doing, then their program was NOT for me. Also, it didn't seem like I'd have any ability to opt out of transgender health procedures/treatment.	
NEW YORK	Albany Medical Center	Albany									
NEW YORK	BronxCare Health System	Bronx									
NEW YORK	Brooklyn Hospital Center	Brooklyn									
NEW YORK	Flushing Hospital Medical Center	Flushing									
NEW YORK	Good Samaritan Hospital Medical Center	West Islip								21-'22 Season: a Catholic program, the Bishop is involved and inquires regularly to make sure they follow ERDs BUT they will boast that there is no shortage of opportunities to prescribe OCPs/insert IUDs and for "health problems". When asked about having an NFP only resident, they were somewhat receptive and said they could arrange a rotation at the Gianna center but wanted to know how that could work when first line treatment for so many things is birth control. So would definitely need some winning over.	
NEW YORK	Icahn School of Medicine at Mount Sinai (Mount Sinai Hospital)	New York									
NEW YORK	Icahn School of Medicine at Mount Sinai (NYC Health and Hospitals: Queens)	Jamaica									
NEW YORK	Icahn School of Medicine at Mount Sinai (South Nassau)	Oceanside								17-'18 Season: Asked by two separate interviewers whether I would prescribe birth control for "irregular periods". Not sure if it was their intention but that is the precise wording used by many Catholic hospitals to prescribe birth control without calling it birth control (this is not a religiously affiliated hospital, however). Their tack of manpower (very new program, currently increasing the number of residents to goal) makes me think that it would be hard for them to allow people to opt-out of performing certain procedures/writing certain prescripting.	
NEW YORK	Icahn School of Medicine at Mount Sinai (West)	New York									
NEW YORK	Jamaica Hospital Medical Center	Jamaica								17.'18 Season: PD told the entire interview group on my day that everyone would "ideally be pro-choice" and highly questioned my involvement in my parish during my interview, but did say he thought we could make it work if I matched there as NFP-only. My guess is that they were not thrilled about the idea of an NFP-only applicant. '17-'18 Season: PD director seemed relatively comfortable with an NFP-only applicant. His assistant/right hand faculty member said that I was a great candidate and that she felt that it was important to be open-minded about things such as NFP-only applicants. Asked if Iwould be willing to prescribe BC for medical condition even if it had contraception as a secondary effect or indication.	
NEW YORK	Lincoln Medical and Mental Health Center	Bronx									
NEW YORK	Maimonides Medical Center	Brooklyn									
NEW YORK	Mohawk Valley Health System, Inc	Utica									
NEW YORK	Montefiore Medical Center/Albert Einstein College of Medicine	Bronx									
NEW YORK	NYC Health & Hospitals/South Brooklyn Health	Brooklyn									
NEW YORK	NYU Grossman Long Island School of Medicine	Mineola									
NEW YORK	NYU Grossman School of Medicine	New York									
NEW YORK	Nassau University Medical Center	East Meadow									
NEW YORK	New York Presbyterian Hospital (Columbia Campus)	New York									
NEW YORK	New York Presbyterian Hospital (Cornell Campus)	New York									
NEW YORK	New York-Presbyterian Brooklyn Methodist Hospital	Brooklyn									

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NEW YORK	Richmond University Medical Center	Staten Island													17-'18 Season: PD said that that they would be open to a NFP-only resident, but that that is something else that they will have to consider (which I took to mean that it might affect my rank on their list). This hospital used to be Catholic, is no longer religiously affiliated.  '21-'22 Season: was open to the idea as they were formerly a Catholic hospital and PD was a resident there before it changed.	
NEW YORK	Rochester General Hospital	Rochester														
NEW YORK	SUNY Downstate Health Sciences University	Brooklyn													17-18 Season: Had to explain what a NFP-only applicant was to PD. PD went on to say that we do not respect religion enough in our society. However, considering the heavy Family Planning presence in that residency (they are currently trying to start a fellowship in it) and prior ignorance of NFP-only candidates, I am unsure how much of the answer was legal-protection vs. true sincerity.	
