

OBGYN RESIDENCIES FRIENDLY TO CONSCIENCE DECISIONS

Updated 4/30/24

Green Denotes Current Resident

If you are considering OB/GYN or have information to add to the document, reach out to us! <https://conscienceinresidency.com/contact/>

| State | Program | City | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 | 2024 | 2025 | 2026 | 2027 | 2028 | 2029 | Comments (with date of information) |
|-------|---------|------|------|------|------|------|------|------|------|------|------|------|------|------|-------------------------------------|
|-------|---------|------|------|------|------|------|------|------|------|------|------|------|------|------|-------------------------------------|

For those curious, the terms "Conscious Prescriber", "Non-Prescriber", and "NFP-only" are more-or-less interchangeable terms and denote someone who makes an effort to not prescribe various forms of birth control for various reasons or situations. Some express concern about the abortifacient effects (preventing implantation) while others focus on the negative social and moral effects of contraception, and hold that fertility awareness can lead to healthier relationships and stronger families. These residents are typically not restricted from prescribing hormones or performing procedures that are medically indicated (hysterectomy for MTA, OCPs for PCOS, etc). In fact, many residents have additional knowledge in their repertoire for treating gynecologic conditions from additional training they have sought. The chief criticism of the many NFP methods (or Fertility Awareness-Based Methods or FABMs) is that they are ineffective, but this is simply not true. Multiple studies have shown that various FABMs have a method effectiveness exceeding 97% (Manhart Michael D., Duane M., Lind A. L., Sinal I., and Golden-Teveld J. 2013. Fertility awareness-based methods of family planning: A review of effectiveness for avoiding pregnancy using SORT. Osteopathic Family Physician 5: 2-8. doi: 10.1016/j.osfp.2012.09.002 - contact us if you do not have access to the publication and we can get you a copy)

Please note that residency programs are ever-changing, and different applicants can have different experiences with different residents and staff. This info is here to help get an overview of previous experiences to get at least *some* idea of the program's culture. Still, applicants must use prudence to determine when, where, and how to broach certain subjects. If you are considering applying to OBGYN, contact us for more information: <https://conscienceinresidency.com/contact/>

In residency, the ACGME recognizes you have the right to opt-out of abortions and contraception in this document. https://www.acgme.org/globalassets/pfassets/programresources/220_obgyn_abortion_training_clarification.pdf

| | | | | | | | |
|---------|------------|--------|--|--|--|--|---|
| ALABAMA | USA Health | Mobile | | | | | 20-21 Season: PD very appreciative of transparency, said would not be a problem at her program. Although a few residents are interested in abortion training, and PD appears to be pro-choice. '23-'24 Season: PD said they had worked with an OB/GYN fellow before who was FABMs-only and that she would be willing to work with a resident who practiced the same way. However, the residents were less friendly and purportedly believed "Catholics shouldn't be OBs because they won't prescribe contraception." |
|---------|------------|--------|--|--|--|--|---|

| | | | | | | | |
|---------|--------------------------------------|------------|--|--|--|--|---|
| ALABAMA | University of Alabama Medical Center | Birmingham | | | | | 22-23: I think there was a small head nod that you can do as much family planning training as you'd like to. Also, in the interview they celebrated a physician at their institution who was going out of her way to help with abortion care after the Dobbs case when Alabama's trigger law took effect. |
|---------|--------------------------------------|------------|--|--|--|--|---|

| | | | | | | | | | |
|---------|---|---------|--|--|--|--|--|--|--|
| ARIZONA | Creighton University School of Medicine (Phoenix) | Phoenix | | | | | | | 2013: Program director seemed open to having an NFP-only resident. Napros doc Kyle Beiter graduated here in 2008. Napro Dr Sarah Bascale in 2016. No other info '20-'21 Season: Ryan program that works closely with local PP. Opt-out abortion training program and proud of transgender clinic. Although, APD genuinely said you would not be discriminated against here and said that they were able to graduate a resident NFP a few years ago- likely Sarah Bascale 2016. NFP only might be able to work here since it is such a large program. |
|---------|---|---------|--|--|--|--|--|--|--|

| | | | | | | | | | |
|---------|----------------------------|---------|--|--|--|--|--|--|--|
| ARIZONA | Dignity Health East Valley | Gilbert | | | | | | | 24-'25: Residents who opt-out of family planning rotation spend one month with NaPro / NFP-only provider who is considered core faculty. However, when asked if a NFP/FABM-only resident would be supported, PD was very vague and seemed frustrated when I told her the things I could do (counsel, take on other tasks). '24-'25: Brand new program (accredited Sept 2024) at a Catholic hospital. Mentioned in welcome session they're friendly to conscience objections. NaPRO physician on staff. Can opt-out of Family Planning rotations and instead rotate with her for two months. |
|---------|----------------------------|---------|--|--|--|--|--|--|--|

[illegible]

| | | |
|---------|---|--------|
| ARIZONA | University of Arizona College of Medicine, Tucson | Tucson |
|---------|---|--------|

| | | |
|--|-----------------|--|
| | Medicine-Fulson | |
| | | |

| | | |
|----------|--|-------------|
| ARKANSAS | University of Arkansas for Medical Sciences (UAMS) College of Medicine | Little Rock |
|----------|--|-------------|

| | | |
|------------|---------------------------------|-------------|
| CALIFORNIA | Adventist Health White Memorial | Los Angeles |
|------------|---------------------------------|-------------|

not do elective abortions.

| | | |
|------------|-----------------------------------|--------|
| CALIFORNIA | Arrowhead Regional Medical Center | Colton |
|------------|-----------------------------------|--------|

| | | |
|------------|-----------------------------|-------------|
| CALIFORNIA | Cedars-Sinai Medical Center | Los Angeles |
|------------|-----------------------------|-------------|

| | | |
|------------|--------------------------|-----------|
| CALIFORNIA | HCA Healthcare Riverside | Riverside |
|------------|--------------------------|-----------|

| | | |
|------------|--|---------|
| CALIFORNIA | Kaiser Permanente Northern California (Oakland) | Oakland |
|------------|--|---------|

| | | |
|------------|--|---------------|
| CALIFORNIA | Kaiser Permanente Northern California (San Francisco) | San Francisco |
|------------|--|---------------|

| | | |
|------------|--|-------------|
| CALIFORNIA | Kaiser Permanente Northern California (Santa Clara) | Santa Clara |
|------------|--|-------------|

| | | |
|------------|---------------------|-------------|
| CALIFORNIA | Kern Medical Center | Bakersfield |
|------------|---------------------|-------------|

| | | | | | | | | | | | | |
|------------|---|------------|--|--|--|--|--|--|--|--|--|--|
| CALIFORNIA | Loma Linda University Health Education Consortium | Loma Linda | | | | | | | | | | <p>2016: Listed on http://medicalmatins.blogspot.com/ as friendly to NFPP-only residents from a historical applicant.</p> <p>'19-'20 Season: Very poor experience. Resident giving tour talked about abortion opportunities nearly the entire time. Loma Linda Hospital does medical terminations. The PD told me that it would be hard to get my numbers and that we would have to educate the entire staff on why I would choose to practice this way, as they've likely never heard of it.</p> <p>'22-'23: The residents were obsessed with assuring us that we'd still get to do some abortions (medical indications for terminal pregnancies) and there were appropriate places to go for transgender health (at Riverside Community hospital). I found this very disappointing. However, I noted that the faculty didn't seem to push this and I think it was just a recruiting tactic the residents were using since the other med students being interviewed really wanted to talk about it. I think that it would still be easy to get overall conscientious protection for one's beliefs here as there is a strong Christian presence in other departments at Loma Linda.</p> |
|------------|---|------------|--|--|--|--|--|--|--|--|--|--|

| | | |
|------------|---|----------|
| CALIFORNIA | Los Angeles County-Harbor-UCLA Medical Center | Torrance |
|------------|---|----------|

| | | |
|------------|--------------------------------|-----------|
| CALIFORNIA | Marian Regional Medical Center | Santa Mar |
|------------|--------------------------------|-----------|

| | | |
|------------|----------------------|-----------|
| CALIFORNIA | Naval Medical Center | San Diego |
|------------|----------------------|-----------|

| | | |
|------------|-----------------------------------|----------|
| CALIFORNIA | Santa Clara Valley Medical Center | San Jose |
|------------|-----------------------------------|----------|

