

OBGYN RESIDENCIES FRIENDLY TO CONSCIENCE DECISIONS

Updated 5/9/23		Green Denotes Recent Resident													If you are considering OB/GYN or have information to add to the document, reach out to us! https://conscienceinresidency.com/contact/
State	Program	City	2018	2019	2020	2021	2022	2023	2024	2025	2026	2027	Comments (with date of information)		
CALIFORNIA	Loma Linda University	Loma Linda											2016: Listed on http://medicalmatins.blogspot.com/ as friendly to NFP-only residents from a historical applicant. '19-'20 Season: Very poor experience. Resident giving tour talked about abortion opportunities nearly the entire time. Loma Linda Hospital does medical terminations. The PD told me that it would be hard to get my numbers and that we would have to educate the entire staff on why I would choose to practice this way, as they've likely never heard of it. '22-'23: The residents were obsessed with assuring us that we'd still get to do some abortions (medical indications for terminal pregnancies) and there were opportunities for transgender health (at Riverside Community hospital). I found this very disappointing. However, I noted that the faculty didn't seem to push this and I think it was just a recruiting tactic the residents were using since the other med students being interviewed really wanted to talk about it. I think that it would still be easy to get overall conscientious protection for one's beliefs here as there is a strong Christian presence in other departments at Loma Linda.		
CALIFORNIA	U of California San Francisco Med Center	San Francisco											17-'18 Online Applicant Guide: "The UCSF OB/GYN Residency Program is THE preeminent Family Planning Residency Program in the country." "UCSF proudly and unabashedly advocates for reproductive justice and women's access to reproductive healthcare" (aka elective terminations) "[Residents] will be proficient in the discussion and prescription of all forms of contraception."		
CALIFORNIA	Arrowhead	Colton													
CALIFORNIA	Naval Medical Center	San Diego													
COLORADO	U of Colorado	Denver													
COLORADO	St. Joseph Hospital Program	Denver	0	0	0	0							17-'18 Season: No NFP residents, but PD said they could possibly accommodate. '18-'19 Season: PD apologized for being Catholic hospital in presentation, but in interview said they could possibly accommodate. However, candidate with good stats and personal connections to area did not match here		
CONNECTICUT	Danbury Hospital	Danbury													
CONNECTICUT	Bridgeport Hospital	Bridgeport													
CONNECTICUT	Stamford Hospital/Columbia University	Stamford													
CONNECTICUT	St. Francis Hospital	Hartford	0	0	0	0							17-'18 Season: Assistant PD was supportive, but currently no NFP residents '17-'18 Season: Technically 'Catholic' program which prescribes birth control in their clinic. PD however said that they are supportive of NFP-only residents. PD said during presentation that he feels that we should go to outside rotation to counsel for terminations but we can opt out if we chose. At least one resident expressed dissatisfaction with the restrictions in family planning services because the hospital was Catholic. 2015: Catholic hospital with a big orthodox jewish presence. A lot of the patients are very conservative so the PD understood my beliefs. He was willing to work with me and even encouraged research in the area of NFP. '21-'22 Season: very loosely follows catholic ERDs and residents and program directors openly advertise they will find opportunities for you to perform sterilizations/terminations etc. Not very friendly to other viewpoints. I did not get a session with the PD in my interview so I followed up with an email but have not heard back.		
CONNECTICUT	U of Connecticut	Farmington													
CONNECTICUT	Yale New Haven MC	New Haven													
DC	Washington Hospital Center (Georgetown)	Washington	0										2015: no longer Georgetown, this program now serves an amalgamation of three hospitals and lays emphasis on ACOG's way of doing this, including prescription of contraception. An NFP-only interviewee was told by then-current residents on interview day that not prescribing contraceptives "would not work." Culture seemed to confirm this. No info from PD.		
DC	Howard University	Washington													
DC	George Washington University	Washington													
DELAWARE	Christiana Care Health System	New Castle													
FLORIDA	Memorial Healthcare	Hollywood											21-'22: I emailed them the question after the interview to the PD. This was the response "if you were to match with us, we would not require you to participate in activities that you view as morally objectionable."		
FLORIDA	U of Florida - Jacksonville	Jacksonville											2020: An intern may be NFP-only. '20-'21 Season: No current NFP only residents but PD was genuinely accepting, appreciative of transparency, and willing to find ways to make this work at the program.		
FLORIDA	U of Florida	Gainesville											20-'21 Season: Was not accepting of NFP only. Working on becoming a Ryan Program, per resident. '22-'23: Have opportunities to work at Planned Parenthood and perform elective abortions up to 15 weeks or medically indicated abortions for terminal pregnancies after that. However, also said up front that it's completely fine if I wanted to opt out of doing that.		