NEW YORK	SUNY Upstate Medical University	Syracuse														
NEW YORK	St John's Episcopal Hospital-South Shore	Far Rockaway														
NEW YORK	Stony Brook Medicine/University Hospital	Stony Brook														
NEW YORK	University at Buffalo	Buffalo														
NEW YORK	University at Buffalo (Sisters of Charity)	Buffalo	1	0	1	1	2	2	0	3		2		1	'17-'18 Season: Very Catholic PD (Pivarunas) and assistant PD (Strittmatter) and the program is at a Catholic Hospital, so there is no issues for NFP-only residents. 16 NFP-only residents have graduated from here. I think half of the faculty are Catholic!  '17-'18 Season: Current resident said that outside rotations are aware of the Catholic nature of the program and allow them to take part in only those things which they are comfortable with.  2018: No contraception in hospital or clinic. No tubals approved.  '18-19 Season: Dery supportive. Catholic Chair (Pivarunas), PD (Strittmatter) and hospital. Multiple current NFP only residents and past graduates.  '18-'19 Season: Dr. Pivarunas (chair) told me they keep the program going for us residents that want to practice in line with their faith. He, Dr. Strittmatter (PD), and Dr. Obst are all Catholic, NFP only, and clearly, all very supportive (Though PD was very hard to read about this during interview). Several NFP only residents.  '19-20 Season: Everyone was very supportive and the residency follows Catholic teaching. The family planning rotation is actually with two NFP only doctors. Many of the residents are NFP only and one plans on doing the NAPRO fellowship and were very interested in talking about this during the residency dinner.  '19-'20 Season: Most supportive program. Filled with residents and faculty who practice the same way.  '19-'20 Most number of Catholic faculty and residents among the places I interviewed. Faculty who interviewed me were in full support of me practicing according to my belief as a resident. They also have an active Catholic Medical Association-Resident Section. The ideal program for an NFP-only resident.  '20-'21: PD said the program exists for residents who are making conscience decisions. Overall culture is very friendly and comfortable with non-prescribing residents.  '20-'21: Very accepting of NFP only- most supportive program I interviewed at, multiple faculty use NFP in their practice, PD very open to discussing during i	
NEW YORK	University of Rochester	Rochester														
NEW YORK	Westchester Medical Center	Valhalla														
NEW YORK	Wyckoff Heights Medical Center	Brooklyn														
NEW YORK	Zucker School of Medicine at Hofstra/Northwell	Manhasset														
NEW YORK	Zucker School of Medicine at Hofstra/Northwell at Lenox Hill Hospital	New York														
NEW YORK	Zucker School of Medicine at Hofstra/Northwell at Staten Island University Hospital	Staten Island														
NORTH CAROLINA	Campbell University	Fayetteville														
NORTH CAROLINA	A Carolinas Medical Center	Charlotte													20-'21 Season: VERY pro-choice culture. Have an opt-out FP month; residents who opt out are still expected to counsel for terminations. FP attending stated that her goal is that all residents will learn about terminations "regardless of religious background." Emailed PD about non-prescribing; FP director emailed back with copy/pasted ACGME guidelines which state that residents must have "training in all forms of contraception." PD recently applied for Ryan grant.	
NORTH CAROLINA	Duke University Hospital	Durham														
NORTH CAROLINA	ECU Health Medical Center/East Carolina University	Greenville														

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NORTH CAROLINA	Mountain Area Health Education Center	Asheville								20-'21 Season: PD said NFP only would be OK, but was not very genuine about it. Program highlighted planned parenthood rotation on website.  '22-'23: during interview, PD mentioned faculty interests and when she got to "reproductive rights" she said "all" faculty are interested. Clearly very pro-choice program. However, when I asked PD about non-prescribing, she gave a seemingly genuine answer that the program is open to such applicants and actually mentioned some possible work arounds. Mixed bag overall.	
NORTH CAROLINA	Medical Certier	Wilmington								20-'21 Season: Half of residents ok with abortion training and one resident was excited about an elective termination performed at the hospital. PD said would not be a problem, but was not genuine and said I should check with the other residents to see if it could work.	
NORTH CAROLINA	University of North Carolina Hospitals	Chapel Hill									
NORTH CAROLINA	Wake Forest University School of Medicine	Winston-Salem								19-20 Season: Did not ask about non-prescribers. However, there is a family planning rotation that allows the opportunity for students to opt into participating in abortion care in clinics off campus if they desire, although not required and easy to avoid if holding a conscientious objection. Also NC does not allow abortions after 20 weeks. Wake Forest could be an institution that would support a non-prescribing OB/GYN although; My impression is there is a strong Christian culture in the community - the clinics put up nativity scenes during Christmas, and residents talk openly about their Christian faith.  22-23: had candid and open conversation with PD on interview day and she initially seemed like she would be open. Received an email two months later from the PC which said, in protective, medical-legal jargon, that residents must be willing and able to prescribe contraceptives. Disappointing as I thought they'd be more open given that I've heard that residents overall are pretty evenly split regarding whether or not they perform elective abortions.	