OBGYN RESIDENCIES FRIENDLY TO CONSCIENCE DECISIONS

| Updated 4/30/24 | Green Denotes Current Resident | | | | | | | | | | | | | | | If you are considering OB/GYN or have information to add to the document, reach out to us! https://conscienceinresidency.com/contact/ | | | |
|-----------------|--|----------------|------|------|------|------|------|------|------|------|------|------|------|------|---|---|--|--|--|
| State | Program | City | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 | 2024 | 2025 | 2026 | 2027 | 2028 | 2029 | Comments (with date of information) | | | | |
| CALIFORNIA | Southwest Healthcare Medical Education Consortium | Temecula | | | | | | | | | | | | | | | | | |
| CALIFORNIA | Stanford Health Care-Sponsored Stanford University | Palo Alto | | | | | | | | | | | | | | | | | |
| CALIFORNIA | UCLA David Geffen School of Medicine/UCLA Medical Center | Los Angeles | | | | | | | | | | | | | | | | | |
| CALIFORNIA | University of California Davis Health | Sacramento | | | | | | | | | | | | | | | | | |
| CALIFORNIA | University of California (Irvine) | Irvine | | | | | | | | | | | | | | | | | |
| CALIFORNIA | University of California (San Diego) Medical Center | La Jolla | | | | | | | | | | | | | | | | | |
| CALIFORNIA | University of California (San Francisco) | San Francisco | | | | | | | | | | | | | 17-'18 Online Applicant Guide: "The UCSF OB/GYN Residency Program is THE preeminent Family Planning Residency Program in the country." "UCSF proudly and unabashedly advocates for reproductive justice and women's access to reproductive healthcare" (aka elective terminations) "[Residents] will be proficient in the discussion and prescription of all forms of contraception." | | | | |
| CALIFORNIA | University of California (San Francisco) /Fresno | Fresno | | | | | | | | | | | | | | | | | |
| CALIFORNIA | University of Southern California/LAC+USC Medical Center | Los Angeles | | | | | | | | | | | | | 22-'23 Season: PD said in a follow up email that residents can opt out of provision of any aspect of family planning per the ACGME 2017 statement on this, but are required to counsel patients on all their options. Note that this program overall is incredibly pro-choice with an overwhelming number of residents each year performing elective abortions. While dept is generally inclusive, it would likely be very difficult culturally. | | | | |
| COLORADO | Saint Joseph Hospital | Denver | 0 | 0 | 0 | 0 | | | | | | | | | 17-'18 Season: No NFP residents, but PD said they could possibly accommodate. '18-'19 Season: PD apologized for being Catholic hospital in presentation, but in interview said they could possibly accommodate. However, candidate with good stats and personal connections to area did not match here | | | | |
| COLORADO | University of Colorado | Aurora | | | | | | | | | | | | | 23-'24: may opt out of performing [termination] rotations but still must do family planning rotation and go to plan parenthood to learn about the procedures and counsel patients. [contraception not discussed] | | | | |
| CONNECTICUT | Bridgeport Hospital/Yale University | Bridgeport | | | | | | | | | | | | | | | | | |
| CONNECTICUT | Danbury Hospital | Danbury | | | | | | | | | | | | | | | | | |
| CONNECTICUT | St Francis Hospital and Medical Center | Hartford | 0 | 0 | 0 | 0 | | | | | | | | | 17-'18 Season: Assistant PD was supportive, but currently no NFP residents '17-'18 Season: Technically 'Catholic' program which prescribes birth control in theirclinic. PD however said that they are supportive of NFP-only residents. PD said during presentation that he feels that we should go to outside rotation to counsel for terminations but we can opt out if we chose. At least one resident expressed dissatisfaction with the restrictions in family planning services because the hospital was Catholic. 2015: Catholic hospital with a big orthodox jewish presence. A lot of the patients are very conservative so the PD understood my beliefs. He was willing to work with me and even encouraged research in the area of NFP. '21-'22 Season: very loosely follows catholic ERDs and residents and program directors openly advertise they will find opportunities for you to perform sterilizations/terminations etc. Not very friendly to other viewpoints. I did not get a session with the PD in my interview so I followed up with an email but have not heard back. '23-'24 Season: PD said such applicants would be supported here. PD spoke with residents who were also supportive. Culture did not appear supportive, though. Catholic hospital but does not follow ERDs. | | | | |
| CONNECTICUT | Stamford Hospital/Columbia University College of Physicians and Surgeons | Stamford | | | | | | | | | | | | | | | | | |
| CONNECTICUT | University of Connecticut | Farmington | | | | | | | | | | | | | | | | | |
| CONNECTICUT | Yale-New Haven Medical Center | New Haven | | | | | | | | | | | | | | | | | |
| DC | George Washington University | Washington | | | | | | | | | | | | | | | | | |
| DC | Howard University | Washington | | | | | | | | | | | | | | | | | |
| DC | MedStar Health/Washington Hospital Center | Washington | 0 | | | | | | | | | | | | 2015: no longer Georgetown, this program now serves an amalgamation of three hospitals and lays emphasis on ACOG's way of doing this, including prescription of contraception. An NFP-only interviewee was told by then-current residents on interview day that not prescribing contraceptives "would not work." Culture seemed to confirm this. No info from PD. '24-'25: WHC has abortions until birth (no limit by gestational age in DC), but no abortions at other hospitals you rotate at. Residents have pro-family planning culture. Required rotation at planned parenthood. Rotation in adolescent GYN. Some faculty very supportive of conscientious objectors, others very unsupportive. Per one faculty member, can opt-out of abortions. No interview with PD so unknown if can opt out of prescribing contraception/sterilizations. | | | | |
| DELAWARE | Christiana Care Health Services | Newark | | | | | | | | | | | | | PD said NFP-only would be supported here (can do as much or as little as you want). A few faculty are very passionate about family planning. Found out program ranked me in the bottom half of their list, despite having excellent scores/grades, great interview, and ties to the area, so unsure how supportive they actually are. | | | | |
| FLORIDA | AdventHealth Florida (Orlando) | Orlando | | | | | | | | | | | | | | | | | |
| FLORIDA | AdventHealth Florida (Tampa) | Tampa | | | | | | | | | | | | | 23-'24 Season: New program as of this cycle. PD is building a mission-focused culture at this program. Likely supportive. '24-'25: New innovative program with faith-driven mission. Very very open to prolife applicants and non-prescribers. PD seems to be a kind, enthusiastic, and faith-filled man. Was present at annual AAPLOG conference. | | | | |
| FLORIDA | Bayfront Health St Petersburg | St. Petersburg | | | | | | | | | | | | | 20-'21 Season: PD said this was the first time a request like this has been made, asked to reiterate non-prescribing/NFP beliefs multiple times, said it would not be a problem but did not seem genuine. | | | | |

OBGYN RESIDENCIES FRIENDLY TO CONSCIENCE DECISIONS

[illegible]

OBGYN RESIDENCIES FRIENDLY TO CONSCIENCE DECISIONS

| Updated 4/30/24 | Green Denotes Current Resident | | | | | | | | | | | | | | If you are considering OB/GYN or have information to add to the document, reach out to us! https://conscienceinresidency.com/contact/ | | | | |
|-----------------|---|-----------------|------|------|------|------|------|------|------|------|------|------|------|------|--|--|--|--|--|
| State | Program | City | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 | 2024 | 2025 | 2026 | 2027 | 2028 | 2029 | Comments (with date of information) | | | | |
| GEORGIA | HCA Healthcare/Mercer University School of Medicine/Memorial Health University Medical Center | Savannah | 0 | 0 | 0 | 0 | | | | | | | | | 17-'18 Season: PD stated that he would have no problem with NFP-only resident (unsure if this is a genuine answer or a legal-protection answer). However, there are no other NFP-only residents, and 11 of the 16 residents do elective abortions '21-'22 Season: Do not have a FP rotation. Have 1-2 rotations during 3rd and 4th year. All residents have gone to private practice, MFM, or Onc fellowship so none have gone onto FP or REI. | | | | |
| GEORGIA | Medical College of Georgia | Augusta | | | | | | | | | | | | | 19-'20 Season: There is no current Ryan Family Planning program here, although the dept. chair mentioned they are working to build one. They offer abortion training in the community setting for those who want that training. Georgia is notorious for restrictive abortion laws, but the chair takes students to the state capital to lobby for women's rights. The Program Director is stepping down after this year and the associate program director will take his place next year. I'm not sure what her views or platform is regarding abortion or prescribing. I do think this is a more conservative area as well, and would likely be an environment where a non-prescribing OB/GYN or resident holding conscientious objection would be supported. I can't speak to specifics though, especially with leadership in flux. Also, of note, there were a lot of residents that were married with kids - very family friendly culture there '22-'23: Interview day- faculty and residents seemed to generally be open to residents with various perspectives on ethical issues in ObGyn. Had great conversation over the phone with PD after my interview in which she said not prescribing contraceptives would not affect where she would put me on the rank list but she wanted to confirm with colleagues that it would be ok. I followed up via email thereafter and I never received a response. Disappointing, but fair to assume the department as a whole is not open to FABM-only residents. | | | | |
| GEORGIA | Morehouse School of Medicine | Atlanta | | | | | | | | | | | | | | | | | |
| GEORGIA | Wellstar Health System/Wellstar Kennestone Regional Medical Center | Marietta | | | | | | | | | | | | | | | | | |
| HAWAII | University of Hawaii | Honolulu | | | | | | | | | | | | | | | | | |
| HAWAII | Tripler Army Medical Center | Honolulu | | | | | | | | | | | | | | | | | |
| ILLINOIS | Advocate Health Care/Advocate Illinois Masonic Medical Center | Chicago | | | | | | | | | | | | | | | | | |
| ILLINOIS | Advocate Health Care/Advocate Lutheran General Hospital | Park Ridge | | | | | | | | | | | | | 2015: PD at the time trained at Presence St. Francis Hospital in Evanston, IL. He was Catholic and aware of the faith based practice. Supportive. '23-'24 Season: The program highlighted their abortion training during the interview. Just started a FP rotation at a hospital in Chicago that does late term abortions. Spoke with PD following interview who was worried applicant would not hit their numbers. Do not think this program would be supportive. | | | | |
| ILLINOIS | Ascension Illinois/Saint Alexius | Hoffman Estates | 0 | 0 | 0 | 0 | | | | | | | | | 17-'18 Season: PD stated that he would have no problem with NFP-only resident (unsure if this is a genuine answer or a legal-protection answer). There are no other NFP-only residents, and they perform 2nd trimester abortions at the secondary hospital where residents are expected to work. Other residents seem open to having an NFP-only resident. Dr Theresa Stigen was an NFP-only resident here 2004-2008 and later completed Napro Fellowship. She has expressed difficulty being NFP-only here, but much could have changed since 2008. '19-'20 Season: Probably would not be supportive, some of the current residents were planning on family planning fellowships. They seemed very apologetic about being a Catholic institution and promised that most time would be spent in different hospitals so contraception and abortion training would be available. I did not specifically ask the interviewers if they would be supportive (two interviews with an attending and resident so no face to face time with the PD) '21-'22 Season: Go to 6 hospitals and interact with hundreds of attendings so chances are pretty slim you'd be able to tailor or opt out of any FP training although most of those hospitals are Catholic affiliated. However, the residents were the most burnt out folks I had ever seen. [non-prescribers not discussed] | | | | |
| ILLINOIS | Ascension Illinois/Saint Joseph (Chicago) | Chicago | 0 | | | | | | | | | | | | 2015: At interview made many apologies for Catholic status and explained how "full scope" of women's care could be made available, especially contraception. Wavered when asked at interview whether they were open to NFP-only residents. Unclear territory. | | | | |
| ILLINOIS | Carle Foundation Hospital | Urbana | | | | | | | | | | | | | | | | | |
| ILLINOIS | Loyola University Medical Center | Maywood | | | | | | | | | | | | | 2015: Very pro-abortion program (abortion month at Planned Parenthood is opt-out) 2015: The PD was not very supportive, but there was a faculty member who practiced the Marquette Method with her patients and faithfully practiced as a Catholic. '22-'23 Season: They clearly stated that they would support whatever you are comfortable with when they send you to Ullinois for the family planning rotation. I think this was more so in the context of abortion and not necessarily with contraceptives. Transgender health did not come up. | | | | |
| ILLINOIS | McGaw Medical Center of Northwestern University | Chicago | | | | | | | | | | | | | | | | | |
| ILLINOIS | Mount Sinai Hospital Medical Center of Chicago | Chicago | 0 | | | | | | | | | | | | 2015: all FMGs and were not open to NFP-only ideas. | | | | |
| ILLINOIS | Rush University Medical Center | Chicago | | | | | | | | | | | | | | | | | |
| ILLINOIS | Southern Illinois University | Springfield | | | | | | | | | | | | | 19-'20 Season: Not welcoming. The PD seemed very shocked when I asked about opting out of sterilizations- to the point I didn't even address OCPs. Residents are very involved in "abortion advocacy" | | | | |
| ILLINOIS | University of Chicago | Chicago | | | | | | | | | | | | | 23-'24: Full scale family planning rotation but PD stated in interview day residents are welcome to opt out [contraception not discussed] | | | | |
| ILLINOIS | University of Illinois College of Medicine at Chicago | Chicago | | | | | | | | | | | | | | | | | |