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ILLINOIS	Presence St. Francis	Evanston	0	0	0	0							<p>17-'18 Season: PD stated that he would have no problem with NFP-only resident (unsure if this is a genuine answer or a legal-protection answer). There are no other NFP-only residents, and they perform 2nd trimester abortions at the secondary hospital where residents are expected to work. Other residents seem open to having an NFP-only resident.</p> <p>Dr Theresa Stigen was an NFP-only resident here 2004-2008 and later completed Napro Fellowship. She has expressed difficulty being NFP-only here, but much could have changed since 2008.</p> <p>'19-'20 Season: Probably would not be supportive, some of the current residents were planning on family planning fellowships. They seemed very apologetic about being a Catholic institution and promised that most time would be spent in different hospitals so contraception and abortion training would be available. I did not specifically ask the interviewers if they would be supportive (two interviews with an attending and resident so no face to face time with the PD)</p> <p>'21-'22 Season: Go to 6 hospitals and interact with hundreds of attendings so chances are pretty slim you'd be able to tailor or opt out of any FP training although most of those hospitals are Catholic affiliated. However, the residents were the most burnt out folks I had ever seen. [non-prescribers not discussed]</p>		
ILLINOIS	Mount Sinai Hospital	Chicago	0										2015: all FMGs and were not open to NFP-only ideas.		
ILLINOIS	Advocate Illinois Masonic Medical Center	Chicago													
ILLINOIS	Mercy Hospital	Chicago											2015: Very supportive program overall. As long as you are a hard worker and work well with others, I think they would accommodate.		
ILLINOIS	Advocate Lutheran General Hospital	Park Ridge (Chicago)											2015: PD at the time trained at Presence St. Francis Hospital in Evanston, IL. He was Catholic and aware of the faith based practice. Supportive.		
INDIANA	Indiana University	Indianapolis											NO DATE OF INFO (posted Jan 2018): Very pro-abortion.		
INDIANA	St. Vincent Hospital	Indianapolis	0	0	0	0							<p>Napro Dr. Angela Beale Martin graduated from here in 2013, but she didnt become NFP-only until PGY3.</p> <p>NO DATE OF INFO (posted Jan 2018): My interview made me feel uncomfortable as an NFP only applicant. Would not recommend.</p> <p>'19-'20 Season: PD was very supportive and stated that although they have not had an NFP only resident during his time at St. Vincent, they have had one in the past. He genuinely didn't feel that would be an issue and was very supportive during interview. PD stated he did not feel comfortable prescribing the morning after pill while he went through residency so understood where I was coming from. Very good vibe.</p> <p>'19-'20 Season: PD said that he discussed NFP with residents and they concluded that since it's a Catholic hospital, they would be okay with a resident practicing NFP-only.</p>		
IOWA	U of Iowa	Iowa City		0	0	0	0						<p>18-'19 Season: Ryan program, heavy on abortions and LARCs. PD said would not work. "It isn't that we don't want to accommodate your beliefs, but it would put extra work on the other residents which wouldn't be fair."</p> <p>'22-'23: (rural track & categorical) One can conscientiously object to abortions here, but definitely a pro-choice Ryan Residency program culture. NFP or the desire to avoid certain REI and transgender health aspects would not be tolerated well here.</p>		
KANSAS	U of Kansas - Wichita	Wichita											<p>15-'16 Interview Season: Residents specifically asked about NFP as it was in my application. This "pretty much shut down the interview" as they were not impressed.</p> <p>'19-'20 Season: The PD and Chair seemed very supportive of opting out of sterilizations and similar procedures.</p> <p>'19-'20 Season: PD said "We wouldn't want to make you do anything you didn't want to do." My impression is that they would not be supportive.</p>		
KANSAS	U of Kansas - Kansas City	Kansas City													
KENTUCKY	U of Kentucky	Lexington	0	0	0	0	0	0	0	0			20-'21 Season: Via email, PD was willing to accommodate. Discussed specifics of how it could work; she had thoughtful/practical questions/responses. Said if I matched there she would want to write out guidelines for this since I would be the first non-prescribing resident. Could possibly work here.		
KENTUCKY	U of Louisville	Louisville	0	0	0	0							2017: Ryan program. Intern inserts nexplanons almost daily in postpartum patients. I know when NFP med student interviewed last year PD said she thought they could work something out, but from just spending a lot of time in the program I'm wondering how they really would be able to make it work. Great compassionate faculty and residents who care about patients and just happen to have different views than us, so maybe they would be able to respect where we are coming from if presented in the right light. Overall though, I think it's a great program and I get along with the residents very well. It's a pity that I think it would be very hard to be NFP only here.		