NORTH CAROLINA	Womack Army Medical Center	Fort Bragg									
ОНЮ	Akron General Medical Center/NEOMED	Akron								17-'18 Season: PD said it would be "difficult" to accommodate and questioned why my home institution let me apply to this field. In my opinion, not a chance here.	
OHIO	Aultman Hospital/NEOMED	Canton								23'-'24 Season: Smaller community program. PD was open to FABM-only and said such practices would not be a problem. Have not had such a resident, though.	
ОНЮ	Case Western Reserve University/University Hospitals Cleveland Medical Center	Cleveland									
OHIO	Cleveland Clinic Foundation	Cleveland									
ОНЮ	Kettering Health Network	Dayton								23-'24 Season: PD very accomodating and supportive of FABM-only residents although no history. Residents work with a private group that does not perform IUDs.	
ОНЮ	Mercy St Vincent Medical Center	Toledo								23-24 Season: PD was confused when asked if FABM-only practices would be supported. Resident culture is largely pro-choice. Unsure if this program would be supportive.	
ОНЮ	Ohio State University/Mt Carmel Hospital	Columbus									
ОНЮ	OhioHealth/Doctors Hospital	Columbus								23-'24 Season: Program is extremely pro-choice and malignant. Don't believe this program would be supportive at all.	
OHIO	OhioHealth/Riverside Methodist Hospital	Columbus								17-'18 Interview Season: Very open to NFP-only resident. PD stated that the only thing he couldn't accommodate was someone who wanted to do terminations after the 2nd trimester.  '23-'24 Season: PD was uncomfortable and dismissive after asking about FABM-only practices. Easy going resident culture, but do not believe this program would be supportive overall.	
ОНЮ	Summa Health System/NEOMED	Akron								2016: not a Catholic program, but their program director is Catholic and they have had many residents with a contentious objection to sterilizations in the past and were very open to the idea of a Catholic resident who didn't want to prescribe birth control or do sterilizations '17-'18 Season: PD seemed very open and comfortable with the idea of NFP only. '23-'24 Season: Former Catholic PD is now the dept. chair. New PD said FABM-only would be difficult at the program, but not impossible (due to lots of OCPs). No history of such resident. Unsure of the overall support and feasibility at this program.	
ОНЮ	The MetroHealth System/Case Western Reserve University	Cleveland									
ОНЮ	TriHealth (Bethesda North and Good Samaritan Hospitals)	Cincinnati								23-'24 Season: PD was proud of work collaborating with the Diocese of Cincinnati to establish a FP rotation in Dayton, OH. PD was supportive of FABM-only applicants who were still willing to prescribe OCPs for medical indications. Culture of the program is very progressive and pro-choice. Residents work at Good Sam which is a Catholic hospital (no sterilizations, but prescribe OCPs) but also Bethesda North which is not religiously affiliated.	
ОНЮ	University of Cincinnati Medical Center/College of Medicine	Cincinnati								2015: at least verbally open to an NFP-only candidate at interview. Excellent program all-around. 2017: I did an away rotation here so I knew everyone fairly well and briging up NFP was still very uncomfortable. They stated that they accommodate this "all the time", but in my opinion this was just something they said for legal purposes. The program is very liberal. Even if you opt out of doing terminations you still have to physically go to Planned Parenthood on the FP (Family Planning) elective to counsel women.  18-19 Season: PD said could accommodate if I matched here (by email)	
ОНЮ	University of Toledo	Toledo								17 - '18 Season: PD stated she thought it could work, but she didn't seem very sincere. However, she was recently removed. As this is my home institution, I was very close with the chair and he didn't think it would be a problem at all, very nice man, willing to work with you. I think the way this program operates and the residents would make it very hard to be NFP only here. Also there is talk of transgender surgeries in the next couple years, so possibility more moral dilemmas on the way.	

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ОНЮ	Wright State University	Dayton	0	0	0							1	abo '17- be ' '18- with '23- pra stal '24- as a didi fam	19 Season: PD said could accommodate no abortions or prescribing contraception, but would need to assist a tubals.  24 Season: PD very open to FABM-only applicants. Expected all residents and staff to respect your ways of clice. Hx of FABM-only resident and residents who have opted out of sterilizations. At least 3 pro-life laborists on ff. Do have a FP rotation, but was assured can easily opt-out.  25: PD, one faculty, and two resident interviewers highlighted their culture of openness to varying perspectives a huge strength of their program. Current FABM resident. One faculty interviewer asked leading questions and n't seem to be very supportive. Transgender care is an elective that can be taken 3rd or 4th year. Two week iilly planning rotation, but procedures opt-out	
OKLAHOMA	Osteopathic Medical Education Consortium of Oklahoma, Inc. (OMECO)	Tulsa											trick	"24 Season: PD was concerned about my laparoscopic numbers if I opted out of tubals, and said it would get ky to manipulate my schedule because they see "a large portion of our patient volume in clinic for [contraception is tertilization]." She told me she would reach out to the Resident Review Committee (RRC) at ACGME to see v this could work, but she never followed up or responded to my email.	