OBGYN RESIDENCIES FRIENDLY TO CONSCIENCE DECISIONS

| Updated 4/30/24 | Green Denotes Current Resident | | | | | | | | | | | | | | | If you are considering OB/GYN or have information to add to the document, reach out to us! https://conscienceinresidency.com/contact/ | | | |
|-----------------|--|---------------|------|------|------|------|------|------|------|------|------|------|------|------|---|--|--|--|--|
| State | Program | City | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 | 2024 | 2025 | 2026 | 2027 | 2028 | 2029 | Comments (with date of information) | | | | |
| ILLINOIS | University of Illinois College of Medicine at Peoria | Peoria | 0 | 1 | 0 | 0 | 1 | 1 | 0 | | | | | | 2017: NFP only resident graduated *17-'18 Season: Napro is mentioned on the residency website, as you get to train with Dr Stalling! However, the PD is not wild about the idea of NFP-only residents. Still, there is a current NFP-only PGY3 who loves the program, and Dr Naomi Whittaker graduated here and loved the program also. Dr Whittaker is very open to talking to anyone interested in OB/GYN, so feel free to contact her! (If you need her contact info, contact website administrators!) | | | | |
| | | | | | | | | | | | | | | | 2018: Very Catholic hospital that follows strict ERDs. You are under no pressure at all practicing as a faithful Catholic. Our main resident clinic does not prescribe any contraception. *18-'19 Season: Hospital follows ERDs, PD was supportive when I asked about accomodating in interview. *19-'20 Season: One of the faculty told me that he would personally support me. PD said that I would be supported. *22-'23: Resident graduated from here recently who was a contraceptive non-prescriber. One faculty member told me that so long as I was willing to go to the contraceptive clinic and counsel, not prescribing shouldn't be an issue. PD said the same thing. Most of training is at a Catholic hospital so hospital infrastructures support non-prescribers. While faculty are open to such residents they don't seem to be super supportive/love the idea of contraceptive non-prescribers. *23-'24 Season: New PD as of this cycle. Hx of FABM-only residents. PD was open to such applicants and willing to discuss further. They do have one faculty who is strongly pro-choice and asked applicants directly during the interview about willingness to prescribe and perform sterilizations. *24-'25: Main hospital doesn't prescribe OCPs/perform postpartum tubals. Was told can easily opt out of sterilizations. PD/APD very supportive and spoke of previous FABM-only residents successful at the program. Residents seem to generally dislike fact the hospital is Catholic since contraceptive care/tubals are more difficult to do. | | | | |
| INDIANA | Ascension St Vincent Hospital Indianapolis | Indianapolis | 0 | 0 | 0 | 0 | | | | | | | | | Napro Dr. Angela Beale Martin graduated from here in 2013, but she didnt become NFP-only until PGY3. NO DATE OF INFO (posted Jan 2018): My interview made me feel uncomfortable as an NFP only applicant. Would not recommend. *19-'20 Season: PD was very supportive and stated that although they have not had an NFP only resident during his time at St. Vincent, they have had one in the past. He genuinely didn't feel that would be an issue and was very supportive during interview. PD stated he did not feel comfortable prescribing the morning after pill while he went through residency so understood where I was coming from. Very good vibe. *19-'20 Season: PD said that he discussed NFP with residents and they concluded that since it's a Catholic hospital, they would be okay with a resident practicing NFP-only. *23-'24 Season: PD was supportive of FABM-only practices when asked. FM residents rotate with the program and routinely have FABM-only residents. Resident and attending culture, though, is very pro-choice. | | | | |
| INDIANA | Indiana University School of Medicine | Indianapolis | | | | | | | | | | | | | NO DATE OF INFO (posted Jan 2018): Very pro-abortion. | | | | |
| INDIANA | Parkview Health | Fort Wayne | | | | | | | | | | | | | 23-'24 Season: New program as of this cycle. PD strongly questioned reasoning behind FABM-only practices. Do not believe this program would be supportive. *23-'24 Season: PD told me via email follow-up to my question during the interview that it would be "extremely difficult" to allow a trainee to 'opt-out' of prescribing contraception/performing sterilizations and that the faculty with whom he discussed the issue felt it "would not be fair to ask one of your colleagues to follow behind you and perform those tasks." | | | | |
| IOWA | University of Iowa Hospitals and Clinics | Iowa City | | 0 | 0 | 0 | 0 | | | | | | | | 18-'19 Season: Ryan program, heavy on abortions and LARCs. PD said would not work. "It isn't that we don't want to accommodate your beliefs, but it would put extra work on the other residents which wouldn't be fair." *22-'23: (rural track & categorical) One can conscientiously object to abortions here, but definitely a pro-choice Ryan Residency program culture. NFP or the desire to avoid certain REI and transgender health aspects would not be tolerated well here. | | | | |
| KANSAS | HCA Healthcare Kansas City/Overland Park Regional Medical Center | Overland Park | | | | | | | | | | | | | 23-'24: New program; opt-out family planning rotation; very genuine PD; program is dedicated to nurturing resident interests; has not previously had a resident with conscience protections (sterilization & contraception) but willing to accommodate if the resident is a hard-worker and willing to counsel patients on all options *24-'25: PD stated openness to non-prescribers. Hard to get a gauge on other faculty and residents. Residents spoke highly of Planned Parenthood rotation as it gave them "high volume." | | | | |
| KANSAS | University of Kansas School of Medicine | Kansas City | | | | | | | | | | | | | | | | | |
| KANSAS | University of Kansas (Wichita) | Wichita | | | | | | | | | | | | | 15-'16 Interview Season: Residents specifically asked about NFP as it was in my application. This "pretty much shut down the interview" as they were not impressed. *19-'20 Season: The PD and Chair seemed very supportive of opting out of sterilizations and similar procedures. *19-'20 Season: PD said "We wouldn't want to make you do anything you didn't want to do." My impression is that they would not be supportive. *23-'24: Recent graduate with conscience protections mid-way through residency and is still involved with the program; recently added an opt-out Planned Parenthood rotation; most of the residents wear IUDs and pride flags on their badges; PD and APD were willing to accommodate conscience protections (sterilization & contraception) if I pulled most of the weight to help with the logistics and counseled patients on all options | | | | |
| KENTUCKY | University of Kentucky College of Medicine (Bowling Green) | Bowling Green | | | | | | | | | | | | | | | | | |
| KENTUCKY | University of Kentucky College of Medicine | Lexington | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | | | | 20-'21 Season: Via email, PD was willing to accommodate. Discussed specifics of how it could work; she had thoughtful/practical questions/responses. Said if I matched there she would want to write out guidelines for this since I would be the first non-prescribing resident. Could possibly work here. | | | | |
| KENTUCKY | University of Louisville School of Medicine | Louisville | 0 | 0 | 0 | 0 | | | | | | | | | 2017: Ryan program. Intern inserts nexplanons almost daily in postpartum patients. I know when NFP med student interviewed last year PD said she thought they could work something out, but from just spending a lot of time in the program I'm wondering how they really would be able to make it work. Great compassionate faculty and residents who care about patients and just happen to have different views than us, so maybe they would be able to respect where we are coming from if presented in the right light. Overall though, I think it's a great program and I get along with the residents very well. It's a pity that I think it would be very hard to be NFP only here. *23-'24 Season: PD was worried that NFP-only applicants would disrupt workflows and patient access. Do not believe program is supportive. | | | | |