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MINNESOTA	U of Minnesota	Minneapolis	0	0	0	0	0						2016: Listed on http://medicalmatins.blogspot.com/ as friendly to NFP-only residents from a historical applicant. '18-'19 Season: Jonathan Scafford (an NFP-only resident) graduated 2017, but now new PD. Ryan program. PD said could possibly accommodate NFP-only, but would be challenging and would require "a very special resident". However, candidate with good stats and personal connections to area did not match here.	
MINNESOTA	Mayo Clinic College of Medicine and Science	Rochester											18-'19 Season: PD said would need to discuss with department, and called me back to say they could not accommodate NFP only. '22-'23: They quietly do abortion care in first trimester and for medical indications (terminal pregnancies) in subsequent trimesters. Not advertised as I suspect this would not go well with the typical international Mayo clientele. This definitely isn't an issue that is pushed in their program though and one interviewer told me that they try to be respectful of people with all different beliefs on this issue.	
MISSISSIPPI	U of Mississippi	Jackson				0	0	0	0				20-'21 Season: No current NFP only residents, but PD said would not be a problem and would find ways to make it work. Large academic program- hard to know how feasible this would be.	
MISSOURI	U of Missouri	Columbia											20-'21 Season: PD felt that as long as I was a hard worker non-prescribing would be fine. (This is a small program, just increased to 4 per yr.) Said the program tends to attract/be attracted to Christians and those with other traditional religious beliefs as the biggest thing they look for is "emotional maturity." Missouri has very strict termination laws and elective terminations for any reason are not allowed in the Mizzou health system.	
MISSOURI	Saint Louis University (SLU)	St. Louis	0	3	0	1	3	0	1	0	0	1	17-'18 Season: Very receptive to NFP-only residents. Excellent program. No BC or Sterilizations in the hospital (except for what is approved by the ethics committee, which seems to be more than what ERDs allow). No LARCs placed in clinic. '19-'20 Season: Incredibly supportive! And at least two residents are currently NFP only. Incredibly impressed at their acceptance and supportive of Catholic ERDS. '19-'20 Season: PD said "you are welcome here." Said that he tries to keep a few NFP-only residents in the program at all times. '20-'21 Season: PD totally fine/open about it, said they already have the workflows figured out so it's no problem at all. '20-'21 Season: PD emphasized commitment to Jesuit mission and was very pro-life. There are current residents who are NFP only. '22-'23 Season: PD said in presentation to all applicants that they accept "non-prescribers" and he told me individually that he would like to see a pipeline for non-prescribers continue to be built up in his program. Incredibly FABM-only friendly!	
MISSOURI	Mercy St. Louis	St. Louis	2	0	1	1	2	1	1	0			17-'18 Season: Multiple NFP-only residents have graduated from here. Napro Dr Gavin Puthoff is a private attending here as of 2017. In 2012, there were 6 NFP-only residents in the program. See article: http://archstl.org/files/nfp_st_louis_review_3-9-2012.pdf . The program director however is growing in her support of termination training. 2 residents graduating this year are going on to NaPro fellowship. Currently 2 other NFP-friendly. Other residents were very supportive. 2018: PD allows NFP-only residents, but doesn't necessarily encourage it. PD helps other residents get into family planning fellowships. '18-'19 Season: Multiple NFP-only residents and previous grads including Napro fellows. Napro Dr Gavin Puthoff private attending here. PD stated in program presentation that program is welcoming of residents who don't prescribe contraception. '19-'20 Season: PD said that NFP-only is not a issue there. Very supported. 19-'20: PD mentioned during Program Intro at Interview that they "welcome residents who for moral or religious objections choose to not prescribe artificial contraception". Also a good amount of NFP-only residents who supported me. '20-'21: PD presentation: "Residents are expected to counsel for OCPs but we do have a few that don't prescribe them; that's fine." '20-'21: PD presentation: PD very friendly to NFP only, even mentioned that having NFP residents was OK during the interview day introduction. There are current NFP only residents. Was supportive of pursuing NaPro fellowship.	
MISSOURI	U of Missouri-Kansas City	Kansas City											18-'19 Season: PD said "thinks could make it work since we have lots of residents" (in interview)	
MISSOURI	Wash U	St. Louis												
NEBRASKA	U of Nebraska	Omaha											17-'18 Season: PD stated "If you are unable to IUDs, this is not the place for you" '18-'19: Ryan program. Pro-choice culture, PD never responded to my email after interview. '22-'23: I was point blank asked during the interview if there were any forms of contraception that I was uncomfortable prescribing. It seemed like a vetting question and there was no reassurance that my beliefs would be respected.	