OKLAHOMA	St Anthony Hospital	Oklahoma City													
OKLAHOMA	University of Oklahoma Health Sciences Center	Oklahoma City													
OKLAHOMA	University of Oklahoma School of Community Medicine (Tulsa)	Tulsa												'24 Season: Was told that my objections would be "difficult to work with." PD effectively thanked me for bringing up so that she can figure out how to turn away similar applicants in the future.	
OREGON	Oregon Health and Science University (OHSU Health)	Portland											has whi Pla and ser sind pro sup atte situ med	20 Season: OHSU is notoriously the abortion "mecca" outside of UCSF - the department chair trained there and a a strong partnership with those institutions. Oregon in general has some of the most liberal abortion laws - the include allowances for elective abortion at any time, or any reason. There is a very strong Ryan Family nning program here and faculty members have partnerships with planned parenthood in the community. Second third tring the tremination occur frequently here, and patients sometimes come out of state seking those vices. I would venture to say that this would NOT be an institution that would support a non-prescribing OB/GYN be the family planning culture is such a strong pillar of the department and the curriculum. I will say, that the new gram director has made a very focused effort to make sure those who hold conscientious objection would be prorted as a resident at OHSU. She has implemented a system that allows any resident to be backed up by an ending or fellow who could perform a D&E or termination in place or a resident who might find himselves in a altion carning for a patient who requires these services (i/e night call etc.). Two faculty members stated directly in dical student lectures that they think anyone holding a conscientious objection to abortion should reconsider if its ical to be an OBGYN. Interestingly enough flound out on my interview day that we have a current intern who dis conscientious objection for the first time in many many years.	
PENNSYLVANIA	Abington Memorial Hospital	Abington													
PENNSYLVANIA	Albert Einstein Healthcare Network	Philadelphia													
PENNSYLVANIA	Allegheny Health Network Medical Education Consortium (WPH)	Pittsburgh													
PENNSYLVANIA	Crozer-Chester Medical Center	Upland													
PENNSYLVANIA	Geisinger Health System	Danville													
PENNSYLVANIA	Lehigh Valley Health Network	Allentown											201	6: FM attending here stated that the OBGYN program was open to NFP-only residents.	
PENNSYLVANIA	Main Line Health System/Lankenau Medical Center	Wynnewood													
PENNSYLVANIA	Penn State Milton S Hershey Medical Center	Hershey													
PENNSYLVANIA	Pennsylvania Hospital of the University of Pennsylvania Health System	Philadelphia													
PENNSYLVANIA	Sidney Kimmel Medical College at Thomas Jefferson University/TJUH	Philadelphia													
PENNSYLVANIA	St Luke's University Hospital	Easton	0	1	0	1	0						dep '18- sup '19- that '19- Luk an I the '21- traii '24- up I	"18 Season: There are 2 NFP-only residents here: a PGY1 and PGY3. They are well supported by the OBGYN aratment.  "19 Season: 2 NFP-only residents here a PGY2 and 4. PD said could accommodate, but didn't seem especially portive in interview.  "20 Season: PD unsupportive. Talked about overcoming my biases and the need to educate myself. She did say tone resident practiced this was a few years ago and was able to make it work.  "20: Accidentally thought this was a Catholic hospital so a little awkward conversation with the PD. Note, St. e's was never Catholic in its history and is currently not religiously affiliated. Also emailed PD later about being NFP only applicant but got no response. I'm sure they could make it work, but maybe PD didn't reply because of initial awkwardness at interview.  "22 Season: Got Ryan residency status last Spring, but everyone seemed incredibly nice and invested into the ning that you wanted to tailor for yourself, especially in preparation for fellowship. [non-prescribers not discussed] '25: PD said NFP-only would not be a dealbreaker. Would be a new challenge for the program, but one they're to. Would set up meeting at beginning of year to identify what I can/cannot do based on morals. A few attendings it do tailor for power and invested into the ning that you wanted to see the program, but one they're to. Would set up meeting at beginning of year to identify what I can/cannot do based on morals. A few attendings it do tailor for yourself, seemed and the program is to denote the program of the p	

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PENNSYLVANIA	Tower Health/Reading Hospital	Reading											2010: "Not on staff in this program, and don't know director, but have just had a 3rd year OBGYN resident do an elective month with my group, who is in residency at Reading Hospital and Medical Center, Wyomissing, PA. It is a secular program, and the resident has been able to follow her conscience (no abortions, sterilizations, contraception) without undue hostility. Happy to provide contact info for the resident if she agrees and anyone interested." Mark Stegman MD FACOG
PENNSYLVANIA	UPMC Medical Education (Harrisburg)	Harrisburg											
PENNSYLVANIA	UPMC Medical Education	Pittsburgh	0										2015: Very pro-contraception. Termination and LARCs emphasized and important to training. NFP-only interviewee very politely told that decision not to prescribe was not compatible with what was considered mandatory.