OBGYN RESIDENCIES FRIENDLY TO CONSCIENCE DECISIONS

| | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--|------------------|------|------|------|------|------|------|------|------|------|------|------|------|---|--|--|---|--|--|--|--|--|--|
| Updated 4/30/24 | Green Denotes Current Resident | | | | | | | | | | | | | | | | | If you are considering OB/GYN or have information to add to the document, reach out to us! https://conscienceinresidency.com/contact/ | | | | | | |
| State | Program | City | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 | 2024 | 2025 | 2026 | 2027 | 2028 | 2029 | Comments (with date of information) | | | | | | | | | |
| LOUISIANA | Louisiana State University (Baton Rouge) | Baton Rouge | | | | | | | | | | | | | 2016: Listed on http://medicalmatins.blogspot.com/ as friendly to NFP-only residents from a historical applicant. '19-'20 Season: PD was respectful and supportive of the idea of having an NFP only resident. '19-'20: Interview dinner at PD's house and I saw a large crucifix in her living room. Talked to PD and she confirmed she's Catholic. Hospital is secular. Possibly would be easier to bring up being NFP-only here, but I didn't bring it up. '23-'24: currently not a ryan program but program coordinator says they want to start up more access to out of state training in the future. Only know of two residents who actively pursued abortion training. Otherwise not expected at the program. [contraception not discussed] | | | | | | | | | |
| LOUISIANA | Louisiana State University | New Orleans | | | | | | | | | | | | | 23-'24: Ryan program, has out of state FP rotation for two weeks, but opt out friendly. [contraception not discussed] | | | | | | | | | |
| LOUISIANA | Louisiana State University (Shreveport) | Shreveport | 0 | 0 | 0 | 0 | 0 | | | | | | | | 17-'18 Season: PD and others somewhat hesitant about the possibility NFP-only resident. PD stated that being NFP-only could work, but that there may be difficulty when working at the off-site hospital in Monroe, when you are the only resident at night. '19-'20 Season: Unsure, was unable to address this during interview. '19-'20 Season: Very uncomfortable interview. Would not recommend. | | | | | | | | | |
| LOUISIANA | Ochsner Clinic Foundation | New Orleans | | | | | | | | | | | | | 21-'22 Season: Seemed NFP friendly. Their patient population is largely Catholic and more conservative so shouldn't have too much issue training here. They do have a FP rotation, but did not seem to place emphasis on it. | | | | | | | | | |
| LOUISIANA | Tulane University | New Orleans | | | | | 0 | 0 | 0 | 1 | 1 | | | | 2016: Listed on http://medicalmatins.blogspot.com/ as friendly to NFP-only residents from a historical applicant. '19-'20 Season: Unsure. I did not explicitly ask. They seemed to emphasize that there was time to go to Mass on Sundays so I wouldn't miss out but that they were also very involved in "Advocacy" (i.e. abortions for all). They are starting a transgender clinic for OBGYN residents as well as the opportunity to be involved in sex change procedures, but I am unsure if these are opt-in/ opt-out situations. '20-'21 Season: PD said no contraception/tubals would not be a problem at all and felt that other residents would be understanding; felt work flow is reasonable for non-prescribing. She herself does not do terminations or place IUDs due to her religious beliefs, and only infrequently does tubals. Have had one resident in the past who did not do tubals. '21-'22: They currently have a pro-life resident whom I have not gotten in contact yet. I also have not gotten chance to contact PD. '24-'25: PD said NFP-only supported there. Current third and fourth years are NFP-only and other residents have no problem writing contraception prescriptions for them. | | | | | | | | | |
| MAINE | Maine Medical Center | Portland | | 0 | 0 | 0 | 0 | 1 | 0 | 0 | | | | | 18-'19 Season: PD said could accommodate (in interview). Catholic resident graduated in approx. 2012. | | | | | | | | | |
| MARYLAND | Anne Arundel Medical Center | Annapolis | | | | | | | | | | | | | 21-'22 Season: Strong FP curriculum. Faculty and residents go to capitol hill to lobby for pro-choice issues! [non-prescribers not discussed] | | | | | | | | | |
| MARYLAND | Johns Hopkins University | Baltimore | | | | | | | | | | | | | | | | | | | | | | |
| MARYLAND | Sinai Hospital of Baltimore | Baltimore | | | | | | | | | | | | | | | | | | | | | | |
| MARYLAND | University of Maryland | Baltimore | | | | | | | | | | | | | 22-'23: PD responded via email saying that family planning and contraceptives are "integral" parts of their residency curriculum. Multiple faculty and residents asked me during interview questions regarding abortion. Clearly a very pro-choice program. | | | | | | | | | |
| MARYLAND | National Capital Consortium/Uniformed Services U | Bethesda | | | | | | | | | | | | | | | | | | | | | | |
| MASSACHUSETTS | Beth Israel Deaconess Medical Center | Boston | | | | | | | | | | | | | | | | | | | | | | |
| MASSACHUSETTS | Boston University Medical Center | Boston | | | | | | | | | | | | | | | | | | | | | | |
| MASSACHUSETTS | Mass General Brigham/Brigham and Women's Hospital/Massachusetts General Hospital | Boston | | | | | | | | | | | | | | | | | | | | | | |
| MASSACHUSETTS | Tufts Medical Center | Boston | | | | | | | | | | | | | 23-'24: Can opt out of abortion procedures but still have to counsel patients on abortions [contraception not discussed] | | | | | | | | | |
| MASSACHUSETTS | UMass Chan - Baystate | Springfield | | | | | | | | | | | | | | | | | | | | | | |
| MASSACHUSETTS | UMass Chan Medical School | Worcester | | | | | | | | | | | | | | | | | | | | | | |
| MICHIGAN | Ascension Genesys Hospital | Grand Blanc | | | | | | | | | | | | | | | | | | | | | | |
| MICHIGAN | Ascension Macomb-Oakland Hospital | Warren | | | | | | | | | | | | | | | | | | | | | | |
| MICHIGAN | Ascension Providence/MSUCHM | Southfield | | | | | | | | | | | | | | | | | | | | | | |
| MICHIGAN | Ascension St John Hospital | Detroit | | | | | | | | | | | | | 17-'18 Season: Bringing up NFP was EXTREMELY awkward. PD repeatedly made the point throughout the day that the Catholic identity of the hospital was its only draw back and that they didn't let that prevent them from doing anything, this program is really working on building up its FP (family planning / abortion) elective | | | | | | | | | |
| MICHIGAN | Central Michigan University College of Medicine | Saginaw | 0 | 0 | 0 | 0 | | | | | | | | | 17-'18 Season: No NFP residents, but PD said they could possibly accommodate '17-'18 Season: PD said NFP was ok, but seemed disapproving as she counseled me that my education and skill set would be lacking as a result. | | | | | | | | | |
| MICHIGAN | Corewell Health – Grand Rapids/Michigan State University | Grand Rapids | | | | | | | | | | | | | 18-'19: PD said could accommodate (in interview). '19-'20 Season: Very malignant program. I had to explain several times to the PD how I would like to practice. She said that she would have to send me to a satellite hospital alone. | | | | | | | | | |
| MICHIGAN | Corewell Health East Beaumont (Dearborn) | Dearborn | | | | | | | | | | | | | | | | | | | | | | |
| MICHIGAN | Corewell Health East Beaumont (Farmington Hills) | Farmington Hills | | | | | | | | | | | | | | | | | | | | | | |
| MICHIGAN | Corewell Health East Beaumont (Royal Oak) | Royal Oak | | | | | | | | | | | | | | | | | | | | | | |
| MICHIGAN | Corewell Health East Beaumont (Trenton) | Trenton | | | | | | | | | | | | | | | | | | | | | | |

OBGYN RESIDENCIES FRIENDLY TO CONSCIENCE DECISIONS

| Updated 4/30/24 | Green Denotes Current Resident | | | | | | | | | | | | | | | If you are considering OB/GYN or have information to add to the document, reach out to us! https://conscienceinresidency.com/contact/ | | | | |
|-----------------|---|------------------|------|------|------|------|------|------|------|------|------|------|------|------|--|--|--|--|--|--|
| State | Program | City | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 | 2024 | 2025 | 2026 | 2027 | 2028 | 2029 | Comments (with date of information) | | | | | |
| MICHIGAN | Detroit Medical Center/Wayne State University | Detroit | | | | | | | | | | | | | 17-'18 Season: PD seemed very open to NFP-only resident, stated resident could go to didactics instead of FP (family planning / abortion) elective, but the residents told me that you still have to physically go to the termination clinic, you just don't have to actually do the terminations- so a little confusing? '20-'21 Season: Ryan program. Unsure about extent you are allowed to opt out of FP rotation. Did not directly address non-prescribing. | | | | | |
| MICHIGAN | Henry Ford Health/Henry Ford Hospital | Detroit | | | | | | | | | | | | | | | | | | |
| MICHIGAN | Henry Ford Health/Henry Ford Macomb Hospital | Clinton Township | | | | | | | | | | | | | | | | | | |
| MICHIGAN | Henry Ford Health/Henry Ford Wyandotte Hospital | Wyandotte | | | | | | | | | | | | | | | | | | |
| MICHIGAN | Hurley Medical Center/Michigan State University | Flint | | | | | | | | | | | | | | | | | | |
| MICHIGAN | McLaren Health Care/Greater Lansing/MSU | Lansing | | | | | | | | | | | | | | | | | | |
| MICHIGAN | McLaren Health Care/Macomb/MSU | Mount Clemens | | | | | | | | | | | | | | | | | | |
| MICHIGAN | Sparrow Hospital/Michigan State University | Lansing | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | | | | | 17-'18 Season: PD seemed very willing to accommodate, asked if I would place an IUD for non contraceptive purposes' '20-'21 Season: PD was super nice / helpful / willing to discuss how this would work in their program. PD previously worked in a private practice with a non-prescribing physician so was aware of the practice. Acknowledged that Sparrow has never had a resident who didn't prescribe before but felt that if you were proactive and a hard worker it may work. She felt that probably around half of the attendings don't do terminations so may be friendlier territory; she herself does not do terminations. No FP month. '23-'24 Season: New PD as of this cycle. Very unsupportive. Questioned every FABM-only practice and how it would disrupt their workflow and overall patient access. Said such applicants would be best served at another program. | | | | | |
| MICHIGAN | Trinity Health Ann Arbor Hospital | Ypsilanti | 0 | 0 | 0 | 0 | | | | | | | | | 17-'18 Season: No NFP residents, but PD said they could possibly accommodate '17-'18 Season: Best response here. PD was sincere and very very willing to work with you and brainstorm. Hospital does do tubals and prescribe BC on campus. No FP (family planning / abortion) elective as of now, but they are working on adding one. '17-'18 Season: PD stated the program would be open to accomidating a resident who did not do LARCs '20-'21 Season: PD: "This is a catholic institution so I would feel disingenuous if I said you had to do tubals/contraception." Unsure how sincere. Hospital does tubals / contraception for "medical indications" and if they don't have a medical indication they take pts to PD's private clinic to provide. Overall liberal culture. 2 wks of FP at Univ of Michigan. | | | | | |
| MICHIGAN | Trinity Health Muskegon | Muskegon | | | | | | | | | | | | | | | | | | |
| MICHIGAN | Trinity Health Oakland/Wayne State University | Pontiac | | | | | | | | | | | | | | | | | | |
| MICHIGAN | University of Michigan Health System | Ann Arbor | | | | | | | | | | | | | 18-'19: Ryan program. PD stated could accommodate (by email). '22-'23: I got the impression that they are supportive of people with multiple backgrounds and beliefs here. One would need to be comfortable with being in a program that regularly does all aspects of family planning (including abortion care), LGBTQ health, etc but they also said there are plenty of elective opportunities to do the things you are interested in. I didn't get any pushy pro-choice questions on my interview day that made me feel like I had to hide my faith. | | | | | |
| MICHIGAN | University of Michigan Health-West | Wyoming | | | | | | | | | | | | | | | | | | |
| MICHIGAN | Western Michigan University Homer Stryker MD School of Medicine | Kalamazoo | | | | | | | | | | | | | 17-'18 Season: PD stated that being NFP-Only "won't affect your training", reasonably open to it, but also seemed very supportive of FP (family planning / abortion) opportunities for her residents. '21-'22 Season: 2nd year has FP block and they are in the process of adding more FP rotations. Program currently in a huge faculty transition having a large unexpected overturn of administrative faculty so things may change. [non-prescribers not discussed] | | | | | |
| MINNESOTA | Mayo Clinic College of Medicine and Science (Rochester) | Rochester | | | | | | | | | | | | | 18-'19 Season: PD said would need to discuss with department, and called me back to say they could not accommodate NFP only. '22-'23: They quietly do abortion care in first trimester and for medical indications (terminal pregnancies) in subsequent trimesters. Not advertised as I suspect this would not go well with the typical international Mayo clientele. This definitely isn't an issue that is pushed in their program though and one interviewer told me that they try to be respectful of people with all different beliefs on this issue. | | | | | |
| MINNESOTA | University of Minnesota | Minneapolis | 0 | 0 | 0 | 0 | 0 | | | | | | | | 2016: Listed on http://medicalmatins.blogspot.com/ as friendly to NFP-only residents from a historical applicant. '18-'19 Season: Jonathan Scaffold (an NFP-only resident) graduated 2017, but now new PD. Ryan program. PD said could possibly accommodate NFP-only, but would be challenging and would require "a very special resident". However, candidate with good stats and personal connections to area did not match here. | | | | | |
| MISSISSIPPI | University of Mississippi Medical Center | Jackson | | | | 0 | 0 | 0 | 0 | | | | | | 20-'21 Season: No current NFP only residents, but PD said would not be a problem and would find ways to make it work. Large academic program- hard to know how feasible this would be. | | | | | |