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NEBRASKA	Creighton University	Omaha	0	0	0	0							<p>'17-'18 Season: Fairly anti-NFP, despite the name and proximity to Napro Fellowship. Would NOT recommend. Hostile towards me as a med student and during interviews.</p> <p>'18-'19 Season: Not connected to Pope Paul/Napro. Has possible current NFP resident (not sure his exact stance). PD stated could accommodate my beliefs if willing to prescribe for certain medical indications (in interview).</p> <p>'19-'20 Season: On interview day PD seemed supportive but was wearing a birth control pin. From personal experience with this program I can say that they do not welcome NFP only residents. The previous chair was very against it but this might change with the new chair (He started in 2019 so stay tuned). Many of the doctors at this program have very strong negative feelings towards NFP only providers.</p> <p>'19-'20 Season: Very negative experience. Faculty member brought up contraception and asked several accusatory questions, then, vented about the Catholic Church.</p> <p>'21-'22: wanting to implement transgender care PD sees that as important to comprehensive patient care, one attending who does gender reassignment surgeries. Opt out Planned Parenthood block, when asked, they said their weakness is that it is a Catholic institution so they are unable to do postpartum LARCs or tubals but that in their other clinic and VA all contraception is possible. PD seemed amicable to me as non-prescriber, she said they can be flexible.</p>	
NEVADA	Mountain View Hosp	Las Vegas												
NEVADA	UNLV	Las Vegas												
NEW HAMPSHIRE	Dartmouth Hitchcock	Lebanon											18-'19 Season: Ryan program, 2nd year at Catholic hospital in Manchester that has 2 Napro docs. Pro-choice culture, but PD said could accommodate.	
NEW JERSEY	Monmouth Medical Center	Long Branch												
NEW JERSEY	Newark Beth Israel Medical Center	Newark	0	0	0	0	1	0	0	0			<p>17-'18 Season: PD prolife and supportive of NFP-only applicants.</p> <p>2019: early 2nd trimester elective inductions of labor performed at hospital. Residents to be involved.</p> <p>2022: PD changed in March of 2020; previous PD was prolife and very supportive, unknown how new PD would feel about accepting NFP-only residents. Current residents overall supportive and willing to do tubals and abortions for NFP-only resident in exchange for help with other tasks. There are second-trimester inductions for previable PPROM both on the GYN service and Labor and Delivery relatively often. Most attendings at least outwardly supportive.</p>	
NEW JERSEY	Inspira Health Network (DO)	Vineland												
NEW JERSEY	Jersey Shore University Center	Neptune												
NEW JERSEY	Rutgers New Jersey Medical School Program	Newark												
NEW JERSEY	New York Medical College at St. Joseph's Medical Center	Paterson											17-'18 Season: Appear to go step-in-step with the bishop. With a more liberal bishop in the past they have performed more controversial procedures. However, current bishop is extremely conservative. They do not even counsel for birth control because they do not prescribe it; they refer to another provider who can both prescribe and counsel. Asked if I would be okay with book-learning about contraception. Residents seem fine with this state of affairs, say that tubal ligations and contraception is easy to learn about and that they don't feel deprived by the hospital being Catholic.	
NEW JERSEY	St. Peter's University Hospital/Rutgers Robert Wood Johnson Medical School Program	New Brunswick											<p>2017: VERY supportive due to former NaPro fellow's presence: Dr. Kyle Beiter. I felt very welcomed here. Would highly recommend looking into the place as Beiter has a good reputation.</p> <p>19-'20 Season: PD was very supportive and stated that "this is a Catholic residency so of course you wouldn't be expected to prescribe OCPs". Although I don't think there are any current NFP only residents there is a NAPRO trained doctor that works with the residents and is well respected by them. Some residents were very open about not wanting to do any family planning training.</p> <p>'19-'20 Season: PD was very supportive. Dr. Kyle Beiter is well-respected.</p> <p>'20-'21 Season: PD was willing to accommodate. Dr. Beiter doesn't work here any more but it seems has had a positive impact on how the program views non-prescribers. Hospital prescribes contraceptives for "medical indications" (unsure how strict this definition is) and tubals "once childbearing is completed."</p> <p>'21-'22 Season: PD was not so clear with response in interview. He danced around the topic a little but didn't say it couldn't work. History of NFP only resident and doctor who worked with the program but has since moved.</p>	
NEW JERSEY	St. Barnabas Medical Center	Livingston											17-'18 Season. Non-religiously affiliated program. Called before applying to gauge receptiveness of program to NFP-only applicant. PD was apparently asked, and said that it would not be a good fit, as they do abortions.	

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NORTH CAROLINA	Mountain Area Health Education Center Program	Asheville											20-'21 Season: PD said NFP only would be OK, but was not very genuine about it. Program highlighted planned parenthood rotation on website. '22-'23: during interview, PD mentioned faculty interests and when she got to "reproductive rights" she said "all" faculty are interested. Clearly very pro-choice program. However, when I asked PD about non-prescribing, she gave a seemingly genuine answer that the program is open to such applicants and actually mentioned some possible work arounds. Mixed bag overall.	