PENNSYLVANIA	University of Pennsylvania Health System	Philadelphia											
PENNSYLVANIA	Wellspan Health/York Hospital	York											
PUERTO RICO	Hospital Episcopal San Lucas/Ponce School of Medicine	Ponce											
PUERTO RICO	University of Puerto Rico	San Juan											
RHODE ISLAND	Women and Infants Hospital of Rhode Island/Brown University	Providence											
SOUTH CAROLINA	HCA Healthcare/Mercer University School of Medicine	Summerville											
SOUTH CAROLINA	Medical University of South Carolina	Charleston											22-'23: Over the phone conversation with PD post-interview: he was very open to my perspectives and from his point of view it wouldn't be a problem. But he thought it likely would be an issue with other faculty and residents. He got back to me a couple months later and reaffirmed that while he had no problem with it, he doesn't think his program is a good fit because his residents are "on the other end of the spectrum on these matters." Based on interview, residents are clearly very pro-choice.
SOUTH CAROLINA	Prisma Health/University of South Carolina SOM Columbia (Columbia)	Columbia											
SOUTH CAROLINA	Prisma Health/University of South Carolina SOM Greenville (Greenville)	Greenville											
TENNESSEE	Baptist Memorial Medical Education	Memphis											22-'23: very faith friendly program. There is even a clinic where you are freely allowed to pray with patients and several attendings invite residents for Bible studies. It's a new program but there is wonderful potential for Christian mentorship at this place. I had great off-site discussions with staff there related to my beliefs and it seemed like they were supportive of helping me define boundaries for my conscience.  '23-'24: New program; supportive of some faith-based care; option to rotate in a faith-based clinic (Christ Community Health Services); PD said conscience protection (sterilization & contraception) would not be a problem; PD did ask several detailed follow-up questions that didn't feel the most friendly
TENNESSEE	East Tennessee State University/Quillen College of Medicine	Johnson City											23-'24: PD said ACGME doesn't require tubals for graduation, interview got cut off before addressing contraception; did not reply to follow up email
TENNESSEE	Meharry Medical College	Nashville											
TENNESSEE	University of Tennessee College of Medicine (Nashville)	Nashville											
TENNESSEE	University of Tennessee College of Medicine at Chattanooga	Chattanooga											2012: They were "fascinated by my [NFP-only] views." Like I was an alien. The residents were unwelcoming.
TENNESSEE	University of Tennessee Medical Center at Knoxville	Knoxville											
TENNESSEE	University of Tennessee	Memphis											2223: after emails to the PD, the PC finally got back to me and gave a hard no, saying we expect all residents to be able to prescribe contraceptives and perform sterilizations.
TENNESSEE	Vanderbilt University Medical Center	Nashville											22.'23 Season: PD said that their program is a "safe space" for those with pro-choice beliefs and very much pushed transgender health, especially in their REI clinics. There was no mention of consideration for residents who may want to opt out of procedures or have conscientious protection. They were very excited about their new program to send residents to NY for family planning training and said that all their residents were planning to do it starting this year (2023). They also constructed the schedule in such a way that you would be a pain by not going to NY for abortion care as they wouldn't have an alternative block to put you in. There was even a follow-up email where they again emphasized how no one has opted out of it and seemed like they were signaling that anyone who didn't want to go wouldn't be tolerated.