OBGYN RESIDENCIES FRIENDLY TO CONSCIENCE DECISIONS

| | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|---|-------------|------|------|------|------|------|------|------|------|------|------|------|------|--|--|--|--|--|---|--|--|--|
| Updated 4/30/24 | Green Denotes Current Resident | | | | | | | | | | | | | | | | | | | If you are considering OB/GYN or have information to add to the document, reach out to us! https://conscienceinresidency.com/contact/ | | | |
| State | Program | City | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 | 2024 | 2025 | 2026 | 2027 | 2028 | 2029 | Comments (with date of information) | | | | | | | | |
| MISSOURI | Mercy Hospital (St Louis) | St. Louis | 2 | 0 | 1 | 1 | 2 | 1 | 1 | 0 | | | | 1 | 17-'18 Season: Multiple NFP-only residents have graduated from here. Napro Dr Gavin Puthoff is a private attending here as of 2017. In 2012, there were 6 NFP-only residents in the program. See article: http://archstl.org/files/nfp_st_louis_review_3-9-2012.pdf. The program director however is growing in her support of termination training. 2 residents graduating this year are going on to NaPro fellowship. Currently 2 other NFP-friendly. Other residents were very supportive. 2018: PD allows NFP-only residents, but doesn't necessarily encourage it. PD helps other residents get into family planning fellowships. '18-'19 Season: Multiple NFP-only residents and previous grads including Napro fellows. Napro Dr Gavin Puthoff private attending here. PD stated in program presentation that program is welcoming of residents who don't prescribe contraception. '19-'20 Season: PD said that NFP-only is not a issue there. Very supported. 19-'20: PD mentioned during Program Intro at Interview that they "welcome residents who for moral or religious objections choose to not prescribe artificial contraception". Also a good amount of NFP-only residents who supported me. '20-'21: PD presentation: "Residents are expected to counsel for OCPs but we do have a few that don't prescribe them; that's fine." '20-'21: PD presentation: PD very friendly to NFP only, even mentioned that having NFP residents was OK during the interview day introduction. There are current NFP only residents. Was supportive of pursuing NaPro fellowship. '23-'24 Season: New PD as of this cycle. When asked, PD was supportive and explained routine hx of such residents. Often have 1-2 FABM-only residents per year. Program is comfortable and supportive of FABM residents. '24-'25: nothing to add from previous, great program, very open | | | | | | | | |
| MISSOURI | St Louis University School of Medicine | St. Louis | 0 | 3 | 0 | 1 | 3 | 0 | 1 | 0 | 0 | 1 | 1 | | 17-'18 Season: Very receptive to NFP-only residents. Excellent program. No BC or Sterilizations in the hospital (except for what is approved by the ethics committee, which seems to be more than what ERDs allow). No LARCs placed in clinic. '19-'20 Season: Incredibly supportive! And at least two residents are currently NFP only. Incredibly impressed at their acceptance and supportive of Catholic ERDS. '19-'20 Season: PD said "you are welcome here." Said that he tries to keep a few NFP-only residents in the program at all times. '20-'21 Season: PD totally fine/open about it, said they already have the workflows figured out so it's no problem at all. '20-'21 Season: PD emphasized commitment to Jesuit mission and was very pro-life. There are current residents who are NFP only. '22-'23 Season: PD said in presentation to all applicants that they accept "non-prescribers" and he told me individually that he would like to see a pipeline for non-prescribers continue to be built up in his program. Incredibly FABM-only friendly! '23-'24 Season: Very friendly to conscientious objection. PD mentioned in his welcome spiel to all applicants: "If you want to come here and not prescribe birth control, we're open to that." '24-'25: PD said in the welcome session that NFP-only residents are welcome there. "We are Catholic and proud of that." Said they have not and will never do elective terminations. | | | | | | | | |
| MISSOURI | University of Missouri-Columbia | Columbia | | | | | | | | | | | | | 20-'21 Season: PD felt that as long as I was a hard worker non-prescribing would be fine. (This is a small program, just increased to 4 per yr.) Said the program tends to attract/be attracted to Christians and those with other traditional religious beliefs as the biggest thing they look for is "emotional maturity." Missouri has very strict termination laws and elective terminations for any reason are not allowed in the Mizzou health system. '24-'25: Many residents voiced distaste for their lack of abortion training due to Missouri's laws, but this may be changing with new legislation. PD stated that non-prescriber would be welcome as long as they can counsel on all options. | | | | | | | | |
| MISSOURI | University of Missouri-Kansas City School of Medicine | Kansas City | | | | | | | | | | | | | 18-'19 Season: PD said "thinks could make it work since we have lots of residents" (in interview) '23-'24: PD was respectful but said not prescribing OCPs & not placing contraceptive devices was incompatible with their program; it might be possible to avoid only tubals here though likely difficult; residents bragged about the "very pro-choice culture;" residents may be expected to participate in LGBTQ clinic and gender affirmation surgery | | | | | | | | |
| MISSOURI | Washington University/B-JH/SLCH Consortium | St. Louis | | | | | | | | | | | | | | | | | | | | | |
| NEBRASKA | Creighton University School of Medicine (Omaha) | Omaha | 0 | 0 | 0 | 0 | | | | | | | | | 17-'18 Season: Fairly anti-NFP, despite the name and proximity to Napro Fellowship. Would NOT recommend. Hostile towards me as a med student and during interviews. '18-'19 Season: Not connected to Pope Paul/Napro. Has possible current NFP resident (not sure his exact stance). PD stated could accommodate my beliefs if willing to prescribe for certain medical indications (in interview). '19-'20 Season: On interview day PD seemed supportive but was wearing a birth control pin. From personal experience with this program I can say that they do not welcome NFP only residents. The previous chair was very against it but this might change with the new chair (He started in 2019 so stay tuned). Many of the doctors at this program have very strong negative feelings towards NFP only providers. '19-'20 Season: Very negative experience. Faculty member brought up contraception and asked several accusatory questions, then, vented about the Catholic Church. '21-'22: wanting to implement transgender care PD sees that as important to comprehensive patient care, one attending who does gender reassignment surgeries. Opt out Planed Parenthood block, when asked, they said their weakness is that it is a Catholic institution so they are unable to do postpartum LARCs or tubals but that in their other clinic and VA all contraception is possible. PD seemed amicable to me as non-prescriber, she said they can be flexible. '24-'25: Catholic institution but utilizes ethics committee loop holes often to provide salpingectomy at time of c-section and birth control for "medical indications." Faculty and residents will admit this readily. All interviewers stated their support of non-prescribers, but this would be very counter-cultural amongst both residents and faculty. Residents are told they cannot work with St. Paul VI/NaPro providers. | | | | | | | | |

OBGYN RESIDENCIES FRIENDLY TO CONSCIENCE DECISIONS

| Updated 4/30/24 | Green Denotes Current Resident | | | | | | | | | | | | | | | | | | If you are considering OB/GYN or have information to add to the document, reach out to us! https://conscienceinresidency.com/contact/ | | |
|-----------------|--|---------------|------|------|------|------|------|------|------|------|------|------|------|------|--|--|--|--|--|--|--|
| State | Program | City | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 | 2024 | 2025 | 2026 | 2027 | 2028 | 2029 | Comments (with date of information) | | | | | | |
| NEBRASKA | University of Nebraska Medical Center College of Medicine | Omaha | | | | | | | | | | | | | 17-'18 Season: PD stated "If you are unable to IUDs, this is not the place for you" '18-'19: Ryan program. Pro-choice culture, PD never responded to my email after interview. '22-'23: I was point blank asked during the interview if there were any forms of contraception that I was uncomfortable prescribing. It seemed like a vetting question and there was no reassurance that my beliefs would be respected. | | | | | | |
| NEVADA | HCA Healthcare Sunrise Health Graduate Medical Education | Las Vegas | | | | | | | | | | | | | | | | | | | |
| NEVADA | Kirk Kerkorian School of Medicine at UNLV | Las Vegas | | | | | | | | | | | | | | | | | | | |
| NEW HAMPSHIRE | Dartmouth-Hitchcock/Mary Hitchcock Memorial Hospital | Lebanon | | | | | | | | | | | | | 18-'19 Season: Ryan program, 2nd year at Catholic hospital in Manchester that has 2 Napro docs. Pro-choice culture, but PD said could accommodate. | | | | | | |
| NEW JERSEY | Atlantic Health System/Morristown Medical Center | Morristown | | | | | | | | | | | | | | | | | | | |
| NEW JERSEY | Cooper Medical School of Rowan University/Cooper University Hospital | Camden | | | | | | | | | | | | | | | | | | | |
| NEW JERSEY | Hackensack University Medical Center | Hackensack | | | | | | | | | | | | | | | | | | | |
| NEW JERSEY | Icahn School of Medicine at Mount Sinai/Valley Health | Ridgewood | | | | | | | | | | | | | | | | | | | |
| NEW JERSEY | Inspira Health Network/Inspira Medical Center Vineland | Vineland | | | | | | | | | | | | | | | | | | | |
| NEW JERSEY | Jefferson Health New Jersey | Stratford | | | | | | | | | | | | | | | | | | | |
| NEW JERSEY | Jersey Shore University Medical Center | Neptune | | | | | | | | | | | | | | | | | | | |
| NEW JERSEY | Rutgers Health/Cooperman Barnabas Medical Center | Livingston | | | | | | | | | | | | | 17-'18 Season. Non-religiously affiliated program. Called before applying to gauge receptiveness of program to NFP-only applicant. PD was apparently asked, and said that it would not be a good fit, as they do abortions. | | | | | | |
| NEW JERSEY | Rutgers Health/Jersey City Medical Center | Jersey City | | | | | | | | | | | | | | | | | | | |
| NEW JERSEY | Rutgers Health/Monmouth Medical Center | Long Branch | | | | | | | | | | | | | | | | | | | |
| NEW JERSEY | Rutgers Health/Newark Beth Israel Medical Center | Newark | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | | | | | 17-'18 Season: PD prolife and supportive of NFP-only applicants. 2019: early 2nd trimester elective inductions of labor performed at hospital. Residents to be involved. 2022: PD changed in March of 2020; previous PD was prolife and very supportive, unknown how new PD would feel about accepting NFP-only residents. Current residents overall supportive and willing to do tubals and abortions for NFP-only resident in exchange for help with other tasks. There are second-trimester inductions for previable PPROM both on the GYN service and Labor and Delivery relatively often. Most attendings at least outwardly supportive. | | | | | | |
| NEW JERSEY | Rutgers Health/Robert Wood Johnson Medical School | New Brunswick | | | | | | | | | | | | | 17-'18 Season: PD said that they once had someone who did not perform tubal ligations and that since that person worked hard otherwise, they made it work as a program. Currently one resident there who does not perform terminations. However, another resident is passionate about expanding the family planning services offered and they are getting a new Chairperson who has a very strong background in reproductive medicine (egg and embryo donation, etc) who seems to share the same goal. | | | | | | |
| NEW JERSEY | Saint Peter's University Hospital/Rutgers Robert Wood Johnson Medical School | New Brunswick | | | | | | | | | | | | | 2017: VERY supportive due to former NaPro fellow's presence: Dr. Kyle Beiter. I felt very welcomed here. Would highly recommend looking into the place as Beiter has a good reputation. 19-'20 Season: PD was very supportive and stated that "this is a Catholic residency so of course you wouldn't be expected to prescribe OCPs". Although I don't think there are any current NFP only residents there is a NAPRO trained doctor that works with the residents and is well respected by them. Some residents were very open about not wanting to do any family planning training. '19-'20 Season: PD was very supportive. Dr. Kyle Beiter is well-respected. '20-'21 Season: PD was willing to accommodate. Dr. Beiter doesn't work here any more but it seems has had a positive impact on how the program views non-prescribers. Hospital prescribes contraceptives for "medical indications" (unsure how strict this definition is) and tubals "once childbearing is completed." '21-'22 Season: PD was not so clear with response in interview. He danced around the topic a little but didn't say it couldn't work. History of NFP only resident and doctor who worked with the program but has since moved. '23-'24: Based in a very Catholic hospital which strictly holds to the ERDs, and owns a Gianna Center which offers Naprotechnology. When not on outside rotations, residents with conscientious objections to birth control and abortion should have no issues. Residents have at least one outside rotation where they go to learn tubals and birth control; questionable whether rotation can be completely opted out of but sounds like residents can use it to learn the contraceptive counselling and not actually participate in the prescription and insertion of contraception? Also have outside REI and Gyn Onc rotations. '23-'24 Season: PD open to FABM-only applicants, mentioned hospital itself does not prescribe OCPs or perform sterilizations. Hospital follows ERDs fairly closely. Do prescribe OCPs for medical indications. Just signed a NaPro surgeon who will be on staff as well. '24-'25: Catholic institution, one resident stated that this was a plus since it allows her to experience a new patient population! Not sure how prevalent this perspective is amongst other residents. Has history of non-prescribers, one recently matched MFM. New dept chair is very resistant to NaPro due to "lack of published research," but is working with new hire on faculty to broaden his knowledge and "to see if NaPro has a future here." | | | | | | |