NORTH CAROLINA	Carolinas Med Center	Charlotte											20-'21 Season: VERY pro-choice culture. Have an opt-out FP month; residents who opt out are still expected to counsel for terminations. FP attending stated that her goal is that all residents will learn about terminations "regardless of religious background." Emailed PD about non-prescribing; FP director emailed back with copy/pasted ACGME guidelines which state that residents must have "training in all forms of contraception." PD recently applied for Ryan grant.	
NORTH CAROLINA	U of North Carolina	Chapel Hill												
NORTH CAROLINA	New Hanover Regional Medical Center Program	Wilmington											20-'21 Season: Half of residents ok with abortion training and one resident was excited about an elective termination performed at the hospital. PD said would not be a problem, but was not genuine and said I should check with the other residents to see if it could work.	
NORTH CAROLINA	Wake Forest University	Winston-Salem											19-'20 Season: Did not ask about non-prescribers. However, there is a family planning rotation that allows the opportunity for students to opt into participating in abortion care in clinics off campus if they desire, although not required and easy to avoid if holding a conscientious objection. Also NC does not allow abortions after 20 weeks. Wake Forest could be an institution that would support a non-prescribing OB/GYN although; My impression is there is a strong Christian culture in the community - the clinics put up nativity scenes during Christmas, and residents talk openly about their Christian faith. '22-'23: had candid and open conversation with PD on interview day and she initially seemed like she would be open. Received an email two months later from the PC which said, in protective, medical-legal jargon, that residents must be willing and able to prescribe contraceptives. Disappointing as I thought they'd be more open given that I've heard that residents overall are pretty evenly split regarding whether or not they perform elective abortions.	
NORTH CAROLINA	Campbell University	Fayetteville												
NORTH CAROLINA	Womack Army Medical Center	Fort Bragg												
OHIO	Aultman Hospital	Canton												
OHIO	Case Western Reserve MetroHealth	Cleveland												
OHIO	Cleveland Clinic Foundation	Cleveland												
OHIO	Case Western Reserve University	Cleveland												
OHIO	TriHealth	Cincinnati												
OHIO	Riverside Methodist Hospitals (OhioHealth) Program	Columbus											17-'18 Interview Season: Very open to NFP-only resident. PD stated that the only thing he couldn't accommodate was someone who wanted to do terminations after the 2nd trimester.	
OHIO	Wright State Program	Dayton	0	0	0								2016: Graduated 2 NFP-only military residents, most recently in 2014, but none since. Hospital does not do abortions, but they do sterilizations. '17-'18 Season: PD wasn't thrilled about NFP, but had a few prior colleagues so he was familiar and thought it would be "ok" '18-'19 Season: PD said could accommodate no abortions or prescribing contraception, but would need to assist with tubals.	
OHIO	University of Toledo	Toledo											17 - '18 Season: PD stated she thought it could work, but she didn't seem very sincere. However, she was recently removed. As this is my home institution, I was very close with the chair and he didn't think it would be a problem at all, very nice man, willing to work with you. I think the way this program operates and the residents would make it very hard to be NFP only here. Also there is talk of transgender surgeries in the next couple years, so possibility more moral dilemmas on the way.	
OHIO	SUMMA Health Systems	Akron											2016: not a Catholic program, but their program director is Catholic and they have had many residents with a contentious objection to sterilizations in the past and were very open to the idea of a Catholic resident who didn't want to prescribe birth control or do sterilizations '17-'18 Season: PD seemed very open and comfortable with the idea of NFP only.	

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OHIO	U of Cincinnati	Cincinnati											2015: at least verbally open to an NFP-only candidate at interview. Excellent program all-around. 2017: I did an away rotation here so I knew everyone fairly well and bringing up NFP was still very uncomfortable. They stated that they accommodate this "all the time", but in my opinion this was just something they said for legal purposes. The program is very liberal. Even if you opt out of doing terminations you still have to physically go to Planned Parenthood on the FP (Family Planning) elective to counsel women. '18-'19 Season: PD said could accommodate if I matched here (by email)	
OHIO	Doctors Hospital	Columbus												
OHIO	Ohio State University	Columbus												
OHIO	Akron General Medical Center	Akron											17-'18 Season: PD said it would be "difficult" to accommodate and questioned why my home institution let me apply to this field. In my opinion, not a chance here.	