TEXAS	Baylor All Saints Medical Center Fort Worth	Fort Worth											21-'22 Season: ran out of time in interview and followed up with an email but have not heard back regarding NFP only. During the q&a session they said not to "worry about the new Texas law we will learn what we need to know" so not seeming so NFP friendly in general.  '21-'22: Very friendly brand new program. I emailed her the question [regarding not prescibing] and she responded "Thank you for your thoughtful question. We are open to applicants from all Faiths, Religions and belief systems."  '23-'24: New program; PD said they are open to having residents of all beliefs and backgrounds; seemed genuine and being a very new program they likely have more flexibility to work around conscience issues

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TEXAS	Baylor College of Medicine	Houston					0	0	1	0					2015: NFP-only subintern offered an interview which was then never scheduled after that person asked about PD's opinion of trying to be NFP-only. Perception is that the program would not be friendly.  2015: Very malignant program. I was interrogated regarding my religious beliefs repeatedly and was very intimidated. The APD is the director of the largest Planned Parenthood in the US, which happens to be in Houston.  21-22 Season: After telling the PD directly about my situation he said they could be flexible with me and that it would not be a problem. They currently have a PGY2 who does not do tubal ligations and abortion training is optout. I also did get the sense they were not interested in me, not sure if its due to my low test scores or my non-prescribing of contraceptives.  23-24: out of state FP rotation at UCLA that is not required, and stated on interview day that it is not a problem for residents to opt out of the [abortion] training. [contraception not discussed]
TEXAS	Baylor University Medical Center	Dallas													2015: PD open to "making it work" when asked about not prescribing contraceptives. No abortions in the hospital.  Chair was possibly less friendly but now not the chair anymore.  '24-25: PD said NFP-only would work, although might be complicated if your continuity clinic patients need contraception.
TEXAS	HCA Healthcare Las Palmas Del Sol	El Paso					0	0	0	0	1				21-'22 Season: It's in Texas so the new laws apply but the residents and faculty are not happy about it. [non-prescribers not discussed]  '21-'22 Season: I told the PD about the concern and initially she seemed understanding but she did say that residency introduces you to difficult situations and that I might very well change my mind by the time i am done with residency. Similarly, the APD brought up the fact that I volunteered in a Catholic Church and asked how those views could affect my work as an OBGYN. I also told her the situation and she similarly told me she understood and that she is also Catholic but that residency is not "black and white" and that I could definitely change my mind in training.
TEXAS	HCA Medical City Healthcare UNT- TCU Graduate Medical Education	Arlington													21-'22 Season: Emailed question, did not respond for about 2 weeks, emailed again, PD responds "Thank you for letting me know in advance regarding contraception & sterilization. I have worked with residents in the past in the same situation. It does create some challenges in work flow but can be accommodated. The expectation that was set for those residents was that they provided the appropriate level of counseling for the patients; in my experience they did just fine with that expectation."  '24-'25: PD has worked with conscience-objection residents before. Away rotation for elective terminations opt-out. Do have family planning rotation, but the expectation is just to counsel patients on contraception.
TEXAS	John Peter Smith Hospital (Tarrant County Hospital District)	Fort Worth													2015: Several NFP only FM residents as well as an OB resident in 2013. Very supportive. 2017: Very supportive of Family practice NFP residents who practice NaPro - would highly consider looking into it!
TEXAS	Methodist Health System Dallas	Dallas													2016: Listed on http://medicalmatins.blogspot.com/ as friendly to NFP-only residents from a historical applicant.  '24-'25: PD said he is ok with NFP-only resident and has worked with similar residents in the past. He was concerned about resident push-back however, and said he would discuss with residents to see what they think.  Since interview, PD has changed.
TEXAS	Methodist Hospital (Houston)	Houston				1									2015: At least 2 NFP only docs have graduated from this program, in 2011 and 2013. Supportive and well aware of the path you would want to take.  2019: Actually has an NFP-only resident, a PGY3 now. So I think would be a great option for anyone applying in September!  '21-'22: PD was very understanding of my situation and said it would be no problem at all just some coordination and that he feels very comfortable with it as he has had many graduates in the past with similar views. '23-'24 Season: Hx of FABM-only residents. PD very supportive of FABM-only applicants. PD clarified if applicant would be willing to prescribe OCPs for medical indications or had objections to endometrial ablations. Otherwise very supportive. '23-'24 Season: PD said he would be willing to work with an FABM-only resident, as long as he/she was willing to counsel on contraception. Dr. Stephen Hilgers is there and would be a good ally to have on the gyn side of things. The residents and program overall, however, are very pro-contraception/sterilization, and after being there for a Sub-I, I don't believe that many of the faculty would have been comfortable with me matching as an FABM-only resident.
TEXAS	St. David's Healthcare Graduate Medical Education	Austin													
TEXAS	Texas A&M College of Medicine-Scott and White Medical Center (Temple)	Temple	0	0	0	0									2016: open and friendly in interview process to specific questions about not prescribing contraceptives. No actual residents have been NFP only here.  2015: PD at the time was Catholic and very supportive. It hasn't been done in the past, but she said it could be arranged.  20-21 Season: PD said it could work at the program, but hard to get a good read (was directly confronted about religious beliefs during interview). Said there was a faculty member who does not prescribe birth control.