OBGYN RESIDENCIES FRIENDLY TO CONSCIENCE DECISIONS

[illegible]

OBGYN RESIDENCIES FRIENDLY TO CONSCIENCE DECISIONS

[illegible]

OBGYN RESIDENCIES FRIENDLY TO CONSCIENCE DECISIONS

| Updated 4/30/24 | Green Denotes Current Resident | | | | | | | | | | | | | | | If you are considering OB/GYN or have information to add to the document, reach out to us! https://conscienceinresidency.com/contact/ | | | | | |
|-----------------|---|---------------|------|------|------|------|------|------|------|------|------|------|------|------|---|--|--|--|--|--|--|
| State | Program | City | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 | 2024 | 2025 | 2026 | 2027 | 2028 | 2029 | Comments (with date of information) | | | | | | |
| NORTH CAROLINA | Mountain Area Health Education Center | Asheville | | | | | | | | | | | | | 20-'21 Season: PD said NFP only would be OK, but was not very genuine about it. Program highlighted planned parenthood rotation on website. '22-'23: during interview, PD mentioned faculty interests and when she got to "reproductive rights" she said "all" faculty are interested. Clearly very pro-choice program. However, when I asked PD about non-prescribing, she gave a seemingly genuine answer that the program is open to such applicants and actually mentioned some possible work arounds. Mixed bag overall. | | | | | | |
| NORTH CAROLINA | Novant Health New Hanover Regional Medical Center | Wilmington | | | | | | | | | | | | | 20-'21 Season: Half of residents ok with abortion training and one resident was excited about an elective termination performed at the hospital. PD said would not be a problem, but was not genuine and said I should check with the other residents to see if it could work. | | | | | | |
| NORTH CAROLINA | University of North Carolina Hospitals | Chapel Hill | | | | | | | | | | | | | | | | | | | |
| NORTH CAROLINA | Wake Forest University School of Medicine | Winston-Salem | | | | | | | | | | | | | 19-'20 Season: Did not ask about non-prescribers. However, there is a family planning rotation that allows the opportunity for students to opt into participating in abortion care in clinics off campus if they desire, although not required and easy to avoid if holding a conscientious objection. Also NC does not allow abortions after 20 weeks. Wake Forest could be an institution that would support a non-prescribing OB/GYN although; My impression is there is a strong Christian culture in the community - the clinics put up nativity scenes during Christmas, and residents talk openly about their Christian faith. '22-'23: had candid and open conversation with PD on interview day and she initially seemed like she would be open. Received an email two months later from the PC which said, in protective, medical-legal jargon, that residents must be willing and able to prescribe contraceptives. Disappointing as I thought they'd be more open given that I've heard that residents overall are pretty evenly split regarding whether or not they perform elective abortions. | | | | | | |
| NORTH CAROLINA | Womack Army Medical Center | Fort Bragg | | | | | | | | | | | | | | | | | | | |
| OHIO | Akron General Medical Center/NEOMED | Akron | | | | | | | | | | | | | 17-'18 Season: PD said it would be "difficult" to accommodate and questioned why my home institution let me apply to this field. In my opinion, not a chance here. | | | | | | |
| OHIO | Aultman Hospital/NEOMED | Canton | | | | | | | | | | | | | 23-'24 Season: Smaller community program. PD was open to FABM-only and said such practices would not be a problem. Have not had such a resident, though. | | | | | | |
| OHIO | Case Western Reserve University/University Hospitals Cleveland Medical Center | Cleveland | | | | | | | | | | | | | | | | | | | |
| OHIO | Cleveland Clinic Foundation | Cleveland | | | | | | | | | | | | | | | | | | | |
| OHIO | Kettering Health Network | Dayton | | | | | | | | | | | | | 23-'24 Season: PD very accomodating and supportive of FABM-only residents although no history. Residents work with a private group that does not perform IUDs. | | | | | | |
| OHIO | Mercy St Vincent Medical Center | Toledo | | | | | | | | | | | | | 23-'24 Season: PD was confused when asked if FABM-only practices would be supported. Resident culture is largely pro-choice. Unsure if this program would be supportive. | | | | | | |
| OHIO | Ohio State University/Mt Carmel Hospital | Columbus | | | | | | | | | | | | | | | | | | | |
| OHIO | OhioHealth/Doctors Hospital | Columbus | | | | | | | | | | | | | 23-'24 Season: Program is extremely pro-choice and malignant. Don't believe this program would be supportive at all. | | | | | | |
| OHIO | OhioHealth/Riverside Methodist Hospital | Columbus | | | | | | | | | | | | | 17-'18 Interview Season: Very open to NFP-only resident. PD stated that the only thing he couldn't accommodate was someone who wanted to do terminations after the 2nd trimester. '23-'24 Season: PD was uncomfortable and dismissive after asking about FABM-only practices. Easy going resident culture, but do not believe this program would be supportive overall. | | | | | | |
| OHIO | Summa Health System/NEOMED | Akron | | | | | | | | | | | | | 2016: not a Catholic program, but their program director is Catholic and they have had many residents with a contentious objection to sterilizations in the past and were very open to the idea of a Catholic resident who didn't want to prescribe birth control or do sterilizations '17-'18 Season: PD seemed very open and comfortable with the idea of NFP only. '23-'24 Season: Former Catholic PD is now the dept. chair. New PD said FABM-only would be difficult at the program, but not impossible (due to lots of OCPs). No history of such resident. Unsure of the overall support and feasibility at this program. | | | | | | |
| OHIO | The MetroHealth System/Case Western Reserve University | Cleveland | | | | | | | | | | | | | | | | | | | |
| OHIO | TriHealth (Bethesda North and Good Samaritan Hospitals) | Cincinnati | | | | | | | | | | | | | 23-'24 Season: PD was proud of work collaborating with the Diocese of Cincinnati to establish a FP rotation in Dayton, OH. PD was supportive of FABM-only applicants who were still willing to prescribe OCPs for medical indications. Culture of the program is very progressive and pro-choice. Residents work at Good Sam which is a Catholic hospital (no sterilizations, but prescribe OCPs) but also Bethesda North which is not religiously affiliated. | | | | | | |
| OHIO | University of Cincinnati Medical Center/College of Medicine | Cincinnati | | | | | | | | | | | | | 2015: at least verbally open to an NFP-only candidate at interview. Excellent program all-around. 2017: I did an away rotation here so I knew everyone fairly well and bringing up NFP was still very uncomfortable. They stated that they accommodate this "all the time", but in my opinion this was just something they said for legal purposes. The program is very liberal. Even if you opt out of doing terminations you still have to physically go to Planned Parenthood on the FP (Family Planning) elective to counsel women. '18-'19 Season: PD said could accommodate if I matched here (by email) | | | | | | |
| OHIO | University of Toledo | Toledo | | | | | | | | | | | | | 17 - '18 Season: PD stated she thought it could work, but she didn't seem very sincere. However, she was recently removed. As this is my home institution, I was very close with the chair and he didn't think it would be a problem at all, very nice man, willing to work with you. I think the way this program operates and the residents would make it very hard to be NFP only here. Also there is talk of transgender surgeries in the next couple years, so possibility more moral dilemmas on the way. | | | | | | |

OBGYN RESIDENCIES FRIENDLY TO CONSCIENCE DECISIONS

[illegible]