OKLAHOMA	U of Oklahoma Health Sciences Center	Oklahoma City												
OKLAHOMA	U of Oklahoma Health Sciences Center	Tulsa												
OREGON	Oregon Health & Sciences University	Portland											19-'20 Season: OHSU is notoriously the abortion "mecca" outside of UCSF - the department chair trained there and has a strong partnership with those institutions. Oregon in general has some of the most liberal abortion laws - which include allowances for elective abortion at any time, or any reason. There is a very strong Ryan Family Planning program here and faculty members have partnerships with planned parenthood in the community. Second and third trimester terminations occur frequently here, and patients sometimes come out of state seeking those services. I would venture to say that this would NOT be an institution that would support a non-prescribing OB/GYN since the family planning culture is such a strong pillar of the department and the curriculum. I will say, that the new program director has made a very focused effort to make sure those who hold conscientious objection would be supported as a resident at OHSU. She has implemented a system that allows any resident to be backed up by an attending or fellow who could perform a D&E or termination in place or a resident who might find themselves in a situation caring for a patient who requires these services (i/e night call etc.). Two faculty members stated directly in medical student lectures that they think anyone holding a conscientious objection to abortion should reconsider if its ethical to be an OBGYN. Interestingly enough I found out on my interview day that we have a current intern who holds conscientious objection for the first time in many many years.	
PENNSYLVANIA	Abington Memorial Hospital	Abington												
PENNSYLVANIA	Lankenau Hospital	Wynnewood												
PENNSYLVANIA	Albert Einstein Healthcare Network	Philadelphia												
PENNSYLVANIA	York Hospital	York												
PENNSYLVANIA	Allegheny General Hospital	Pittsburgh												
PENNSYLVANIA	St. Lukes University Health Network	Bethlehem	0	1	0	1	0						17-'18 Season: There are 2 NFP-only residents here: a PGY1 and PGY3. They are well supported by the OBGYN department. '18-'19 Season: 2 NFP-only residents here a PGY2 and 4. PD said could accommodate, but didn't seem especially supportive in interview. '19-'20 Season: PD unsupportive. Talked about overcoming my biases and the need to educate myself. She did say that one resident practiced this was a few years ago and was able to make it work. '19-'20: Accidentally thought this was a Catholic hospital so a little awkward conversation with the PD. Note, St. Luke's was never Catholic in its history and is currently not religiously affiliated. Also emailed PD later about being an NFP only applicant but got no response. I'm sure they could make it work, but maybe PD didn't reply because of the initial awkwardness at interview. '21-'22 Season: Got Ryan residency status last Spring, but everyone seemed incredibly nice and invested into the training that you wanted to tailor for yourself, especially in preparation for fellowship. [non-prescribers not discussed]	
PENNSYLVANIA	Reading Hospital and Medical Center	Reading											2010: "Not on staff in this program, and don't know director, but have just had a 3rd year OBGYN resident do an elective month with my group, who is in residency at Reading Hospital and Medical Center, Wyomissing, PA. It is a secular program, and the resident has been able to follow her conscience (no abortions, sterilizations, contraception) without undue hostility. Happy to provide contact info for the resident if she agrees and anyone interested." Mark Stegman MD FACOG	
PENNSYLVANIA	U of Pittsburgh	Pittsburgh	0										2015: Very pro-contraception. Termination and LARCs emphasized and important to training. NFP-only interviewee very politely told that decision not to prescribe was not compatible with what was considered mandatory.	

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PENNSYLVANIA	Crozer-Chester Medical Center	Chester											
PENNSYLVANIA	Drexel University	Philadelphia											
PENNSYLVANIA	Thomas Jefferson	Philadelphia											
PENNSYLVANIA	Geisinger Health System	Danville											
PENNSYLVANIA	Lehigh Valley Hospital	Allentown											2016: FM attending here stated that the OBGYN program was open to NFP-only residents.
PENNSYLVANIA	Penn State Milton S. Hershey Medical Center	Hershey											
PENNSYLVANIA	U of Pennsylvania	Philadelphia											
PENNSYLVANIA	Pennsylvania Hospital - UPenn Affiliated	Philadelphia											
PUERTO RICO	U of Puerto Rico	San Juan											
PUERTO RICO	Hospital Episcopal San Lucas/Ponce School of Medicine	Ponce											
PUERTO RICO	San Juan City Hospital	San Juan											
RHODE ISLAND	Brown	Providence											
SOUTH CAROLINA	Greenville Hospital System	Greenville											
SOUTH CAROLINA	Palmetto Health/U of SC	Columbia											
SOUTH CAROLINA	MUSC	Charleston											22-'23: Over the phone conversation with PD post-interview: he was very open to my perspectives and from his point of view it wouldn't be a problem. But he thought it likely would be an issue with other faculty and residents. He got back to me a couple months later and reaffirmed that while he had no problem with it, he doesn't think his program is a good fit because his residents are "on the other end of the spectrum on these matters." Based on interview, residents are clearly very pro-choice.