TEXAS	Texas Tech University (Amarillo)	Amarillo	0	0	0	0									17-18 Season: PD stated that she would have no problem with NFP-only resident (unsure if this is a genuine answer or a legal-protection answer). However, there are no other NFP-only residents. '21-12 Season: It's in Texas so the new laws apply and you'd be safe here in terms of not having much FP exposure. However, the entire faculty and residents are VERY pro-choice and actively fighting to get abortion privileges and access again. [non-prescribers not discussed] '21-22: PD very nice and also seemed flexible with my situation, no red flags or concerns.
TEXAS	Texas Tech University HSC El Paso	El Paso													'19-'20: Dld not discuss with program, but Large amount of Hispanic Catholics patients so they could possibly understand
TEXAS	Texas Tech University Health Sciences Center at Lubbock	Lubbock													23-'24: Sanctuary City for the Unborn; difficult to do abortions there even if you wanted to; PD is pro-life; had the impression that conscience protections (sterilization & contraception) could be feasible here but PD did not give a clear answer

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State	Program	City	2018	2019	2020	2021	2022	2023	2024	2025 2	026 2027	2028	8 202	29 Comments (with date of information)
TEXAS	Texas Tech University (Permian Basin)	Odessa												'19-'20: APD at my homeschool after finding out I was Catholic and didn't want to assist during a tubal ligation warned me about putting my patients first above all else. Few Catholic attendings but they perform sterilizations and prescribe birth control.  '21-'22: PD very nice and also seemed flexible with my situation, no red flags or concerns.
TEXAS	University of Texas Health Science Center San Antonio Joe and Teresa Lozano Long School of Medicine	San Antonio												2015: Would be supportive due to high volume of hispanic Catholics in this area.  '19-'20: Dld not discuss with program, but Large amount of Hispanic Catholics patients so they could possibly understand
TEXAS	University of Texas Health Science Center at Houston	Houston												2015: PD stated in interview that it could work, but perception of interviewee was that this may have been an olive branch or may not have been a durable promise.  '19-20: PD was excited to announce she only has one resident this year who opted out of the abortion elective. Also they get a Planned Parenthood grant to push LARCs. Didn't bring up being NFP-only with them.  '23-'24: Out of state FP rotation but PD sounded happy to state that residents rarely opt out of the [abortion] training. [contraception not discussed]
TEXAS	University of Texas Medical Branch Hospitals	Galveston												22-'23 Season: Didn't seem very pushy on abortion care but I was asked how I thought the Dobbs decision would lead to changes in my field. I tried to remain neutral and say that I can't make any accurate predictions now until more data comes out and was told, "Well, in the meantime many women are going to die because of the high maternal mortality rate." It was clear she wanted me to rant about how restricting abortions is bad for women without any further consideration.
TEXAS	University of Texas Southwestern Medical Center	Dallas	0	0	0	0								Unk date: Both PD and dept chair were very friendly to FABM-only residents. There are multiple such residents in the program right now. '24-'25: Email response from PD: program does not have experience with NFP-only student, but would make accommodations as necessary.
TEXAS	University of Texas at Austin Dell Medical School	Austin	0	1	0	0								2017: NFP-only resident likes the program, but the the PD is now a family planning specialist; this program requires about a month at Planned Parenthood. there is an alternative month that the single NFP-only resident created, but has not been used since.  '18-'19: NFP only resident (PGY4), Catholic hospital '19-20: I didn't interview at UT Austin, but did an away there bc the residents work at Seton, which is a Catholic health system. Also considered this program bc of NFP-only Ashley Stone who graduated last year. However, the program itself is now very secular. They have a new PD who performs up to 2nd trimester abortions. Residents are expected to perform tubal ligations at a nearby secular hospital (St. David's). Resident clinics are not affiliated with Seton, so interns participate in a Sterilization clinic here. Seton hospital itself allows tubal ligations for women above 35yo, so doesn't necessarily follow ERDs.
UTAH	University of Utah Health	Salt Lake City												2016: Listed on http://medicalmatins.blogspot.com/ as friendly to NFP-only residents from a historical applicant.  '22-'23 Season: Very Pro-Choice program that made public comments of derision about the pro-life stance of their state and how frustrated they were by it. They assured us during the interview that we'd still get to do abortions and didn't even consider the option that perhaps not everyone wanted to.
VERMONT	University of Vermont Medical Center	Burlington												18-'19 Season: Ryan program, but PD said could accommodate (via email) and "individualize clinical training to be aligned with my beliefs." However, pro-choice culture and despite good stats didn't match here.