OBGYN RESIDENCIES FRIENDLY TO CONSCIENCE DECISIONS

| Updated 4/30/24 | Green Denotes Current Resident | | | | | | | | | | | | | | | | If you are considering OB/GYN or have information to add to the document, reach out to us! https://conscienceinresidency.com/contact/ | | | |
|-----------------|--|--------------|------|------|------|------|------|------|------|------|------|------|------|------|---|--|--|--|--|--|
| State | Program | City | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 | 2024 | 2025 | 2026 | 2027 | 2028 | 2029 | Comments (with date of information) | | | | | |
| PENNSYLVANIA | Tower Health/Reading Hospital | Reading | | | | | | | | | | | | | 2010: "Not on staff in this program, and don't know director, but have just had a 3rd year OBGYN resident do an elective month with my group, who is in residency at Reading Hospital and Medical Center, Wyomissing, PA. It is a secular program, and the resident has been able to follow her conscience (no abortions, sterilizations, contraception) without undue hostility. Happy to provide contact info for the resident if she agrees and anyone interested." Mark Stegman MD FACOG | | | | | |
| PENNSYLVANIA | UPMC Medical Education (Harrisburg) | Harrisburg | | | | | | | | | | | | | | | | | | |
| PENNSYLVANIA | UPMC Medical Education | Pittsburgh | 0 | | | | | | | | | | | | 2015: Very pro-contraception. Termination and LARCs emphasized and important to training. NFP-only interviewee very politely told that decision not to prescribe was not compatible with what was considered mandatory. | | | | | |
| PENNSYLVANIA | University of Pennsylvania Health System | Philadelphia | | | | | | | | | | | | | | | | | | |
| PENNSYLVANIA | Wellspan Health/York Hospital | York | | | | | | | | | | | | | | | | | | |
| PUERTO RICO | Hospital Episcopal San Lucas/Ponce School of Medicine | Ponce | | | | | | | | | | | | | | | | | | |
| PUERTO RICO | University of Puerto Rico | San Juan | | | | | | | | | | | | | | | | | | |
| RHODE ISLAND | Women and Infants Hospital of Rhode Island/Brown University | Providence | | | | | | | | | | | | | | | | | | |
| SOUTH CAROLINA | HCA Healthcare/Mercer University School of Medicine | Summerville | | | | | | | | | | | | | | | | | | |
| SOUTH CAROLINA | Medical University of South Carolina | Charleston | | | | | | | | | | | | | 22-'23: Over the phone conversation with PD post-interview: he was very open to my perspectives and from his point of view it wouldn't be a problem. But he thought it likely would be an issue with other faculty and residents. He got back to me a couple months later and reaffirmed that while he had no problem with it, he doesn't think his program is a good fit because his residents are "on the other end of the spectrum on these matters." Based on interview, residents are clearly very pro-choice. | | | | | |
| SOUTH CAROLINA | Prisma Health/University of South Carolina SOM Columbia (Columbia) | Columbia | | | | | | | | | | | | | | | | | | |
| SOUTH CAROLINA | Prisma Health/University of South Carolina SOM Greenville (Greenville) | Greenville | | | | | | | | | | | | | | | | | | |
| TENNESSEE | Baptist Memorial Medical Education | Memphis | | | | | | | | | | | | | 22-'23: very faith friendly program. There is even a clinic where you are freely allowed to pray with patients and several attendings invite residents for Bible studies. It's a new program but there is wonderful potential for Christian mentorship at this place. I had great off-site discussions with staff there related to my beliefs and it seemed like they were supportive of helping me define boundaries for my conscience. '23-'24: New program; supportive of some faith-based care; option to rotate in a faith-based clinic (Christ Community Health Services); PD said conscience protection (sterilization & contraception) would not be a problem; PD did ask several detailed follow-up questions that didn't feel the most friendly | | | | | |
| TENNESSEE | East Tennessee State University/Quillen College of Medicine | Johnson City | | | | | | | | | | | | | 23-'24: PD said ACGME doesn't require tubals for graduation, interview got cut off before addressing contraception; did not reply to follow up email | | | | | |
| TENNESSEE | Meharry Medical College | Nashville | | | | | | | | | | | | | | | | | | |
| TENNESSEE | University of Tennessee College of Medicine (Nashville) | Nashville | | | | | | | | | | | | | | | | | | |
| TENNESSEE | University of Tennessee College of Medicine at Chattanooga | Chattanooga | | | | | | | | | | | | | 2012: They were "fascinated by my [NFP-only] views." Like I was an alien. The residents were unwelcoming. | | | | | |
| TENNESSEE | University of Tennessee Medical Center at Knoxville | Knoxville | | | | | | | | | | | | | | | | | | |
| TENNESSEE | University of Tennessee | Memphis | | | | | | | | | | | | | 22-'23: after emails to the PD, the PC finally got back to me and gave a hard no, saying we expect all residents to be able to prescribe contraceptives and perform sterilizations. | | | | | |
| TENNESSEE | Vanderbilt University Medical Center | Nashville | | | | | | | | | | | | | 22-'23 Season: PD said that their program is a "safe space" for those with pro-choice beliefs and very much pushed transgender health, especially in their REI clinics. There was no mention of consideration for residents who may want to opt out of procedures or have conscientious protection. They were very excited about their new program to send residents to NY for family planning training and said that all their residents were planning to do it starting this year (2023). They also constructed the schedule in such a way that you would be a pain by not going to NY for abortion care as they wouldn't have an alternative block to put you in. There was even a follow-up email where they again emphasized how no one has opted out of it and seemed like they were signaling that anyone who didn't want to go wouldn't be tolerated. | | | | | |
| TEXAS | Baylor All Saints Medical Center Fort Worth | Fort Worth | | | | | | | | | | | | | 21-'22 Season: ran out of time in interview and followed up with an email but have not heard back regarding NFP only. During the q&a session they said not to "worry about the new Texas law we will learn what we need to know" so not seeming so NFP friendly in general. '21-'22: Very friendly brand new program. I emailed her the question [regarding not prescribing] and she responded "Thank you for your thoughtful question. We are open to applicants from all Faiths, Religions and belief systems." '23-'24: New program; PD said they are open to having residents of all beliefs and backgrounds; seemed genuine and being a very new program they likely have more flexibility to work around conscience issues | | | | | |

OBGYN RESIDENCIES FRIENDLY TO CONSCIENCE DECISIONS

| Updated 4/30/24 | Green Denotes Current Resident | | | | | | | | | | | | | | If you are considering OB/GYN or have information to add to the document, reach out to us! https://conscienceinresidency.com/contact/ | | | |
|-----------------|---|------------|------|------|------|------|------|------|------|------|------|------|------|------|---|--|--|--|
| State | Program | City | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 | 2024 | 2025 | 2026 | 2027 | 2028 | 2029 | Comments (with date of information) | | | |
| TEXAS | Baylor College of Medicine | Houston | | | | | 0 | 0 | 1 | 0 | | | | | 2015: NFP-only subintern offered an interview which was then never scheduled after that person asked about PD's opinion of trying to be NFP-only. Perception is that the program would not be friendly. 2015: Very malignant program. I was interrogated regarding my religious beliefs repeatedly and was very intimidated. The APD is the director of the largest Planned Parenthood in the US, which happens to be in Houston. '21-'22 Season: After telling the PD directly about my situation he said they could be flexible with me and that it would not be a problem. They currently have a PGY2 who does not do tubal ligations and abortion training is opt-out. I also did get the sense they were not interested in me, not sure if its due to my low test scores or my non-prescribing of contraceptives. '23-'24: out of state FP rotation at UCLA that is not required, and stated on interview day that it is not a problem for residents to opt out of the [abortion] training. [contraception not discussed] | | | |
| TEXAS | Baylor University Medical Center | Dallas | | | | | | | | | | | | 1 | 2015: PD open to "making it work" when asked about not prescribing contraceptives. No abortions in the hospital. Chair was possibly less friendly but now not the chair anymore. '24-'25: PD said NFP-only would work, although might be complicated if your continuity clinic patients need contraception. | | | |
| TEXAS | HCA Healthcare Las Palmas Del Sol | El Paso | | | | | 0 | 0 | 0 | 0 | 1 | | | | 21-'22 Season: It's in Texas so the new laws apply but the residents and faculty are not happy about it. [non-prescribers not discussed] '21-'22 Season: I told the PD about the concern and initially she seemed understanding but she did say that residency introduces you to difficult situations and that I might very well change my mind by the time i am done with residency. Similarly, the APD brought up the fact that I volunteered in a Catholic Church and asked how those views could affect my work as an OBGYN. I also told her the situation and she similarly told me she understood and that she is also Catholic but that residency is not "black and white" and that I could definitely change my mind in training. | | | |
| TEXAS | HCA Medical City Healthcare UNT-TCU Graduate Medical Education | Arlington | | | | | | | | | | | | | 21-'22 Season: Emailed question, did not respond for about 2 weeks, emailed again, PD responds "Thank you for letting me know in advance regarding contraception & sterilization. I have worked with residents in the past in the same situation. It does create some challenges in work flow but can be accommodated. The expectation that was set for those residents was that they provided the appropriate level of counseling for the patients; in my experience they did just fine with that expectation." '24-'25: PD has worked with conscience-objection residents before. Away rotation for elective terminations opt-out. Do have family planning rotation, but the expectation is just to counsel patients on contraception. | | | |
| TEXAS | John Peter Smith Hospital (Tarrant County Hospital District) | Fort Worth | | | | | | | | | | | | | 2015: Several NFP only FM residents as well as an OB resident in 2013. Very supportive. 2017: Very supportive of Family practice NFP residents who practice NaPro - would highly consider looking into it! | | | |
| TEXAS | Methodist Health System Dallas | Dallas | | | | | | | | | | | | | 2016: Listed on http://medicalmatins.blogspot.com/ as friendly to NFP-only residents from a historical applicant. '24-'25: PD said he is ok with NFP-only resident and has worked with similar residents in the past. He was concerned about resident push-back however, and said he would discuss with residents to see what they think. Since interview, PD has changed. | | | |
| TEXAS | Methodist Hospital (Houston) | Houston | | | | 1 | | | | | | | | | 2015: At least 2 NFP only docs have graduated from this program, in 2011 and 2013. Supportive and well aware of the path you would want to take. 2019: Actually has an NFP-only resident, a PGY3 now. So I think would be a great option for anyone applying in September! '21-'22: PD was very understanding of my situation and said it would be no problem at all just some coordination and that he feels very comfortable with it as he has had many graduates in the past with similar views. '23-'24 Season: Hx of FABM-only residents. PD very supportive of FABM-only applicants. PD clarified if applicant would be willing to prescribe OCPs for medical indications or had objections to endometrial ablations. Otherwise very supportive. '23-'24 Season: PD said he would be willing to work with an FABM-only resident, as long as he/she was willing to counsel on contraception. Dr. Stephen Hilgers is there and would be a good ally to have on the gyn side of things. The residents and program overall, however, are very pro-contraception/sterilization, and after being there for a Sub-I, I don't believe that many of the faculty would have been comfortable with me matching as an FABM-only resident. | | | |
| TEXAS | St. David's Healthcare Graduate Medical Education | Austin | | | | | | | | | | | | | | | | |
| TEXAS | Texas A&M College of Medicine-Scott and White Medical Center (Temple) | Temple | 0 | 0 | 0 | 0 | | | | | | | | | 2016: open and friendly in interview process to specific questions about not prescribing contraceptives. No actual residents have been NFP only here. 2015: PD at the time was Catholic and very supportive. It hasn't been done in the past, but she said it could be arranged. '20-'21 Season: PD said it could work at the program, but hard to get a good read (was directly confronted about religious beliefs during interview). Said there was a faculty member who does not prescribe birth control. | | | |
| TEXAS | Texas Tech University (Amarillo) | Amarillo | 0 | 0 | 0 | 0 | | | | | | | | | 17-'18 Season: PD stated that she would have no problem with NFP-only resident (unsure if this is a genuine answer or a legal-protection answer). However, there are no other NFP-only residents. '21-'22 Season: It's in Texas so the new laws apply and you'd be safe here in terms of not having much FP exposure. However, the entire faculty and residents are VERY pro-choice and actively fighting to get abortion privileges and access again. [non-prescribers not discussed] '21-'22: PD very nice and also seemed flexible with my situation, no red flags or concerns. | | | |
| TEXAS | Texas Tech University HSC El Paso | El Paso | | | | | | | | | | | | | '19-'20: Did not discuss with program, but Large amount of Hispanic Catholics patients so they could possibly understand | | | |
| TEXAS | Texas Tech University Health Sciences Center at Lubbock | Lubbock | | | | | | | | | | | | | 23-'24: Sanctuary City for the Unborn; difficult to do abortions there even if you wanted to; PD is pro-life; had the impression that conscience protections (sterilization & contraception) could be feasible here but PD did not give a clear answer | | | |