TENNESSEE	U of Tennessee Chattanooga	Chattanooga											2012: They were "fascinated by my [NFP-only] views." Like I was an alien. The residents were unwelcoming.
TENNESSEE	ETSU	Johnson City											
TENNESSEE	U of Tennessee Medical Center at Knoxville	Knoxville											
TENNESSEE	U of Tennessee	Memphis											22-'23: after emails to the PD, the PC finally got back to me and gave a hard no, saying we expect all residents to be able to prescribe contraceptives and perform sterilizations.
TENNESSEE	Baptist Memorial Hospital	Memphis											22-'23: very faith friendly program. There is even a clinic where you are freely allowed to pray with patients and several attendings invite residents for Bible studies. It's a new program but there is wonderful potential for Christian mentorship at this place. I had great off-site discussions with staff there related to my beliefs and it seemed like they were supportive of helping me define boundaries for my conscience.
TENNESSEE	U of Tennessee COM	Nashville											
TENNESSEE	Vanderbilt U	Nashville											22-'23 Season: PD said that their program is a "safe space" for those with pro-choice beliefs and very much pushed transgender health, especially in their REI clinics. There was no mention of consideration for residents who may want to opt out of procedures or have conscientious protection. They were very excited about their new program to send residents to NY for family planning training and said that all their residents were planning to do it starting this year (2023). They also constructed the schedule in such a way that you would be a pain by not going to NY for abortion care as they wouldn't have an alternative block to put you in. There was even a follow-up email where they again emphasized how no one has opted out of it and seemed like they were signaling that anyone who didn't want to go wouldn't be tolerated.
TENNESSEE	Meharry Medical College	Nashville											
TEXAS	University of Texas Rio Grande Valley	Edinburg											21-'22 Season: As soon as I found out that the PD and APD both worked with Planned Parenthood in the past and graduated from Family Planning fellowship, I decided to not disclose my situation. It seemed they have heavy emphasis on prescribing contraception to underserved populations

OBGYN RESIDENCIES FRIENDLY TO CONSCIENCE DECISIONS

Updated 5/9/23	Green Denotes Recent Resident													If you are considering OB/GYN or have information to add to the document, reach out to us! https://conscienceinresidency.com/contact/
State	Program	City	2018	2019	2020	2021	2022	2023	2024	2025	2026	2027	Comments (with date of information)	
TEXAS	HCA Medical City Healthcare UNT-TCU	Arlington											21-'22 Season: Emailed question, did not respond for about 2 weeks, emailed again, PD responds "Thank you for letting me know in advance regarding contraception & sterilization. I have worked with residents in the past in the same situation. It does create some challenges in work flow but can be accommodated. The expectation that was set for those residents was that they provided the appropriate level of counseling for the patients; in my experience they did just fine with that expectation."	
TEXAS	Texas Tech University Affiliated Hospitals	Lubbock												
TEXAS	U of Texas Health Science Center	San Antonio											2015: Would be supportive due to high volume of hispanic Catholics in this area. '19-'20: Did not discuss with program, but Large amount of Hispanic Catholics patients so they could possibly understand	
TEXAS	U of Texas at Austin Dell Med Sch Program	Austin	0	1	0	0							2017: NFP-only resident likes the program, but the the PD is now a family planning specialist; this program requires about a month at Planned Parenthood. there is an alternative month that the single NFP-only resident created, but has not been used since. '18-'19: NFP only resident (PGY4), Catholic hospital '19-'20: I didn't interview at UT Austin, but did an away there bc the residents work at Seton, which is a Catholic health system. Also considered this program bc of NFP-only Ashley Stone who graduated last year. However, the program itself is now very secular. They have a new PD who performs up to 2nd trimester abortions. Residents are expected to perform tubal ligations at a nearby secular hospital (St. David's). Resident clinics are not affiliated with Seton, so interns participate in a Sterilization clinic here. Seton hospital itself allows tubal ligations for women above 35yo, so doesn't necessarily follow ERDs.	
TEXAS	John Peter Smith Hospital Program	Fort Worth											2017: Very supportive of Family practice NFP residents who practice NaPro - would highly consider looking into it! 2015: Several NFP only FM residents as well as an OB resident in 2013. Very supportive.	
TEXAS	TEXAS A&M	Temple	0	0	0	0							2016: open and friendly in interview process to specific questions about not prescribing contraceptives. No actual residents have been NFP only here. 2015: PD at the time was Catholic and very supportive. It hasn't been done in the past, but she said it could be arranged. '20-'21 Season: PD said it could work at the program, but hard to get a good read (was directly confronted about religious beliefs during interview). Said there was a faculty member who does not prescribe birth control.	