VIRGINIA	Carilion Clinic-Virginia Tech Carilion School of Medicine	Roanoke												
VIRGINIA	Eastern Virginia Medical School	Norfolk												21-'22 Season: REI is a strong area for this program, but so is MFM. Did not talk much about FP rotations or whether it was opt out but having grown up in the area, there is an even mix of pro-lifers and pro-choicers. [non-prescribers not discussed]
VIRGINIA	Inova Fairfax Medical Campus	Falls Church												24-25: Based on experience during a sub-l, would likely not fit with the culture here. Multiple attendings hostile to NFP-only. Residents have a strong family-planning culture. Contraception built into the workflow (postpartum IUDs, nexplanons before leaving hospital) and tubals incredibly common (both in c sections and postpartum).
VIRGINIA	Riverside Regional Medical Center	Newport News												
/IRGINIA	University of Virginia Medical Center	Charlottesville												18-'19 Season: PD out of town at interview, and never responded to multiple emails asking if could accommodate.
VIRGINIA	Virginia Commonwealth University Health System	Richmond												21-'22 Season: Ryan residency with FP rotations and rotations at Planned Parenthood, but they have two very prolife Catholic attendings who will totally take you under their wing and make sure you get the training you want! [non-prescribers not discussed]  '22-'23: talked to PD post-interview via email and she said while we have an inclusive environment, I think it would be difficult to meet the ACGME graduation requirements while opting out of contraceptives and sterilizations. I reached out to another attending who is outspokenly against abortion but does prescribe contraceptives and she told me she doesn't think her department would be welcoming of FABM-only residents. One resident I spoke with personally also said he thinks it would be difficult culturally.  '23-'24: stated may opt out of any form of abortion training as you desire. PD stated they will support you in your conscious decision to not perform abortions. Medical student Clerkship director (MFM doc) is openly pro-life. [contraception not discussed]
VIRGINIA	Naval Med Ctr	Portsmouth												
WASHINGTON	Swedish Medical Center	Seattle												
WASHINGTON	University of Washington	Seattle												
WASHINGTON	Madigan Army Med	Tacoma												
WEST VIRGINIA	Charleston Area Medical Center/CAMC Institute for Academic Medicine	Charleston												
WEST VIRGINIA	Marshall University School of Medicine	Huntington												23-'24: PD said conscience protection (sterilization & contraception) would not be a problem; this program has participated in some gender affirmation treatment for minors in the past but I believe recent legislation has limited this
WEST VIRGINIA	West Virginia University	Morgantown												20-'21 Season: PD was accepting and said NFP only would not be a problem, but resident family planning clinic provides medical abortions.

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WISCONSIN	Aurora Health Care	Milwaukee		0	0	1	0								17-'18 Season: Possibly one NFP resident and PD seemed to be supportive.  '18-'19 Season: NFP-only resident (PGY2), PD seemed supportive and stated could accomodate.  '23-'24 Season: New PD since the last update on the spreadsheet. Not at all friendly. Was told that I wasn't a good fit for the program because "we believe every woman should be on birth control." Faculty/residents are very concerned with creating an "inclusive environment" by removing the word "woman" from anywhere it's used in clinic, and they are very proud to be a center for "gender affirming care."	
WISCONSIN	Medical College of Wisconsin Affiliated Hospitals	Milwaukee													18-'19 Season: Ryan program, 6 wks at Planned Parenthood can opt out of abortion/sterilization but need to go for colposcopy clinic. 2/3 of time spent at Catholic Hospitals, can do continuity clinic at Catholic hospital with supportive faculty. PD responded with VERY thorough email about how could accomodate, and seemed supportive (but acknowledged would be counter cultural at program).	
WISCONSIN	University of Wisconsin Hospitals and Clinics	Madison													18-'19: Ryan Program, Cancelled interview here, as after researching program further it is very pro-choice/pro-LARC with heavy emphasis on "Family Planning" 22-'23: The PD came out the gate strong on the interview talking about the "despicable and divisive attacks on transgender health" and how bigotry wouldn't be tolerated in their program. I took this as a signal that any request to opt out of that care would lead to the perception that I was a bigot. They were absolutely devastated by the Dobbs case as they had one of the highest numbers for residency programs in the nation (99th percentile) for abortions, but because of Wisconsin's state laws they would now drop and have to send their residents elsewhere for family planning training. On a group chat a resident openly talked about how she couldn't possibly stand living in an area where she'd have to work around conservatives. I was also given a leading question regarding how I thought the Dobbs decision would lead to poor outcomes for women.	