OBGYN RESIDENCIES FRIENDLY TO CONSCIENCE DECISIONS

| Updated 4/30/24 | Green Denotes Current Resident | | | | | | | | | | | | | | | | | | If you are considering OB/GYN or have information to add to the document, reach out to us! https://conscienceinresidency.com/contact/ | | |
|-----------------|---|-----------------|------|------|------|------|------|------|------|------|------|------|------|------|---|--|--|--|---|--|--|
| State | Program | City | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 | 2024 | 2025 | 2026 | 2027 | 2028 | 2029 | Comments (with date of information) | | | | | | |
| TEXAS | Texas Tech University (Permian Basin) | Odessa | | | | | | | | | | | | | '19-'20: APD at my homeschool after finding out I was Catholic and didn't want to assist during a tubal ligation warned me about putting my patients first above all else. Few Catholic attendings but they perform sterilizations and prescribe birth control. '21-'22: PD very nice and also seemed flexible with my situation, no red flags or concerns. | | | | | | |
| TEXAS | University of Texas Health Science Center San Antonio Joe and Teresa Lozano Long School of Medicine | San Antonio | | | | | | | | | | | | | 2015: Would be supportive due to high volume of hispanic Catholics in this area. '19-'20: Did not discuss with program, but Large amount of Hispanic Catholics patients so they could possibly understand | | | | | | |
| TEXAS | University of Texas Health Science Center at Houston | Houston | | | | | | | | | | | | | 2015: PD stated in interview that it could work, but perception of interviewee was that this may have been an olive branch or may not have been a durable promise. '19-'20: PD was excited to announce she only has one resident this year who opted out of the abortion elective. Also they get a Planned Parenthood grant to push LARCs. Didn't bring up being NFP-only with them. '23-'24: Out of state FP rotation but PD sounded happy to state that residents rarely opt out of the [abortion] training. [contraception not discussed] | | | | | | |
| TEXAS | University of Texas Medical Branch Hospitals | Galveston | | | | | | | | | | | | | 22-'23 Season: Didn't seem very pushy on abortion care but I was asked how I thought the Dobbs decision would lead to changes in my field. I tried to remain neutral and say that I can't make any accurate predictions now until more data comes out and was told, "Well, in the meantime many women are going to die because of the high maternal mortality rate." It was clear she wanted me to rant about how restricting abortions is bad for women without any further consideration. | | | | | | |
| TEXAS | University of Texas Southwestern Medical Center | Dallas | 0 | 0 | 0 | 0 | | | | | | | | | Unk date: Both PD and dept chair were very friendly to FABM-only residents. There are multiple such residents in the program right now. '24-'25: Email response from PD: program does not have experience with NFP-only student, but would make accommodations as necessary. | | | | | | |
| TEXAS | University of Texas at Austin Dell Medical School | Austin | 0 | 1 | 0 | 0 | | | | | | | | | 2017: NFP-only resident likes the program, but the the PD is now a family planning specialist; this program requires about a month at Planned Parenthood, there is an alternative month that the single NFP-only resident created, but has not been used since. '18-'19: NFP only resident (PGY4), Catholic hospital '19-'20: I didn't interview at UT Austin, but did an away there bc the residents work at Seton, which is a Catholic health system. Also considered this program bc of NFP-only Ashley Stone who graduated last year. However, the program itself is now very secular. They have a new PD who performs up to 2nd trimester abortions. Residents are expected to perform tubal ligations at a nearby secular hospital (St. David's). Resident clinics are not affiliated with Seton, so interns participate in a Sterilization clinic here. Seton hospital itself allows tubal ligations for women above 35yo, so doesn't necessarily follow ERDs. | | | | | | |
| UTAH | University of Utah Health | Salt Lake City | | | | | | | | | | | | | 2016: Listed on http://medicalmatins.blogspot.com/ as friendly to NFP-only residents from a historical applicant. '22-'23 Season: Very Pro-Choice program that made public comments of derision about the pro-life stance of their state and how frustrated they were by it. They assured us during the interview that we'd still get to do abortions and didn't even consider the option that perhaps not everyone wanted to. | | | | | | |
| VERMONT | University of Vermont Medical Center | Burlington | | | | | | | | | | | | | 18-'19 Season: Ryan program, but PD said could accommodate (via email) and "individualize clinical training to be aligned with my beliefs." However, pro-choice culture and despite good stats didn't match here. | | | | | | |
| VIRGINIA | Carilion Clinic-Virginia Tech Carilion School of Medicine | Roanoke | | | | | | | | | | | | | | | | | | | |
| VIRGINIA | Eastern Virginia Medical School | Norfolk | | | | | | | | | | | | | 21-'22 Season: REI is a strong area for this program, but so is MFM. Did not talk much about FP rotations or whether it was opt out but having grown up in the area, there is an even mix of pro-lifers and pro-choicers. [non-prescribers not discussed] | | | | | | |
| VIRGINIA | Inova Fairfax Medical Campus | Falls Church | | | | | | | | | | | | | 24-'25: Based on experience during a sub-I, would likely not fit with the culture here. Multiple attendings hostile to NFP-only. Residents have a strong family-planning culture. Contraception built into the workflow (postpartum IUDs, nexplanons before leaving hospital) and tubals incredibly common (both in c sections and postpartum). | | | | | | |
| VIRGINIA | Riverside Regional Medical Center | Newport News | | | | | | | | | | | | | | | | | | | |
| VIRGINIA | University of Virginia Medical Center | Charlottesville | | | | | | | | | | | | | 18-'19 Season: PD out of town at interview, and never responded to multiple emails asking if could accommodate. | | | | | | |
| VIRGINIA | Virginia Commonwealth University Health System | Richmond | | | | | | | | | | | | | 21-'22 Season: Ryan residency with FP rotations and rotations at Planned Parenthood, but they have two very pro-life Catholic attendings who will totally take you under their wing and make sure you get the training you want! [non-prescribers not discussed] '22-'23: talked to PD post-interview via email and she said while we have an inclusive environment, I think it would be difficult to meet the ACGME graduation requirements while opting out of contraceptives and sterilizations. I reached out to another attending who is outspokenly against abortion but does prescribe contraceptives and she told me she doesn't think her department would be welcoming of FABM-only residents. One resident I spoke with personally also said he thinks it would be difficult culturally. '23-'24: stated may opt out of any form of abortion training as you desire. PD stated they will support you in your conscious decision to not perform abortions. Medical student Clerkship director (MFM doc) is openly pro-life. [contraception not discussed] | | | | | | |
| VIRGINIA | Naval Med Ctr | Portsmouth | | | | | | | | | | | | | | | | | | | |
| WASHINGTON | Swedish Medical Center | Seattle | | | | | | | | | | | | | | | | | | | |
| WASHINGTON | University of Washington | Seattle | | | | | | | | | | | | | | | | | | | |
| WASHINGTON | Madigan Army Med | Tacoma | | | | | | | | | | | | | | | | | | | |
| WEST VIRGINIA | Charleston Area Medical Center/CAMC Institute for Academic Medicine | Charleston | | | | | | | | | | | | | | | | | | | |
| WEST VIRGINIA | Marshall University School of Medicine | Huntington | | | | | | | | | | | | | 23-'24: PD said conscience protection (sterilization & contraception) would not be a problem; this program has participated in some gender affirmation treatment for minors in the past but I believe recent legislation has limited this | | | | | | |
| WEST VIRGINIA | West Virginia University | Morgantown | | | | | | | | | | | | | 20-'21 Season: PD was accepting and said NFP only would not be a problem, but resident family planning clinic provides medical abortions. | | | | | | |

OBGYN RESIDENCIES FRIENDLY TO CONSCIENCE DECISIONS

| | | | | | | | | | | | | | | | | | | | | | |
|-----------------|---|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|---|--|--|--|--|--|--|
| Updated 4/30/24 | Green Denotes Current Resident | | | | | | | | | | | | | | | | | | If you are considering OB/GYN or have information to add to the document, reach out to us! https://conscienceinresidency.com/contact/ | | |
| State | Program | City | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 | 2024 | 2025 | 2026 | 2027 | 2028 | 2029 | Comments (with date of information) | | | | | | |
| WISCONSIN | Aurora Health Care | Milwaukee | | 0 | 0 | 1 | 0 | | | | | | | | 17-'18 Season: Possibly one NFP resident and PD seemed to be supportive. '18-'19 Season: NFP-only resident (PGY2), PD seemed supportive and stated could accommodate. '23-'24 Season: New PD since the last update on the spreadsheet. Not at all friendly. Was told that I wasn't a good fit for the program because "we believe every woman should be on birth control." Faculty/residents are very concerned with creating an "inclusive environment" by removing the word "woman" from anywhere it's used in clinic, and they are very proud to be a center for "gender affirming care." | | | | | | |
| WISCONSIN | Medical College of Wisconsin Affiliated Hospitals | Milwaukee | | | | | | | | | | | | | 18-'19 Season: Ryan program, 6 wks at Planned Parenthood can opt out of abortion/sterilization but need to go for colposcopy clinic. 2/3 of time spent at Catholic Hospitals, can do continuity clinic at Catholic hospital with supportive faculty. PD responded with VERY thorough email about how could accommodate, and seemed supportive (but acknowledged would be counter cultural at program). | | | | | | |
| WISCONSIN | University of Wisconsin Hospitals and Clinics | Madison | | | | | | | | | | | | | 18-'19: Ryan Program, Cancelled interview here, as after researching program further it is very pro-choice/pro-LARC with heavy emphasis on "Family Planning" '22-'23: The PD came out the gate strong on the interview talking about the "despicable and divisive attacks on transgender health" and how bigotry wouldn't be tolerated in their program. I took this as a signal that any request to opt out of that care would lead to the perception that I was a bigot. They were absolutely devastated by the Dobbs case as they had one of the highest numbers for residency programs in the nation (99th percentile) for abortions, but because of Wisconsin's state laws they would now drop and have to send their residents elsewhere for family planning training. On a group chat a resident openly talked about how she couldn't possibly stand living in an area where she'd have to work around conservatives. I was also given a leading question regarding how I thought the Dobbs decision would lead to poor outcomes for women. | | | | | | |