TEXAS	U of Texas Southwestern	Dallas	0	0	0	0							1. Both PD and dept chair were very friendly to FABM-only residents. There are multiple such residents i	
TEXAS	Methodist Hospital of Dallas	Dallas											2016: Listed on http://medicalmatins.blogspot.com/ as friendly to NFP-only residents from a historical applicant.	
TEXAS	U of Texas Medical Branch	Galveston											22-'23 Season: Didn't seem very pushy on abortion care but I was asked how I thought the Dobbs decision would lead to changes in my field. I tried to remain neutral and say that I can't make any accurate predictions now until more data comes out and was told, "Well, in the meantime many women are going to die because of the high maternal mortality rate." It was clear she wanted me to rant about how restricting abortions is bad for women without any further consideration.	
TEXAS	Texas Tech University Affiliated Hospitals	Permian Basin											'19-'20: APD at my homeschool after finding out I was Catholic and didn't want to assist during a tubal ligation warned me about putting my patients first above all else. Few Catholic attendings but they perform sterilizations and prescribe birth control. '21-'22: PD very nice and also seemed flexible with my situation, no red flags or concerns.	
TEXAS	Methodist Hospital	Houston				1							2015: At least 2 NFP only docs have graduated from this program, in 2011 and 2013. Supportive and well aware of the path you would want to take. 2019: Actually has an NFP-only resident, a PGY3 now. So I think would be a great option for anyone applying in September! '21-'22: PD was very understanding of my situation and said it would be no problem at all just some coordination and that he feels very comfortable with it as he has had many graduates in the past with similar views.	
TEXAS	Baylor College of Medicine	Houston					0	0	1	0			2015: NFP-only subintern offered an interview which was then never scheduled after that person asked about PD's opinion of trying to be NFP-only. Perception is that the program would not be friendly. 2015: Very malignant program. I was interrogated regarding my religious beliefs repeatedly and was very intimidated. The APD is the director of the largest Planned Parenthood in the US, which happens to be in Houston. '21-'22 Season: After telling the PD directly about my situation he said they could be flexible with me and that it would not be a problem. They currently have a PGY2 who does not do tubal ligations and abortion training is opt-out. I also did get the sense they were not interested in me, not sure if its due to my low test scores or my non-prescribing of contraceptives.	

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VIRGINIA	Eastern Virginia Med School	Norfolk											21-'22 Season: REI is a strong area for this program, but so is MFM. Did not talk much about FP rotations or whether it was opt out but having grown up in the area, there is an even mix of pro-lifers and pro-choicers. [non-prescribers not discussed]		
VIRGINIA	Naval Med Ctr	Portsmouth													
WASHINGTON	University of Washington Program	Seattle													
WASHINGTON	Madigan Army Med	Tacoma													
WEST VIRGINIA	Marshall University SOM	Huntington													
WEST VIRGINIA	West Virginia Univ Charleston	Charleston													
WEST VIRGINIA	West Virginia University Robert Byrd HSC	Morgantown											20-'21 Season: PD was accepting and said NFP only would not be a problem, but resident family planning clinic provides medical abortions.		
WISCONSIN	Medical College of Wisconsin	Milwaukee											18-'19 Season: Ryan program, 6 wks at Planned Parenthood can opt out of abortion/sterilization but need to go for colposcopy clinic. 2/3 of time spent at Catholic Hospitals, can do continuity clinic at Catholic hospital with supportive faculty. PD responded with VERY thorough email about how could accommodate, and seemed supportive (but acknowledged would be counter cultural at program).		
WISCONSIN	U of Wisconsin	Madison											18-'19: Ryan Program, Cancelled interview here, as after researching program further it is very pro-choice/pro-LARC with heavy emphasis on "Family Planning" '22-'23: The PD came out the gate strong on the interview talking about the "despicable and divisive attacks on transgender health" and how bigotry wouldn't be tolerated in their program. I took this as a signal that any request to opt out of that care would lead to the perception that I was a bigot. They were absolutely devastated by the Dobbs case as they had one of the highest numbers for residency programs in the nation (99th percentile) for abortions, but because of Wisconsin's state laws they would now drop and have to send their residents elsewhere for family planning training. On a group chat a resident openly talked about how she couldn't possibly stand living in an area where she'd have to work around conservatives. I was also given a leading question regarding how I thought the Dobbs decision would lead to poor outcomes for women.		
WISCONSIN	Aurora Health Care	Milwaukee		0	0	1	0						17-'18 Season: Possibly one NFP resident and PD seemed to be supportive. '18-'19 Season: NFP-only resident (PGY2), PD seemed supportive and stated could accommodate.		